SPECTRUM

2024

Stanstead College

SPECTRUM 2024

Message from the Head of School

Every ending means there is a new beginning, and the end of the 2023-24 academic year is no different. This was a year of firsts, a year of challenges as well as a year of extraordinary success.

This year represented a first for me. The first year as head of school and also my 29th year at this storied institution. It was also the first time in our 150-year history that Stanstead College had a female head. These firsts, mixed in with the decades-long and centuries-long history of our school, are not lost on me.

For many students, there were likewise many firsts. Their first year at our school, their first year boarding and living away from home, their first year in high school, their first year studying in English, their first year in Canada, their first snow! Then there are the firsts during their year here: their first time living with a roommate, their first time learning French or taking major exams, their first time playing on a sports team, their first point/basket/goal!

This year was also one of the most successful years on record at Stanstead, with athletic championships across genders and seasons in ultimate frisbee, soccer, basketball, hockey, volleyball, lacrosse, rugby, tennis, and golf. From math contest wins to public speaking accolades to academic honours, Stanstead students shone in so many realms!

Finally, we cannot forget the unique natural occurrences that we that we all experienced together. The full solar eclipse in perfect view on a sunny afternoon in April and the extraordinary northern lights in full view all around our campus in early May. These were both a first for me as well!

For each beginning, however, there is an ending. Though there were tears as everyone said goodbye in June, I think we all know and recognize that our next chapter now begins. I am reminded often of Pat Burns' words when we were announcing the construction of the new arena, named in his honour. He said, "Don't be sad that it's over, be happy that it happened." These are words to live by!

I am extremely grateful to call the class of 2024 my first as head of school, certain that as they embark on the next chapter of their lives, these graduates will remember all that they learned while part of this special village called Stanstead College. I believe that our students will carry the school spirit with them as they navigate the numerous challenges and opportunities that await them.

Spartans, you are the torchbearers of our school's legacy, and I have every confidence that you will continue to make us all proud!

- Joanne Carruthers, Head of School

Messages from the Head Prefects

Adapted from Baccalaureate & Prize-Giving, June 2024

Here we are, at Baccalaureate, finishing off this snippet of our lives. Whether it's seventh grade, ninth grade or high school, the year has come and gone. We are here, ready to move on to the next step, ready to see what tomorrow holds for each of us. We have friends we'll miss, subjects we're glad to be free of, homework we've procrastinated too late, and sports we may never play again, but it all has created an experience of life. And, to be honest, I wouldn't have made it through as well without consistently remembering to reflect on the blessings I've received; friends, experience, and of course knowledge and learning, both in the classroom and sports.

One of my favorite lessons comes from Shannon Garrett: "Everything is temporary," meaning that the challenges we face will conclude eventually and the joys of our life may not always last. However, while everything is temporary, change doesn't always just simply happen to us. We work for it, we strive for it; if we do not, how else can we get through it?

We are all athletes in some regard. Even if you never played a competitive sport, you've at least participated in intramurals. Regardless, you've all likely faced a challenge or struggle within this sport. Last winter, I broke my finger about three weeks into our basketball season. I needed surgery that would likely eliminate my involvement on the court for the rest of the season. I was devastated and upset. Our team was on fire, and I missed sharing the court with my teammates. However, my coaches, teammates, and friends kept me motivated and engaged. I worked on using my left hand instead and improved my stats sheets, which, not to brag, but they were color-coded. By the end of the season, my finger had healed, I finally was able to play, and I went out fighting. My performance certainly wasn't perfect, I missed plenty of layups, but my excitement and anticipation kept me motivated to play one of my favorite games to date.

I'm sure plenty of us have dealt with injuries, physical or mental, preventing us from doing what we love fully. It can be disappointing and challenging to watch while everyone else can partake, but motivation and hope for the end goal kept me striving for the best I could do. However, our hardships aren't always as simple as waiting for a broken finger to heal during basketball season. Life can deal us a far more difficult hand.

At the start of 2023, my grandmother was diagnosed with pancreatic cancer. It was devastating news for our whole family, but especially my grandmother. Coping with a low-survival condition is not easy. It is certainly not something one tends to find to be a temporary heartache. Month after month, with no good news, no positive outlook, her tumor was not shrinking. But my grandmother, through her determination and faith, did not let the impending likelihood of death get her down. She fought to live, to see her grandkids, to spend time in her favorite places, to appreciate nature, to love what she's accomplished, and, despite the uncertainty of her future, to find the positive parts of her life.

I wish I could say it's easy to 'fix' our attitudes toward difficulties and just 'power through'. It can be hard to find the small pieces to be grateful for when our lives are crushing us under the weight of its difficulties. It takes great strength to cope with a challenge, and even greater effort to persevere over its peak. But by appreciating the small parts that keep us tied to the life we've built and grown in, we can maintain even the most minuscule remnants of hope for a brighter future. It certainly is no cure – my grandmother wasn't magically healed from cancer by 'looking on the bright side' – but it allowed her peace and something to keep her mind on. Nature kept her grounded, kept her appreciating her environment, and allowed her to keep joy in her days.

All of us have different paths ahead. Maybe it's returning to Stanstead, heading off to university, playing a sport, working, or taking a year off. Regardless, we must keep marching forward. But along the way don't forget to relish the people who give you joy, the activities that make you happy, and the small pieces of life you can appreciate and love, even if they are temporary.

- Madeline Lippmann

Originally, I came to Stanstead College for only a year, no more. That's not exactly how it turned out. After five years, this place helped me turn my life around and become who I am now.

One thing I told to myself since I got here was to do everything in my power and to have no regrets. Do I have regrets? Yes sir, I do! I regret not listening to Mr. Pimm in class, for example. I could be a billionaire by now— at least according to him. I regret many decisions I made and didn't make. But in the end there's no regret in me for being who I am, and I have no regret for the life I chose to live here at Stanstead.

I want you to remember that a grade does not define you. A grade may be a terrible mark on your report card but in the end it's your sacrifice, effort and involvement that will pay off with all the experience and knowledge you will gain. For example, I've never had a class with an average below eighty until this year. Special thanks to Mr Wells and his Calculus class. I spent so much time studying for that class and it never showed up in my grades. But one thing is true, I focused so much on that subject this year that I learned so many things. I learned that if I have the chance, I'm never ever taking Calculus again.

Another thing I would like you to know is how important the people surrounding you are, especially those who you trust and those who trust you. This year specifically, I learned that the hard way when I was up against the wall and didn't know how to overcome it. I faced a situation where many people I cared about were affected, and my decisions could not have had a greater impact. My whole work of five years was jeopardized, and I wasn't sure if I could be up for the challenge. Don't get me wrong, I didn't do anything bad, but I felt like I had failed those who I swore to protect and defend by becoming a head prefect.

I attended many meetings. I tried to make decisions while considering every possible consequence but never felt able to take one. I thought and cried for days. There was a point in this where I not only considered but almost decided to hand in my tie. Spoiler alert: I did not — if you hadn't figured that out by now.

But I can tell you that this experience made me grow and mature so much. I now feel ready for the adult world. If I had the chance, I'd take the opportunity to go through this again, because I learned so much and became who I am now. But I couldn't have done it without the people who cared about me. The people who saw me cry in the TOD and at home, the people who took a break from work to come listen to me but more importantly support me in the decisions I would make, the people who made me feel confident that the decisions I would take would be right, and no matter what, I would have them next to me if things went the wrong way. I learned that a decision is never wrong if you make it with your heart and it's truly what you believe in. And no matter what consequences come after, you will always be able to overcome them with the people you love and care about.

I'd like to talk about some of the things I've learned. And I thought the best way to do so was by listing some of them in the words of your prefects. I took some quotes from all the speeches we've heard all year long, and that's how I'm going to show you some of the many things that I've learned.

"Show kindness and compassion for others, work hard and even harder when things get complicated, persevere and stay focused, accept failure and use it for your next challenges, never give up, compete for fun not for a medal, overcome fear, remember that the sun always shines somewhere, live as if you were to die tomorrow, embrace change, be kind, be in the present, be in the moment, spend time with the people who matter, find comfort in friendship, believe in the service you put in, appreciate what you have and prioritize what makes you happy,"

I myself learned that Bugbee boys are the best. They might stink but if you take the time to meet and learn from them, you will not only need a new nose, but probably some psychological help as well.

I want to thank everyone who was part of my life at Stanstead, because without any one of you, it would never have been the same. I really appreciate each of you and what you do. Honestly, I'm very thankful for all you wonderful people, who make this place what it is.

I'd like to share with you a brief quote by Robert Brault: "Enjoy the little things, for one day you may look back and realize they were the big things."

For me all the little things are indeed the big things. I wish you all the best of luck, and I hope to meet with all of you many more times in the future.

- Mauricio Lopez Sanchez

Front: Erik Van Dyke, Adam Sperk (director of athletics), Lisa Smith, Andrew Blair (director of academics), Joanne Carruthers (head of school), Roger Marino (dean of students), Monica Schafer (director of student life), James Rioux (director of hockey operations), Eryn Hessian (director of university guidance)
Middle: Laura Kirby, Allie Fraser, Kylee Weir, Keri Reynolds, Karina Guerrera, Valerie Boivin, Magali Gagnon, Joannie Robitaille, Courtney Tougas, Sabrina Scrabbi, Barb Wilkinson, Joe Wong, Kayla Ouellet, Chanelle Coates
Back: Jesse McRae, Graham Chandler, Duane Liverpool, Christian Williams, Simon Winquist, Ladonna Lamonth, Josh Dellorme, Olivier Magnan, Glen Faucher, Jeff Standage, Matthew Thompson, Shawn Belknap-Keat, Jean-Jacques Prevos, Cedric Kousaie, Matthew Chan, Eric Grenier, Andre Simard, Bernie Epps.
Missing: Carmen Campbell, Thom Peasley, Chris Planetta, Audrey Hamilton, Emma Smith, Ross Murray

FACULTY & ADVIORS 2023 2024

Front: Tony Ju, Ellie French, Mauricio Lopez Sanchez, Hayley Wolfe, Lana Peasley, Roger Marino, Joanne Carruthers, Shun Hatano, Trofim Godochkin, Madeline Lippmann, Yuho Virtanen, Avah St-Pierre
Middle: Quinn Smits, Maelie Pion, Alina Szemioth, Kate Collins, Deanna Wright, Annabelle Cormier, Emma MacIntyre, Noemie Cloutier, Sofia Martinez Ajzenman, Kayla Lee, Annie LaMantia, Chaz Grenier, Maxim Tremblay, Gloria Riddell, Halle Khana
Back: Camryn Moore, Braden Chastanet, William-Antoine Laplante, Christopher Leclerc, Noah Papillon, Jack Carter, Luke DeLaBruere. Missing: Mason Beasse

PREFECTS 2023 2024

Trustees & Directors 2023-24

Directors in bold

Sergio Afif '09
Monty Allan '78
Don Anderson '73
Robert Archambault
Gabrielle Archer '09
Olivier Babin '14
George Baptist '76
Nicolas Bauer '10
David Beasse '59
Martin Beasse '91
Georges Beaubien '68
Philippe Beauregard '92
Constance Bedard '06
Ryan Bedard '10
Mathieu Beliveau '99
Nathalie Beliveau '98
Felix Boisse '10
Michael Bonaro '05
Ellen Bounsall
Pat Burden '70
Scott Campbell '88
Joey Cammalleri '74
Stephen Carden '77
Dorothy Chan '07
Olivier Charette '09
Bob Chen '15
Hank Chen '10
Christopher Clegg '80
Jeffrey Cowen '09
Jonathan Cowen '72 - chair
Judith Crosland Cowen
Winston Cuenant '99
Ron Dahms
Peter C. Daniel '54
Terry Davies
Collin De La Bruere '09
George Diamandopoulos '94
Andrew Donaldson* '14
Andrea Dumas '08
Julie Dupuis* '99
Matthew Elder* '71
Tracey Emms '82
Eric Fafard
Susan Fitzpatrick
Kelly Foran '12
Nicolas Gariepy '00
Marie-Pier Germain '01
Jared Givarz '00
Randy Goodleaf '81
Karine Goyette '99
Darren Gray '00
Jeff Gray '04
Necola Guerrina '09
Hugh Gurd '71
Henry Haase '19
Claudia Hess '83
Cindy Ho
Duane Holder '90
Stanley Holmes Sr. '53
Tiffany Hsu '13
Kevin Hurlburt '93
Mark Jankowski '12
Dr. Pierre-Olivier Jean '08
Gillian Knightley '93
Mitch Kotansky '80
Paul Thomas Lacroix '02
Claudine Landry '00
Ashley Langevin '17
Kirsten Layzell McConnell '93
Jean-Francois Lefort '09
Antoine Leger '92
Joseph Levy '69
Andrew Lippi '09
Vicky Liu '14
Andrea Lopez Sachez '14
Nathalie Lussier '03
Sean Maas '01
Samuel MacCallum '80
David Marosi '04
Doug McEwen '76
William Moffatt '72
Julia Naber '04
John Nadeau '77
Marnie Newfeld* '90
Rebecca Nienkamper '83
Naomi Orth '11
Guy Ouellet
Dr. Zubin Panthaki '85
Francois Paradis '92
Isabelle Paradis-Gatcliffe '89
Dr. Michael Peirce '73
Robert Perretta '04
Tom Perretta '06
Angelo Perrotta
Julian Perrotta '08
Rosemarie Poulin '15
Liane Quenneville Moskal '04
Kimberly Quinn '93
Catherine Quirion '13
Luc Quirion
Jean-Samuel Rancourt '06
Louis Remillard
Frank Riddle '08
Jason Rodi '95
Dugie Ross '70
JD Ross '00
Joanne Ross
Peter Ross '03
Light Sathiensamrit '07
Andrea Schmitt
Etienne Scraire '12
Charles Seagram '92
Joel Segal '75
David Skelton '94
Lindsay Smith '09
Harvey Stevens '74
Matthew Stevenson '77
Annie St. Georges
Antulio Tamayo Jr. '16
Adolfo Tolentino Enriquez* '15
Jessica Tomeo '14
Charles Vaillancourt '09
Catherine Van der Linden
Rene Villarreal '94
Alex Wagner '02
Geoffrey Wagner '71
Devin Wang '16
Dr. Akiko Watanabe '70
Matthew Watt '99
Scott Waugh '70
Claire Webster
Judith Webster
Philip Webster
Stuart Webster
Helen White '09
Alyson T. Wood
Malcolm Wood-Downey '14
Marisol Xolalpa
Aika Yamashita '14
Jacqueline Zhang '14

HONORARY TRUSTEE
Charles W. Colby

STAFF 2023 2024

L-R: Sarah Archer (manager), Trudy Simoneau, Leslie Woodard, Maida Benoit, Tina Sheldon, Samantha Bryant, Kayla Alex, Tanya Simoneau, Tammy Chase Rolleston, Steve MacPherson, Anna Wang. Missing: Gabye D'Arcy

L-R: Patrick Gauthier, Gilles Lizotte, Greg Dupuis, Chris Goodsell, Augustin Palacios Roji, Mike Goodsell. Missing: Clement Demers, Robert St-Hilaire, Chris Wood, Wayne Stratton

L-R: Peggy Alger, Sarah Gaulin, Farrah Cabana (director), Kimberly Martin, Francois-Olivier David, Taunya Pope

Back: Steve Buzzell, Andrew Norris, Guy Roy, Alex McGovern
Front: Khaleq Ahad Abudul, Justin Freniere, Darcie Calloway, Johnny Gingras
Missing: Nathan Smits, Scott Muth

L-R: Maxime Boulay, Valerie Gagne, Holly Moore, Christophe Robb-Lavoie, Sonia Perron, Dr. Guy Charette

Front: Shannon Bryant, LeeAnne Chase; back: Jerome Courtemanche, Mario Frechette, Josh Pope

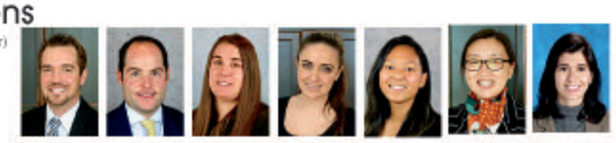
Amy Wolfe, Keri Reynolds

Shannon Pimm (manager), Kayo Soeda

Marie-Eve Simard (Head's Office), Christine Allard (Admissions), Donna Richter (Admissions)

Admissions

Patrick Fraser (director)
Logan Vanasse
Courtney Tougas
Liliana Roji
Kayla Ouellet
Jane Liu
Gabriela Ron



Equipment Manager

Daniel Boisvert

Jordan Buck-Thompson, Karen Cushing, Emily Morosi, Jesse McRae (director)

Communications

Ross Murray (director)
Kyra Borsoi

Archives

Audrey Hamilton

Summer Programs

Marisol Calva Xolalpa (coordinator)
Matthew Chan
Kayla Ouellet (supervisor)

Security

Holger Richter
Wayne Stratton
John Dubois
Gilles Lizotte

Director of Facilities

Mike Huckins

Director of School Operations

Christian Wells

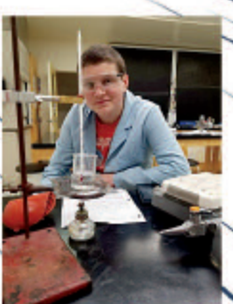
Food Services

Angela Cabana (director)
Gail Chase
Natasha Cross
Kim David
Josef Eastman
Shirley Gallichon
Martina Horber
Aashna Lemay
Rowena Luna
Amy Lundrigan
Mark MacLure
Samantha Picken

Paul Thompson, Liam Buck-Thompson, Jean-Luc Navert (director)

LIFERS

Chaz Grenier
Gloria Riddell
Ben Smith
Avah St-Pierre
William Towner
Hayley Wolfe
Jacky Xu



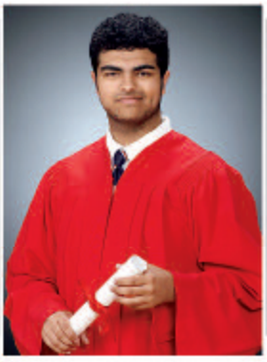
CLASS OF 2024

JAMIE ARSENAULT

From: Sackville, New Brunswick **At SC Since Grade:** 10
Future Plans: Live my best life
Best Memory: Weekend bonfires, roadies with the team, all campus
What I've learned: How to be my team's statistician
Special Thanks: Salad bar squad, J Dubs the best advisor, Shannon Garrett, Coach Pimm, Mrs. Pimm, the pea pod, the best roomie
Quote: I'll always look better in red

ALEXIA AUBIN

From: Levis, Quebec **At SC Since Grade:** 9
Future Plans: Colgate University '28
Best Memory: Mon Charlo
What I've learned: Derivatives
Special Thanks: My parents, brother and sister, Coach Pimm
Quote: Weby party member



TYLER BATTAH

From: Montreal, Quebec **At SC Since Grade:** 10
Future Plans: Becoming a social worker and then becoming an EMT
Best Memory: Playing my last rugby season as a Spartan alongside my closest friends; being nicknamed The Medic
What I've learned: The boys are always going to be there for you if you were there for them
Special Thanks: To my mom and dad for giving me this wonderful opportunity and to all my coaches and mentors. Carmie, you will always have a spot in my heart, especially as my first advisor; our strenuous meetings over hours haven't left me yet, but thank you for always being supportive of me. Spirky, there's no words to describe the way you made me feel apart of your family.
Quote: I was told never to give up on my dreams, so I went back to sleep. -Tyler Battah

JOELLE BENOIT

From: Saint-Félicien, Lac-St-Jean **At SC Since Grade:** 12
Future Plans: Bishop's University, travelling
Best Memory: Late night talks with the rats, volleyball season and my first rugby game, teaching Chaz how to skate, the eclipse and the northern lights, doing the makeup for the play
What I've learned: Always doing my best and recognizing the good little things of life
Special Thanks: My family, my dog!, my old friends, my friends from Stanstead, Chaz, my roomate Zofia, all of my teammates, my advisor, coaches and teachers , Thank you xx
Quote: "Coucouu " , "Gratitude" - Caro

CAROLYN BERKLING DROUIN

From: Montreal **At SC Since Grade:** Grade 12
Future Plans: Travelling the world, preferably working in business
Best Memory: Bonfires, late night talks with the girls, northern lights, gossiping at the Stanley table, sledding, green apples, "Just Dance" while studying, all nighters
What I've learned: Balance is key Special
Thanks: Family, friends and my favourite roommate Emma
Quote: "Carpe Diem" - Seize the day, live your life to the fullest.

ROSALIE BOUCHARD

From: Sherbrooke, Quebec **At SC Since Grade:** 10
Future Plans: Continuing playing hockey and going into the business world
Best Memory: All the road trips with my hockey team
What I've learned: One day at a time, don't procrastinate, and enjoying every little moments
Special Thanks: My parents, teachers, brothers, teammates, coaches, and my BEST FRIENDS
Quote: "The secret to getting ahead is getting started."

PAULINA CAMARILLO CHOUZA

From: Mexico City **At SC Since Grade:** 12
Future Plans: Next year I will be at Trinity, after that I plan to become a psychologist and go back to Mexico.
Best Memory: Ski season
What I've learned: Supply and demand
Special Thanks: Special thank you to Miss Pimm for always meeting my every need and to Miss Hessian for managing to get me into college.
Quote: Baila baila baila

EMMA CATALOZZI

From: Montreal, Que **At SC Since Grade:** 12
Future Plans: Travel as much as possible
Best Memory: Gossip sessions during dinner, sledding after midterms behind the barn, late night delirious ap bio cram sessions
What I've learned: Don't leave things for "early tomorrow morning" (you won't do them)
Special Thanks: My family, my friends and my favourite roommate Carolyn
Quote: "The only time I set the bar low is for limbo." -Michael Scott

BRADEN CHASTANET

From: St. Lucia **At SC Since Grade:** 9
Future Plans: Attend St. Lawrence, play squash, invest, work, get rich.
Best Memory: Playing video games with friends after a good day of sports where i proceed to win with spamming and cowardly tactics.
What I've learned: Work left for the morning will get done in the day. Squash is amazing. You can fill a book with the quotes of an economic teacher. The mitochondria is the powerhouse of the cell.
Special Thanks: My friends, my teammates, my coaches, my family.
Quote: "When in doubt, look intelligent" Garrison Keillor

KYLE CREGAN

From: Carp, Ont. **At SC Since Grade:** 11
Future Plans: Play junior hockey
Best Memory: Winning playoffs
Special Thanks: To Ms. Guerrera and Ms. Tougas for always supplying me with food
Quote: Remember to alway be

ADRIANA DESBIENS-SENNEVILLE

From: Saint-Felicien, Que **At SC Since Grade:** 12
Future Plans: Travelling the world
Best Memory: Volleyball season, daily conversations at the Stanley table, AP bio sessions, chocolate milk dispenser
What I've learned: Simplicity is the key
Special Thanks: To my friends and family :)
Quote: Life is short, smile while you still have teeth

MARC EL-HAWAT

From: Montreal **At SC Since Grade:** 12
Future Plans: Get through university
Best Memory: Winning the CPSHA playoffs with my team
What I've learned: Stats is hard
Special Thanks: Maintenance crew
Quote: Had to put my grades up for adoption because I couldn't raise them

ELLIE FRENCH

From: Wichita, Kansas, USA **At SC Since Grade:** 10
Future Plans: Have fun at Williams with hockey and school, get a degree, move to a big city and start a family!
Best Memory: All the countless nights wandering campus with millions of different people, all the plays I've done and many hockey trips.
What I've learned: That people can't figure out how to use a toaster and that Stanstead will never have a snow day.
Special Thanks: My AMAZING family and friends, Ms. Nicki Campbell and many other amazing faculty that helped guide me along my journey at Stanstead.
Quote: plz don't give the mic to just anyone #someonelikeyou

TROFIM GODOCHKIN

From: Russia, Kazan **At SC Since Grade:** 8
Future Plans: Play hockey
Best Memory: Winning nationals
What I've learned: Country music is actually good
Special Thanks: All my boys and Miss Wolfe
Quote: "You only live once, but if you do it right, once is enough." – Mae West

ANAIS GRAPPE

From: France **At SC Since Grade:** 10
Future Plans: Graduate University and do my best.
Best Memory: Curling and Badminton
What I've learned: It's never too late to change
Special Thanks: To my friends, my teachers and my family

CHAZ GRENIER

From: Lac-Megantic, Que. **At SC Since Grade:** 7
Future Plans: Surf shop on remote island
Best Memory: Going to the hill on the highway after study in grade nine
What I've learned: To do the most the best with the least effort.
Special Thanks: Mr. Spirk, Miss Nicki Campbell Mr Simard and Doctor. To Coach Peach. THE CRAWDAD ON THE RUGBY POSTS. Mr Winquist, Ms. Hessian, Quinn, Henni. Shunnerton, Zander, T-Dawg, Benjamin, Chris, Andy, Sandro. Gloria. Walaplante, Flaps, Zander, Zev, Summer, Allen, Keita, Trofim, Ryan, Ghostyupnext, Dahms, Boris, James Bae, Gordo, Asher and Denzel for specific reasons. Braden. Ellie and the whole cast of 'Murder at Crimson House' and all of the 5 different rugby teams I've won with (I DIDN'T LOSE ONCE!!). Thank you.
Quote: 6 years, 'that's all she wrote '

SHUN HATANO

From: Tokyo, Japan **At SC Since Grade:** 9
Future Plans: Study at McGill. Become a data analyst and live in Europe.
Best Memory: Going to the highway with the boys after study in Grade 9. Hanging out with the boys in Davis third floor in Grade 10. Winning Rugby Fest, GMAA, and ETIAC championship.
What I've learned: Work hard on things without fear of making mistakes. All your dreams can come true if you have courage to pursue them.
Special Thanks: My parents for supporting me for past four years. Mr. Spirk and Mr. Marino for coaching me the sport that I love, they are truly the best coaches, and I will never forget the trip to Spain and all the other rugby trips. Ms. Hessian for advice and help for university applications. Jana for always supporting me and being my side. And lastly, all my friends and teachers who have made best four years of my life at Stanstead.
Quote: "being Davis Prefect in Grade 12 is not that bad"

SIENA HAYMAN

From: Boca Raton, Florida **At SC Since Grade:** 11
Future Plans: Attend Florida State University to study criminology and eventually become a lawyer
Best Memory: 2022-2023 Prep Girls Hockey and lake house senior day,
What I've learned: Advanced functions is not the easy math
Special Thanks: Thank you to Courtney, Shannon Garrett, and Ms. Lamonth for helping me get through this year, Mr. Spirk, Mr. Van Dyke (thank you for making me do that lip sync), Coach K for all the laughs with prep girls, my Washington roomies, Charlotte Hughes, Penelope, and thank you to my parents for giving me this opportunity.
Quote: Don't go to the gas station on lacrosse trips.

YEEUN "ELLIE" JANG

From: Busan, South Korea **At SC Since Grade:** 10
Future Plans: Study at NYU
Best Memory: Tubing
Special Thanks: To my family and friends

YILE "TONY" JU

From: Nanjing, China **At SC Since Grade:** 8
Future Plans: Work and study on what I like and graduate McGill
Best Memory: Winning two golds at Galt tournament with two sports, funny moments in class
What I've learned: If you want to do something, shut up and do it immediately
Special Thanks: My teachers and coaches, Mr.Winquist, Mrs. Hamilton, Mr. Thompson, Mr. Simard, Ms. Kirby, Mr. Peasley, Mr. Chandler, Mr. Murray, Mrs. Wilkinson. My parents and my brother. Anderson and Mau.

ZOFIA KACZYNSKA

From: Poland/ Guadeloupe **At SC Since Grade:** 9
Future Plans: Attend McGill University, learn and hopefully travel as much as possible.
Best Memory: Meeting everyone I have throughout the years, from people who have only stayed for one year to those who have been with me throughout the journey.
What I've learned: Don't preoccupy yourself with your failures, preoccupy yourself with how to do better next time
Special Thanks: Special thanks to my parents for always supporting me in my choices and always being there when I need advice.
Quote: "Actions speak louder than words"

KARSON KERBES

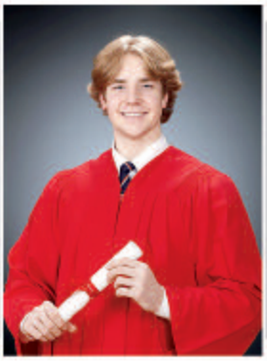
From: St. Albert, Alberta **At SC Since Grade:** 12
Future Plans: Play junior hockey and then go to college or university
Best Memory: Winning the CPSHA championship with my team
What I've learned: Don't take gambling advice from Nylie
Special Thanks: My teachers, coaches, advisor Ms. Kirby, my house directors, Ms. Hessian, and to everyone at the wellness center especially Sonia for helping me so much
Quote: A wise man once said, you're lucky you're pretty, Karson, it'll take far in life -Sir Joshua Delorme

HALLE KHANNA

From: Seattle, WA **At SC Since Grade:** 9
Future Plans: Washington State University
Best Memory: Rugbyfest
What I've learned: AP Stats is harder then you think
Special Thanks: To my family for supporting me through this last year
Quote: Slipknot shirts should count as spirit dress

BENJAMEN KNAPP

From: Stanstead, Que.
At SC Since Grade: 12
Future Plans: Bishop's University



MAXIME LAPOINTE

From: Markham, Ont **At SC Since Grade:** 11
Future Plans: Junior hockey and engineering
Best Memory: Football in the rain with the boys
What I've learned: Impossible numbers
Special Thanks: To Van Dyke for teaching me impossible numbers

VINCENT LECLERC

From: Grand Falls, New Brunswick **At SC Since Grade:** 12
Future Plans: Junior hockey and study to become a physio at University of Ottawa
Best Memory: Salad bar with the boys after study
What I've learned: Confidence is key
Special Thanks: Mr. Van Dyke, Mr. Winquist for lacrosse, Coach Oli, and my advisor Mr. Liverpool
Quote: 'Be yourself, and keep working hard'

MADELINE LIPPMANN

From: Derby, Vt. **At SC Since Grade:** 9
Future Plans: Computer engineering and sustainability at WPI
Best Memory: Tuck shop duty with Avah, bball tournies, CAIS soccer, cafe capp
What I've learned: Don't procrastinate Docky assignments
Special Thanks: Avah, Lana, Mom, Dad, Josh, Jack, soccer, basketball, and lacrosse teams, Ms. Kirby, Coach Van Dyke, Coach Wolfe, Coach Garrett (x2)

DAHUI "ALLEN" LIU

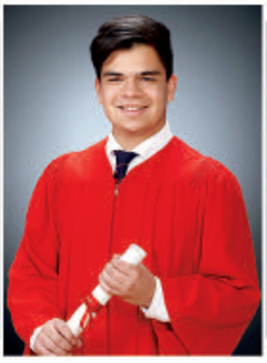
From: Shanghai, China **At SC Since Grade:** 9
Future Plans: Become a doctor
Best Memory: Hanging out with friends during breaks
What I've learned: Time management
Special Thanks: To Ms. Lamonth and Ms. Weir for being such awesome advisors and guiding me through the school years
Quote: "This was so easy a caveman could do it."

ZHIYOU "JOE" LIU

From: Nanjing, China **At SC Since Grade:** 9
Future Plans: Study architecture
Best Memory: Waking up on a clear day
What I've learned: To seek common ground while preserving differences in interpersonal relationships
Special Thanks: My adviser Mr. Rioux, Mr. Chandler, my friends, classmates and everyone studying and working here
Quote: Enjoy the present, cherish the time.

JANA LOPARIC

From: Basel, Switzerland **At SC Since Grade:** 11
Future Plans: Study at McGill and become a neurologist
Best Memory: Beating Shun H. at pickleball (roughly 10x in a row). Watching the aurora borealis. My roommate Paulina teaching me Spanish songs.
What I've learned: One-day crams before exams actually work, but NOT all nighters, it's bad for your heart.
Special Thanks: My family and friends for all of their support. To all Cowen House directors and TODs. To Ms Hessian for making every day a rugby day full of energy. To all my teachers for the effort and work put in before our big exams.
Quote: "Baila baila baila." "Scusi."



MAURICIO LOPEZ

From: Mexico City, Mexico **At SC Since Grade:** 8
Future Plans: University at Tecnologico de Monterrey
Best Memory: Every sports season and All-Campus
What I've learned: Many things but mainly to value who I am and what I have.
Special Thanks: Everyone here who makes this place as special as it is.
Quote: The journey may be tough, but that's what makes it so special and fun.

ALICE MACHIDA

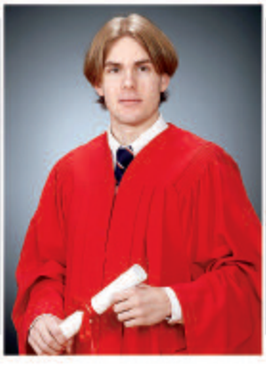
From: Tokyo, Japan **At SC Since Grade:** 11
Future Plans: Being rich
Best Memory: Prom 2023
What I've learned: It's better to work on things early
Special Thanks: To my family, teachers, my advisor Mr. G, and family
Quote: It is what it is. It'll work out somehow.

KEITA MASUDA

From: Kyoto, Japan **At SC Since Grade:** 11
Future Plans: Study business and start my own business
Best Memory: Rugby games
What I've learned: I've learned that there are many nice people around the world
Special Thanks: Special thanks to my parents for being supportive and caring always
Quote: "Spread love everywhere you go"

CAMRYN MOORE

From: Jay, Vt **At SC Since Grade:** 10
Future Plans: Going to Northeastern next fall studying architectural design
Best Memory: Going to the prom
What I've learned: Cherish your friends
Special Thanks: To my parents
Quote: "I wish there was a way to know you're in the good old days before you've left them." - Andy Bernard



TOMAS NYBERG

From: Uusikaupunki , Finland **At SC Since Grade:** 10
Future Plans: Playing hockey and studying business
Best Memory: Grade 10 Florida Trip, Winning National championship at Gr 12
What I've learned: Holes aren't supposed to be put on walls
Special Thanks: Family & Friends
Quote: No preparation is the best preparation

HANNA OBERMAYR

From: Linz, Austria **At SC Since Grade:** 12
Future Plans: Graduate from university
Best Memory: Hockey trip to Minnesota
What I've learned: A lot
Special Thanks: To all my teachers, coaches and to my advisor, Kayla, who have helped me along the way
Quote: Long story short, I survived

MATTEO PARADIS

From: Montreal Quebec **At SC since Grade:** 10
Future plans: Entrepreneurial golfer
Best memory: So many to choose from I mean there is October break, November break, December break, February break, March break or even May break! Funny moments with friends are also up there.
What I've learned: Stanstead might be temporary, but the friendships you make are forever.
Special thanks: Family, friends and devoted teachers
Quote: Ex-Bugbee prefect

LANA PEASLEY

From: Stanstead **At SC Since Grade:** 8
Future Plans: Become a radiologist
Best Memory: Hockey road trips with my teammates and duties in Webster
What I've learned: Don't take AP Chem unless you don't want your sanity by the end of the year
Special Thanks: To my advisor Courtney and my co-advisor Karina for getting me donuts and cooking me food. To my coaches Courtney, Matt Chan, and coach K (before she left the prep girls). My parents for constantly supporting me and my best friends and teammates that helped me through the ups and downs I've experienced!!
Quote: "I'm 5'5 not 5'1"

JAXON PIERCE

From: Fredericton, NB **At SC Since Grade:** 10
Future Plans: Play professional hockey
Best Memory: Winning nationals, grade 10, manoir
What I've learned: Not to mess around with pool balls
Special Thanks: Lebron Winquist, Coach T
Quote: CC is on fire your defense is terrified

MAELIE PION

From: Sherbrooke, Que. **At SC Since Grade:** 10
Future Plans: Play hockey at St. Cloud State University
Best Memory: Bio study sessions and Minnesota trip
What I've learned: Don't forget your passport
Special Thanks: My friends, my coaches, my teammates, and Mr. Delorme
Quote: Birthday partyyy!

BRIDGET PRINGLE

From: Clayton, Ont. **At SC Since Grade:** 12
Future Plans: Mechanical engineering at Dartmouth
Best Memory: Hockey road trips
What I've learned: Perseverance and adversity
Special Thanks: To all my friends, teachers and coaches
Quote: Graduation is not the end but the beginning.

GLORIA RIDDELL

From: Kingscroft, Quebec **At SC Since Grade:** 7
Best Memory: Road Trips with my sport teams, debriefs with the girls and night talks in the lounge
What I've learned: Not everyone will laugh at your jokes
Special Thanks: To my family who have supported me all the time, to Spirk who has been the best advisor I could ever ask for, to Quinn, Camryn and Halle who I have created the best memories with, to Alina for making me laugh everyday, and to all the teachers and my coaches who have made my time at Stanstead unforgettable.

NICOLAS ROBILLARD

From: Nun's Island, Montreal, Quebec **At SC Since Grade:** 11
Future Plans: Concordia University
Best Memory: CAIS soccer tournament at Ridley College and weekends with friends
What I've learned: Stats is not for me
Special Thanks: Mr. Winquist and all the boys
Quote: "I'd do it" - Drake

CHARLIE ROY

From: Val d'Or, Abitibi **At SC Since Grade:** 12
Future Plans: Travelling as much as possible
Best Memory: Daily gossip sessions at the Stanley table, "Just Dance" while studying, chocolate milk
What I've learned: How to use Chat GPT
Special Thanks: My parents, my friends (les frenchies), and my advisor (mom #2)
Quote: "Long story short, I survived"

SARA SEVCIKOVA

From: Ceský Krumlov, Czech Republic **At SC Since Grade:** 11
Future Plans: Graduate from Elmira College, keep playing hockey, and after I would love to attend an aviation school so I can become a pilot
Best Memory: When I went to Montreal to watch an NHL game against the Vancouver Canucks and I got a stick from Filip Hronek, thanks to my poster I made with my advisor Karina.
What I've learned: Enjoying little things is important, because not everything that is meaningful has to be big.
Special Thanks: Special thanks to Mr. Spirk, my advisor Karina, Mr. Delorme, Matt Chan, Ms. Hessian and Ms. Reynolds, Mr. Keet, Mr. McRae, Mr. Simard, and to all of my friends and family who have always supported me
Quote: "The only French words I've learned in these two years are "bonjour" and "merci", maybe I will use them one day."

BENJAMIN SMITH

From: Ayers Cliff, Quebec **At SC Since Grade:** 7
Future Plans: Being a history teacher
Best Memory: The friends I have made at my time at Stanstead College
What I've learned: Who I am as a person
Special Thanks: To my mom and my dad and my family and also to my friends
Quote: "When the path you walk always leads back to your self, you never get anywhere," - Master Oogway, *Kung Fu Panda*

QUINN SMITS

From: Courtenay, BC **At SC Since Grade:** 10
Future Plans: Take a gap year, go to McGill
Best Memory: Quitting hockey
What I've learned: Tackle, tackle, tackle, the ball, the ball, the ball
Special Thanks: My mom and dad for always standing by me
Quote: "There's still time to change the road you're on" - Led Zeppelin

SARAH-JADE ST-ONGE

From: Trois-Rivières, Québec **At SC Since Grade:** 12
Future Plans: Study science, play rugby, travelling
Best Memory: Scoring my first try, the play, biology study sessions, getting a 96 in physics , sliding behind the barn, Rugbyfest, the total eclipse, the daily conversation at the Stanley table, northern lights
What I've learned: Making mistakes is ok, to believe in myself, to ski, that math and physics can be fun, to never swear in rugby
Special Thanks: To my parents who did believe in me, my best friend Laurence, les ratons, my advisor, Joliane, Maélie, Gloria, to my roommate Charlie
Quote: "What, like it's hard ? " - *Legally Blonde*

AVAH ST-PIERRE

From: Ogden, QC **At SC since Grade:** 7
Future plans: To become a marine biologist and travel the world
Best memory: Cafe Capp rehearsals and Tuck Shop duties with Maddie
What I've learned: Being yourself around the people you love is so much more fun than being someone you are not.
Special thanks: Mr. G, Mr. Van Dyke, Mrs. Smith, Maddie and Lana, my amazing and supportive family
Quote: You spend most of your life in your head... Make it a nice place to live in!

NOAH SUMUN

From: Saint-Jean-sur-Richelieu **At SC Since Grade:** 12
Future Plans: Travel the world to discover new cultures and languages
Best Memory: The room talks I had with my roommates
What I've learned: Stop. Procrastinating.
Special Thanks: To my family for always supporting me no matter what
Quote: Life moves pretty fast, if you don't stop and look around once in a while you might miss it. - Ferris Bueller

RAPHAEL TELLIER

From: Delson, Quebec **At SC Since Grade:** 10
Future Plans: Play hockey for as long as possible
Best Memory: My two national championships
What I've learned: Gripper likes strawberry cheesecake
Special Thanks: Lebron Winquist and Coach T
Quote: I know

WILLIAM TOWNER

From: Ayer's Cliff **At SC Since Grade:** 7
Future Plans: Pilot/Military
Best Memory: Grade 9 COVID year
What I've learned: Don't take pre-calc
Special Thanks: To Mrs. Smith, family, and the boys
Quote: I should of...

JASMIN TREMBLAY

From: Val d'Or, Que. **At SC Since Grade:** 12
Future Plans: To grow my hair back
Best Memory: Poker night with the boys
What I've learned: Always double check your alarm
Special Thanks: Mr. Winquist for introducing me to lax! My Coaches for hockey and my teachers!
Quote: BBL Drizzyyyy

JOLIANNE TREMBLAY

From: Becancour, Que. **At SC Since Grade:** 10
Future Plans: Never leave Stanstead
Best Memory: Hockey tournament in Washington, bio study session
What I've learned: Time flies by
Special Thanks: My teammates, my coaches, Ms. Robi, Jamie, Hill sprint squad
Quote: There is always next year

MAXIM TREMBLAY

From: Sherbrooke, Que **At SC Since Grade:** 10
Future Plans: Colgate 2025
Best Memory: Washington tournament
What I've learned: I do look like Alexia Aubin
Special Thanks: My family, my teachers,my coaches and my friends especially ro mouche, aexia and maldec
Quote: Weby party on top

ANNE VILANCULOS

From: Nampula, Mozambique **At SC Since Grade:** 12
Future Plans: Engineer
Best Memory: Experiencing snow for the first time
What I've learned: The days get brighter
Special Thanks: Ms. Hessian, Mrs. Pimm, Tanya (I'll miss the snacks), and of course Google
Quote: Let's see where finding x takes me

FREDERIC VINCENT

From: Calgary, AB **At SC Since Grade: 11**
Future Plans: Finding Nemo
Best Memory: Winning Northwood Invitational last year with the boys
What I've learned: Never let them know your next move
Special Thanks: Mom, Dad, Grandma, business partner. Also my girlfriend, yes.
Quote: Don't worry, make money

JUHO VIRTANEN

From: Tampere, Finland **At SC Since Grade:** 10
Future plans: Junior hockey
Best memory: Bear hunting trips & Grade 10 year
What I've learned: Pool tables are not my friend
Special Thanks: Mr. Winquist, Mr. Spirk, Ms. Campbell, the boys
Quote: "Ladies with gentle hands"

LIAM WALLACE

From: Montreal **At SC Since Grade:** 12
Future Plans: Pursue my aspirations of playing high level hockey.
Best Memory: Winning the rugby GMAA 7s tournament at Concordia (even though I dislocated my shoulder).
What I've learned: That there is more to sports, and life, than the competition.
Special Thanks: My family for supporting me throughout this year, and to Coach T for making me be on time to Human Geo.
Quote: "If opportunity doesn't knock, build a door" - Milton Berle

LINYU "LAM" WANG

From: Guangzhou, China **At SC Since Grade:** 10
Future Plans: Be a good guy
Best Memory: Graduation prom and hanging out with friends
What I've learned: Being nice to everyone
Special Thanks: I would like to give special thanks to one person who is both my guider and friend and has given me a lot of help, Mr. Winquist

HAYLEY WOLFE

From: Stanstead, QC **At SC Since Grade:** 7
Future Plans: Graduate and leave Stanstead
Best Memory: Sunday dinners, all campus w/ WEST, walks around campus in the spring, The Clock tower visit
What I've learned: Fish like beer
Special Thanks: My family and Mau for the constant support especially my Mom and Dad for all the support this year, Lana for the walks, Jamie for the talks, Trofim and the Sunday dinner group for all the laughs, Miss Garrett, Miss Boivin, Miss Schafer, Miss Reynolds and Sonia for everything they have done
Quote: "What the fluff?"

SUM LONG "SUMMER" WONG

From: Hong Kong **At SC Since Grade:** 9
Future Plans: Traveling the world
Best Memory: Meeting amazing people from all around the world
What I've learned: You can't make up for lost time
Special Thanks: Thanks for my parents' love and support
Quote: I am a great believer in luck, and I find the harder I work, the more I have of it.

JUNYI "VICTOR" WU

From: At SC Since Grade: 9
Future Plans: Finishing my university degree. Then try to become a full-time and/or indie video game developer. At the same time become a part-time game composer.
Best Memory: My experience in SoundLab club & my performance on the Cafe Capp and my performance at the Variety Show
What I've Learned: That a person's mental health is of vital importance. We should care about the mental health of others, at least the mental health of those around us.
Special Thanks: Dr. Standage
Quote: "Long into the future may we thrive."

JIAXUAN "JACKY" XU

From: Taizhou City, China **At SC Since Grade:** 7
Future Plans: Graduating from university and finding a job that I enjoy
Best Memory: Getting the highest average in term 2
What I've learned: Effort and mindset are both very important
Special Thanks: Mr Pimm, Dr. Standage, Mr. Winquist, Mr. Keet

GRADE 11

PATRICIO ARIZAGA DELGADO

From: Mexico City **At SC Since Grade:** 11
Future Plans: Study finance back in Mexico
Best Memory: Going to town with my friends, eating and walking
What I've learned: A lot about different cultures. Learned about being more independent and Canadian way of living
Special Thanks: To all my friends and teachers, I will miss everyone
Quote: "Don't you dare go hollow"

LORETTA ARTEAGA

From: San Antonio, TX
At SC Since Grade: 11

BO BAILEY

From: Stanstead **At SC Since Grade:** 7
Future Plans: Playing basketball at a university level
Best Memory: Grade 9 water fight through the houses in front of Colby
What I've learned: Health, Wisdom and Integrity
Special Thanks: To Miss Hessian for being a great advisor
Quote: "It's not about the amount of detentions you get, but rather the amount you didn't get" -Bo Bailey

MASON BEASSE

From: Stanstead, Que. At SC Since Grade: 9, 11
Future Plans: Entrepreneur/living my best life
Best Memory: Playing football in the rain with a bunch of the guys
What I've learned: Be nice to everyone
Special Thanks: Mom and Dad for always supporting me
Quote: Yesterday is history, tomorrow is a mystery, but today is a gift, that is why it is called the present"-Master Oogway

AXELLE BEAUDOIN

From: Laval, Quebec **At SC Since Grade:** 10
Future Plans: Graduating grade 12 and attending university
Best Memory: Math class with Miss Lamonth and hockey trips
What I've learned: French mother tongue is hard
Special Thanks: My parents, my friends, my teammates, my teachers and my advisor Winquist
Quote: "It wasn't that bad after all"

JACKSON BELL

From: Magog, Que. **At SC Since Grade:** 11
Future Plans: Attending SC for Grade 12 and playing junior
Best Memory: Tubing at Val-Cartier
Quote: "Life can take your breath away, but 5th floor of Colby LITERALLY takes your breath away."

FLORENCE BLANCHETTE

From: Rouyn-Noranda, QC **At SC Since Grade:** 10
Future Plans: Working on my dreams
Best Memory: Hockey road trips and Winter Carnival 2023
What I've learned: Time flies at Stanstead
Special Thanks: To my advisor M. Spirk, my teammates, my friends, Chris, and my family
Quote: God knew I would be too powerful if I could do math

VICTORIA BORG

From: Burlington, Ont.
At SC Since Grade: 11

RYDER BUSTO

From: East Burke, Vermont **At SC Since Grade:** 11
Future Plans: Undecided
Best Memory: Playing football in the rain
What I've learned: French is a lot harder to learn than I thought
Special Thanks: My friends for making the new school transition easier
Quote: Math used to be my one of my favorite subjects, then I met SN

JACK CARTER

From: Portugal Cove, Nfld **At SC Since Grade:** 10
Future Plans: One more year at Stanstead, then hopefully pursue hockey in university
Best Memory: Winning the Northwood invitational against South Kent
What I've learned: Don't leave bio study till the night before
Special Thanks: Friends, family, coaches, teachers and house directors
Quote: Go with the flow and play it by air

ANDREA CAMARILLO CHOUZA

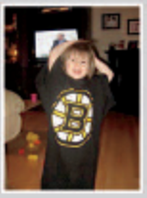
From: Mexico City **At SC Since Grade:** 11
Future Plans: Be successful
Best Memory: Toronto
What I've learned: Being gated is worth it to sleep in
Special Thanks: Mr. Spirk, Max Boulay, Mrs.Wilkinson
Quote: BURRITOS ARE NOT MEXICAN

KAMYL CHEMROUK

From: Montreal **At SC Since Grade:** 11
Future Plans: Jaxon Pierce's personal trainer
Best Memory: Winning nationals, morning hill sprints, meeting everybody
What I've learned: Keep pushing forward, even when the path is uncertain.
Special Thanks: The boys,parents, hill sprints squads, first floor Davis, Coach t, Coach Vannase, Channer, Dr Standage
Quote: "If you follow your dreams, you are capable of anything."

NOEMIE CLOUTIER

From: Sherbrooke, Que **At SC Since Grade:** 9
Future Plans: Continue my studies at dawson college and to play hockey to later attend university
Best Memory: Winning the JWHL cup with my team this year
What I've learned: To push myself academically and in sports
Special Thanks: Special thanks to my advisor Mr. Marino for all the help, thank you also to my hockey coaches Courtney, Kyra, and Matt Chan for all the good memories. Thank you to Miss Garrett for all the love and to Kyra for all the laughs. Thank you to my friends who followed me along this journey. Lastly, thank you to my parents who gave me the opportunity to come here and make life long memories!
Quote: 'Nothing lasts forever but at least we got the memories' - J. Cole

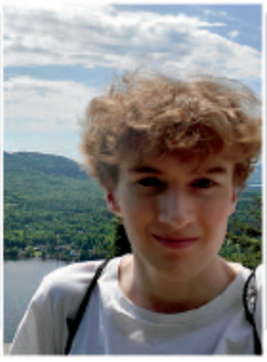


CHRISTOPHE COLLINS

From: Montreal **At SC Since Grade:** 10
Future Plans: Enjoy summer break
What I've learned: Attend breakfast
Special Thanks: Barron Trottier, Keri Reynolds, Adam Spirk, Roger Marino and Davis House Parents

KATE COLLINS

From: Mont-Royal, Que **At SC Since Grade:** 10
Future Plans: Business
Best Memory: Winter Carnival
Special Thanks: Thank you to my parents, sister, friends and advisor for an amazing year.



ALEX COMTOIS

From: Orford, Que. **At SC Since Grade:** 11
Future Plans: Enrolling in an art program
Best Memory: Spending time with my friends in the New York Trip
What I've learned: It's challenging to grow up but it's the only way forward. Accepting responsibility and wanting to be better are also important.
Special Thanks: To my friends and family
Quote: "It's never too late to change and be better."

ANNABELLE CORMIER

From: Dieppe, NB **At SC Since Grade:** 9
Future Plans: One more here at Stanstead, then go on to university
Best Memory: Winter Carnival
What I've learned: Close your blinds
Special Thanks: To my family, coaches and friends
Quote: Squeeze t fesses et hope for the best

MARCIA CORREIA

From: Cape Verde **At SC Since Grade:** 11
Future Plans: Study marine sciences near to the beach and create my own business
Best Memory: First school party in Stanstead
What I've learned: It's better to live in the moment than in the past
Special Thanks: To my advisor, Miss Kyra Borsoi (I will miss you so much) and Miss Hessian for helping me in my future projects
Quote: "Perfection is not improvement"

ANDREW DAHMS

From: Magog, Que. **At SC Since Grade:** 9(ish)
Future Plans: Study business at the University of Miami
Best Memory: Lsawyer's birthday last year. Iykyk
What I've learned: Your plan will not always play out the way you thought it would.
Special Thanks: My mom and dad for everything, M. Marino for our wonderful debates in CW, Lebron Winquist for our great ball talks, Mrs. Wolfe also for everything and last but not least my sister for showing me what not to do.
Quote: You define your own life. Don't let other people write your script

LIAM DECOURSAY

From: Stanstead, Que.
At SC Since Grade: 11)
Future Plans: Cegep de Sherbrooke
Quote: "The past cannot be changed, but the future is still in our power." – Master Oogway

LUKE DELABRUERE

From: Derby, Vermont **At SC Since Grade:** 8
Future Plans: Study engineering at university
Best Memory: CAIS Soccer Tournament 2023
What I've Learned: Respect has to be given to be received
Special Thanks: To everyone. My family, my friends, my teachers, my coaches, the organic chemistry tutor, and especially my dog, Willoughby. She probably tops that whole list.
Quote: "If you're reading this future me, put down the book and do something productive like taxes"

DAVID DESCHATELETS

From: Toronto, Ontario **At SC Since Grade:** 11
Future Plans: Jaxon Pierce's bodyguard
Best Memory: Winning nationals, morning practices, LeBaron cereal runs
What I've learned: I suck at sciences
Special Thanks: My parents, hill sprint squad, 1st floor davis, Coach T, Coach Vanasse, Mario Durocher, Ms Boivin, Mr Koussaie, Channer, J cubed, my elder and my 2 twins
Quote: "I just wanna buy a nail gun"- Ryan Dwyer

JUSTIN DUPUIS

From: Blainville, Québec **At SC since grade:** 10
Future plans: Hockey and finances
Best memory: Cooking nights with Max and Raph
What I've learned: To value time
Special thanks: To my family and friends
Quote: I don't always have time to study, but when I do, I still don't

RYAN DWYER

From: Stratford, PEI **At SC Since Grade:** 11
Future Plans: The show
Best Memory: Winning Nationals and meeting everybody
What I've learned: Soak it all in
Special Thanks: My family, the Boys, my coaches, my teachers and Shiesty
Quote: Be nails

ERIK FABIAN

From: Trois Riviere, Que. **At SC Since Grade:** 11
Future Plans: Cegep and golf
Best Memory: Spain rugby trip, spring weekends
Special Thanks: My family, My girlfriend Gabi Leroux, my friends especially Iain Olsen and Chandler who always support me
Quote: Life changes but memories stay

ALEXA GAGNE

From: Delson, QC **At SC since grade:** 9
Future Plans: Live a happy life
Best Memory: Hockey road trips
What I've Learned: Time goes by fast when you're having fun
Special Thanks: to my friends, family, my coaches, my roommate
Quote: The only thing missing at Stanstead is Starbucks

VICTOR GIROUX

From: Fossambault-sur-le-Lac **At SC Since Grade:** 11
Future Plans: Businessman
Best Memory: First rugby trip with the team in New Brunswick
What I've learned: Sometimes, even if you're unsure, getting out of your comfort zone is the way to go.
Special Thanks: To my parents for making it possible for me to study at Stanstead College.
Quote: Sometimes you have to get rid of the old to welcome all the good new things!

CHARLOTTE HUGHES

From: Mississauga, Ontario **At SC Since Grade:** 10
Future Plans: To attend university to eventually become a dermatologist
Best Memory: The 14-hour trip to Minnesota, all of my late night talks, bus rides with the prep girls, vlogging in class with Alina, and the senior lacrosse trip to Shannon's lake house
Special Thanks: To my mom, dad, and brother Spencer, my wonderful advisor Mr. Delorme, all of my teammates from the past two years, my roommate Isa, Siena, all of my friends, and everyone who has made these past 2 years so incredibly special

JORDAN ILUNGA KATALAYI

From: 11 **At SC Since Grade:** Brossard, QC
Future Plans: Getting involved in Christianity
Best Memory: Ottawa trip
What I've learned: Be grateful for everything
Special Thanks: To God, family and friends
Quote: "If you can? All things are possible to him who believes." - Mark 9:23

MELISSA KAKAYUK

From: Montreal, Que. **At SC Since Grade:** 8
Best Memory: Grade 9 rugby trip to St. FX with the best team and my best friend
What I've learned: Good friends make this place better
Special Thanks: Ms Schafer, Ms Lamonth, ms Wolfe, holly, Spirk and Shannon and my friends. Thank you for making my experience here special :)
Quote: I never made that academic comeback

MAX KOGLER

From: Vienna, Austria **At SC Since Grade:** 11
Future Plans: Pro hockey player
Best Memory: Winning the national championship
What I've learned: Appreciate everything you have
Special Thanks: Mr. Marino, Mr. Spirk and Mr. Chan
Quote: It is you against yourself

TSZ LONG "OWEN" KWOK

From: Hong Kong **At SC Since Grade:** 11
Future Plans: Graduate from university
Best Memory: Just being able to meet new friends
What I've learned: Cherish what I have before it's too late
Special Thanks: My roommate, Marek Thibodeau
Quote: "This is a dictatorship not a democracy." - Joshua Delorme

ANNIE LAMANTIA

From: Vancouver, WA **At SC Since Grade:** 9
Future Plans: Study medicine in the US
Best Memory: Every trip I've gotten to go on - whether it was a flight to BC, a 14-hour bus ride to Virginia, or a quick walk to Traditions - They were all amazing in their own way.
What I've learned: Procrastination makes today easier, but tomorrow harder. Once you start working on something, the rest will come naturally.
Special Thanks: My mom, my dad, my advisor, my teachers, my coaches, and every friend I've made along the way.
Quote: "Nobody cares how much you know, until they know how much you care." -Theodore Roosevelt

WILLIAM-ANTOINE LAPLANTE

From: Montreal **At SC Since Grade:** 9
Future Plans: Graduate Grade 12 at Stanstead, go to university and explore Europe.
Best Memory: Camp fires on Friday nights, school dances, golf seasons
What I've learned: Create connections that last a lifetime, extra help is worth it.
Special Thanks: To my family and friends
Quote: Live for something and die for nothing

JACOB LEBLANC

From: Magog, Que. **At SC Since Grade:** 10
Future Plans: Play junior somewhere good
Best Memory: Dupper going on a walk with a girl, and the bus rides
What I've learned: Don't be the first person in your class to finish your homework.
Special Thanks: Thanks to my friends, my hockey team, my coaches, as well as my teachers
Quote: Work smart not hard. In other words, don't waste your time doing 3 hours of homework every nights.

CHRISTOPHER LECLERC

From: St-Ubalde, QC **At SC Since Grade:** 7
Future Plans: Grade 12 at Stanstead, lacrosse
Best Memory: Lacrosse trips, Bugbee freestyle nights, Grade 8 covid year, quarantine with Anderson
What I've learned: Enjoy the time you have with your friends, because you will never know when that time will run out.
Special Thanks: My family, my brother for being my best friend from start, Towner, Andy and Chaz for taking me in since the start, the boys for the countless memories, Lebron Winquist, Peach Chandler, Delorme and every teacher who has helped me, Mr.Kousaie and Flo.
Quote: "Thats my favorite saying" -Lebron

BOKYEONG "KAYLA" LEE

From: South Korea **At SC Since Grade:** 8
Future Plans: Study hard and go to my dream university
Best Memory: Performing "Hey Jude" with my music class at the baccalaureate 2023
What I've learned: How to manage my time, how fun and important it is to learn new things
Special Thanks: My advisor Ms.Wilkinson, Mr. Grenier, my friends
Quote: Be positive

GABRIELLA LEROUX

From: Montreal, Quebec **At SC Since Grade:** 11
Future Plans: Graduate Grade 12
Best Memory: Miss Lamonth's class with Axelle and carnival weekend
What I've learned: To do my Reach every weekend
Special Thanks: My family, my best friends, my roommate and my boyfriend
Quote: Live laugh love

VALERIE LIN

From: Magog, QC **At SC Since Grade:** 7
Future Plans: Get into UofT or McGill
Best Memory: Grade 9 rugby season
What I've learned: I learned to be grateful for everything
Special Thanks: Friends and family

YIJIA "DANIEL" LIU

From: Suzhou, China **At SC Since Grade:** 10
Future Plans: Go to University of Toronto
Best Memory: Basketball at SC
What I've learned: Friendship
Special Thanks: All the teachers

EMMA MACINTYRE

From: Halifax NS **At SC Since Grade:** 9
Future Plans: Pursue hockey and study health sciences
Best Memory: Providence 2022
What I've learned: Close your blinds!
Special Thanks: My Fan and Pea Pod
Quote: Your future is only as good as the work you put into it

SKYLAR MACLEAN

From: Port Hood, NS **At SC Since Grade:** 11
Future Plans: I want to be a nurse and continue to play hockey in university
Best Memory: When we went to Valcartier
What I've learned: Not to run down the stairs...
Special Thanks: To my mom, dad, brother and sister for supporting me through everything I've gone through
Quote: "Push yourself because no one else is going to do it for you"

ISA MACPHEE

From: Kingsboro, PEI **At SC Since Grade:** 11
Future Plans: Graduate from Stanstead and find a university to play hockey at
Best Memory: Minnesota
What Ive Learned: Manage your time
Special Thanks: My parents, Mr Chandler, Mr and Mrs Pimm, Miss Schafer, My roommate Charlotte
Quote: Emma, you get one ginger joke a day

ELLA MALLOY

From: Carp, Ont. **At SC Since Grade:** 11
Future Plans: Play hockey and further my education at The College of The Holy Cross
Best Memory: ODR games
What I've learned: Discipline
Special Thanks: he best advisor Mr. Van Dyke, Mr and Mrs Pimm, Mr. Marino, Miss Schaffer
Quote: Doesn't matter, get better. - My Dad

SOFIA MARTINEZ AJZENMAN

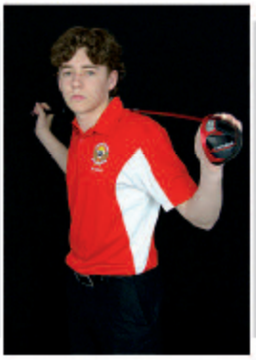
From: Mexico City **At SC Since Grade:** 9
Future Plans: Lawyer
Best Memory: First day at Stanstead
What I've learned: Give yourself some credit and don't take everything so seriously
Special Thanks: my best friends, Ms. Schafer, and Ms. Smith
Quote: Just live life and enjoy the butterflies

EDYTHE MCKENZIE

From: Craftsbury, VT **At SC Since Grade:** 10
Future Plans: Get into a good university
Best Memory: Basketball tournaments
What I've learned: Time management skills
Special Thanks: Friends and family

HUBERT MELANCON

From: Trois-Rivières, Que. **At SC Since Grade:** 11
Future Plans: Jordan Ilunga's tutor
Best Memory: Late night pasta
What I've learned: Watch your step out of bed
Special Thanks: Davis first floor, J Dubs
Quote: If you miss 100% of the shots you take, you probably picked the wrong sport



ZACKARIE MICHAUD

From: Grand Falls, New Brunswick **At SC Since Grade:** 11
Future Plans: The show
Best Memory: Winning nationals and salad bar with the fellas
What I've learned: Failure is not the end and don't take anything for granted
Special Thanks: To my family, friends, the boys, my coaches, my team, my teachers, and shiesty, for always pushing me towards success
Quote: The grass isn't always greener on the other side- don't fix something that isn't broken

FATIMA MORENO ANITUA

From: Veracruz, Mexico **At SC since Grade:** 10
Future plans: Make money
Best memory: Sleepovers on the Toronto trip
What I've learned: Be on time
Special thanks: To Mr. Blair, Mrs. Schafer, Lily and Max the nurse
Quote: School comes and goes, life doesn't

BERTA MOZOLAI

From: Budapest, Hungary **At SC Since Grade:** 11
Future Plans: Go to a university where I can keep playing hockey while getting a high education
Best Memory: The first day that my friend group ate altogether, and has never changed since
What I've learned: To never give up even when you feel the lowest
Special Thanks: To my friends: Marcia, Anne, Grady, Marek, Owen, Pato, Liam and Mason, my advisor: Mr. Andre Simard and my coach: Mr. Bernie Pimm
Quote: "See you next year"

REN NAKAMURA

From: Tokyo, Japan **At SC Since Grade:** 7
Future Plans: University, Computer science
Best Memory: Jay Peak ski trip with friends
What I've learned: Friendship in English
Special Thanks: Bo Baily and his family for letting me stay at their house
Quote: Touch grass

MALCOLM NICHOLSON

From: Darien, CT **At SC Since Grade:** 11
Future Plans: The show
Best Memory: National champs/Ottawa trip
What I've learned: Live in the moment
Special Thanks: Mom, Dad, Ian, and Charlo
Quote: Don't be afraid to give up the good for the great

KARYME OLAN GALLARDO

From: Everywhere in Mexico **At SC Since Grade:** 10
Future Plans: Travel
Best Memory: Last advisee barbecue
What I've learned: Not to run in flip flops
Special Thanks: chatgpt = Deanna
Quote: "It's for the plot"

NOAH PAPILLON

From: Lac St-Joseph, Quebec **At SC Since Grade:** 7
Future Plans: Magician
Best Memory: The people
What I've learned: That I really suck at science
Special Thanks: To everyone that was with me for the ride, to Spirk and Rogé Mar for the awesome rugby seasons and to my mom and dad.
Quote: "Donuts are always the answer" - Paps

ADDISON PIERCE

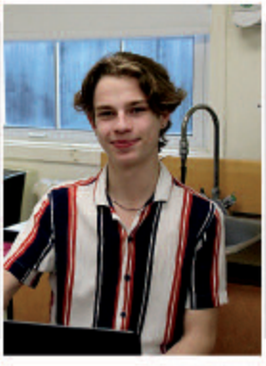
From: Fredericton,NB **At SC Since Grade:** 11
Future Plans: Play division 1 soccer
Best Memory: The plane ride to Winnipeg with the senior girls basketball team
What I've learned: I can play a full soccer season with a torn ACL
Special Thanks: Ms Schafer, Ms Pimm, Mr Chandler and especially thanks to my older brother Jaxon

NYAKAH PIERRE

From: Westchester, NY **At SC Since Grade:** 9
Future Plans: One more year at 'stead, and off to university
Best Memory: Opening Day grade nine
What I've learned: The earth will keep spinning lol
Special Thanks: To my family, friends, and cats
Quote: "The beautiful thing about learning is that no one can take it away from you."—B.B. King

OLIVER PLANTE

From: Ottawa, Ontario **At SC Since Grade:** 11
Future Plans: Garbageman
Best Memory: Winning Nationals and meeting the boys
What I've learned: Jackson Bell smells #Belzy
Special Thanks: My mother, coaches, the boys
Quote: "Everything comes to you at the right time. Be patient and trust the process"



LEN RICHARDI

From: Newport Center, VT
At SC Since Grade: 7

JEREMY ROBERT

From: Temecula, California **At SC Since Grade:** 10
Future Plans: Go to college and get a degree in education
Best Memory: Making pasta with Bo
What I've learned: Don't put things off
Special Thanks: Thanks: Family and friends
Quote: "Reach for the stars so if you fall you land on a cloud." -Ye

MARIAM RUEDA FLORES DE DIEGO

From: Veracruz, Mexico **At SC Since Grade:** 11
Future Plans: Success and happiness
Best Memory: Disney trip
What I've learned: Not physics
Special Thanks: Mr. Spirk, Mrs Wilkinson and Max the nurse.
Quote: Mariam isn't Maria.

PARKER SAUNDERS

From: Hopkinton, NH
At SC Since Grade: 10

EVA SAVOIE

From: Saint-Basile-le-Grand, Que **At SC Since Grade:** 11
Future Plans: Graduate grade 12 and university
Best Memory: Ottawa trip and CST math with Mr Wong
What I've learned: Français is not an easy class
Special Thanks: My family and friends

ALINA SZEMIOTH

From: Warsaw, Poland **At SC Since Grade:** 9
Future Plans: Graduate grade 12
Best Memory: Orientation, winter carnival, vlogging in class with Charlotte and all the trips to Subway
What I've learned: To never call Mr. Delorme old
Special Thanks: My family, my roommate, all of my wonderful friends, teachers, coaches, my advisor Logan Vanasse and his family

CHARLES-ERIC TREMBLAY

From: Chicoutimi, Quebec **At SC Since Grade:** 11
Future Plans: QMJHL Rouyn-Noranda Huskies and be a NHL player
Best Memory: Being with Alexia Aubin
What I've learned: Speaking English everywhere and with everybody
Special Thanks: Huge thanks to my parents Gaetan and Josee for always pushing, thanks to my sister for supporting me, thanks to the boys to make my year very nice, thanks to Mack Nicholson for being the best roommate I ever had, thanks to Sonia and finally big thanks to my girlfriend Alexia Aubin
Quote: YOU NEVER LOSE. YOU EITHER WIN OR LEARN

BARRON TROTTIER

From: Fort McMurray, Alberta **At SC Since Grade:** 10
Future Plans: Put my future wealth to improving the world
Best memory: Rugby tournaments with my friends
What I've learned: That rugby is an amazing sport
Special Thanks: Andre Simard, Joanne Carruthers, Adam Spirk, Roger Marino, Adrian Myers, Chris Collins, Bernie Pimm
Quote: "Skills learned from previous failures can be applied to future opportunities" - Bernie Pimm

YUHE WANG

From: Beijing, China
At SC Since Grade: 8

DEANNA WRIGHT

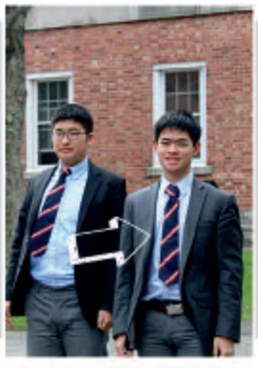
From: New York **At SC since Grade:** 8
Future plans: Get into university
Best Memory: Orientation this year
What I've learned: Keep in contact with old friends
Special thanks: Ms. Schaffer

ENRUI "ERIC" ZHANG

From: China
At SC Since Grade: 9

ZHUJIA "JOHNNY" ZHANG

From: China
At SC Since Grade: 8



Jamie Arsenault
Alexia Aubin
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Joelle Benoit
Carolyn Berkling Drouin
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Emma Catallozzi
Braden Chastanet
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Trofim Godochkin

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Chaz Grenier
Shun Hatano
Siena Hayman
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Yile "Tony" Ju
Zofia Kaczynska

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Halle Khanna
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Zhiyou "Joe" Liu
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Frederic Vincent
Juho Virtanen
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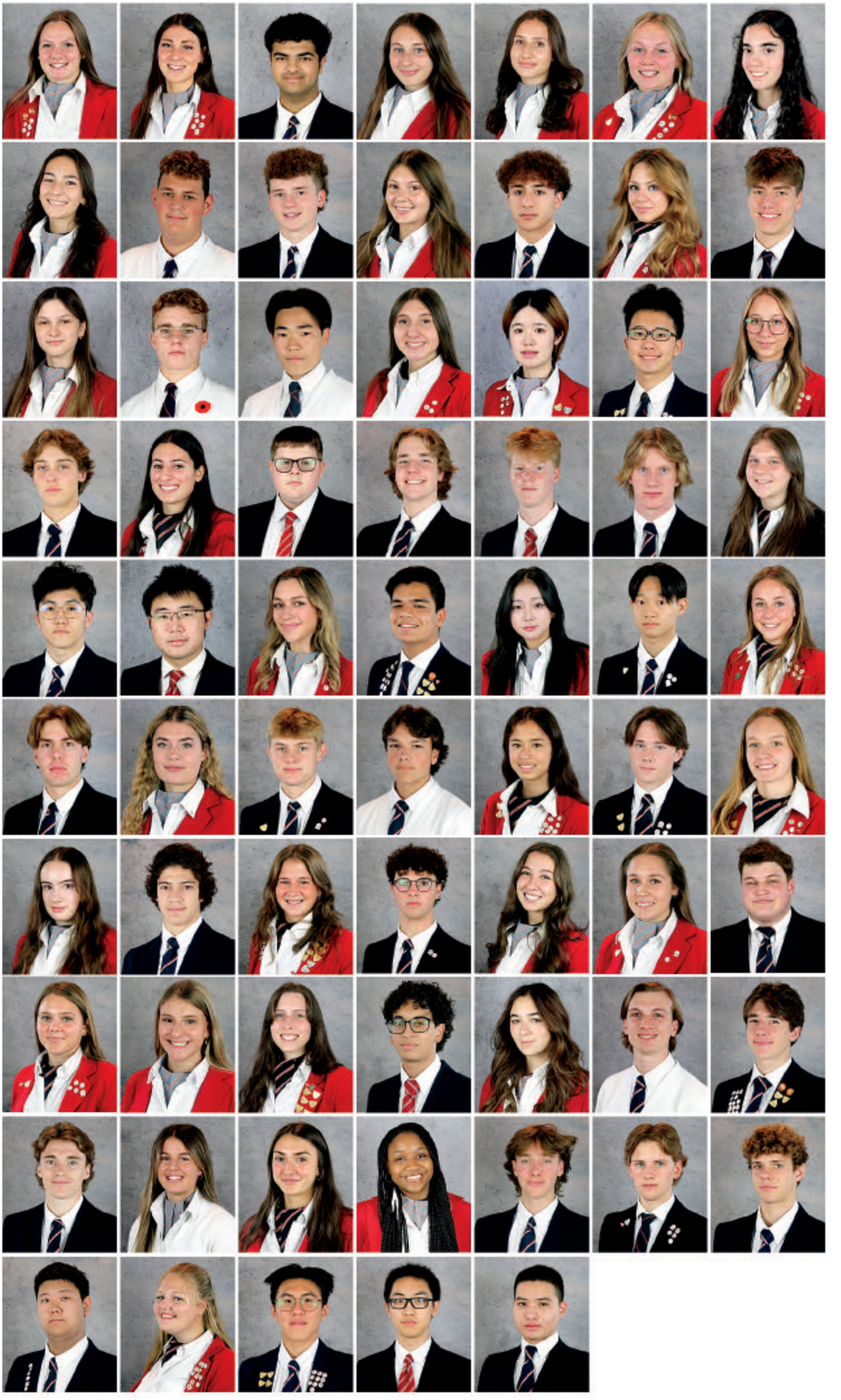
Linyu "Lam" Wang
Hayley Wolfe
Sum Long "Summer" Wong
Junyi "Victor" Wu
Jiaxuan "Jacky" Xu



Patricio Arizaga Delgado
Loretta Arteaga
Bo Bailey
Mason Béasse
Axelle Beaudoin
Jackson Bell
Florence Blanchette

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Ryder Busto
Andrea Camarillo Chouza
Jack Carter
Kamyl Chemrouk
Noémie Cloutier
Christophe Collins

Kate Collins
Alex Comtois
Annabelle Cormier
Marcia Correia
Andrew Dahms
Liam Decoursay
Luke DeLaBruere

David Deschatelets
Justin Dupuis
Ryan Dwyer
Erik Fabian
Alexa Gagné
Victor Giroux
Charlotte Hughes

Jordan Ilunga Katalayi
Melissa Kakayuk
Max Kogler
Owen Kwok
Annie LaMantia
William-Antoine Laplante
Jacob Leblanc

Christopher Leclerc
Bokyeong "Kayla" Lee
Gabriella Leroux
Valerie Lin
Yijia "Daniel" Liu
Emma MacIntyre
Skylar MacLean

Isa MacPhee
Ella Malloy
Sofia Martinez Ajzenman
Edythe McKenzie
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Berta Mozolai
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Malcolm Nicholson
Karyme Olan Gallardo
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Addison Pierce
Nyakah Pierre

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Len Richardi
Jeremy Robert
Mariam Rueda Flores de Diego
Parker Saunders
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Charles-Eric Tremblay
Barron Trottier
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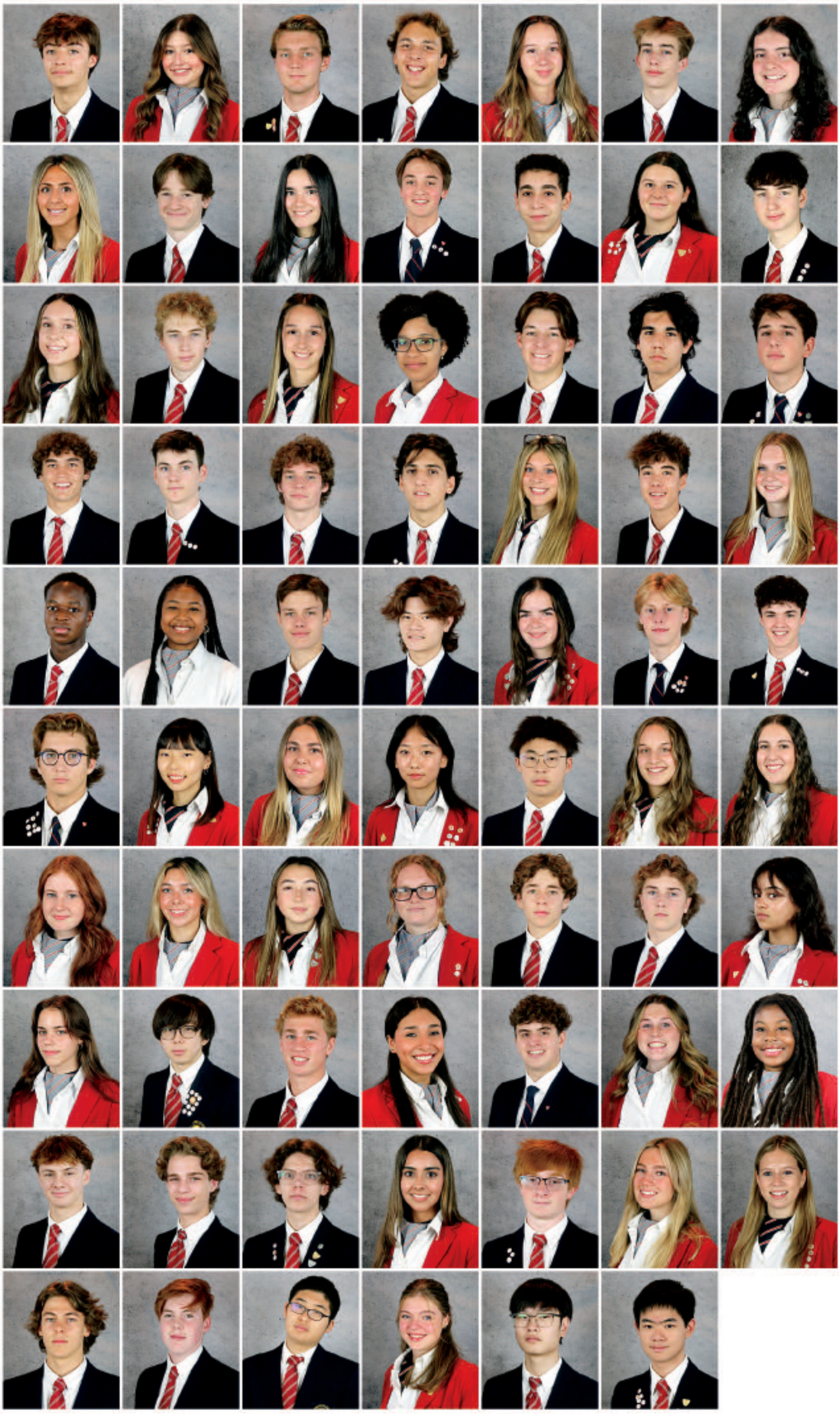

Hana Abe
Elijah Arrigo
Laurie Aubin
Lucia Bruemmerhoff Ruiz
Emma Carrière
Zoé Charland
Nathan Crane

Gabriel De Santis
Yi-Chen "Milla" Fang
Raiah Filleul
Emanuel Ganz
Grady Hanna
Beckett Kristensen
Maddyn Labor

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Maxton Lam
Pénélope Lavoie
Maëlie Leduc
Yutong "Melanie" Li
Joshua Lippmann

Hoi Yan "Katie" Liu
Yutong "Mavis" Liu
Cory Logan
Lauren Loon
He "Matthew" Ma
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Patricio Morelos Zaragoza Serra

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Jeremiah O'Regan
Oluwatamilore "Tammy" Osibanjo
Agustin Palacios Roji
Charlie Pampalon
Dylan Pelletier
Mathieu Perron

Srilasorn "Pik" Phochatkaew
Gabriel Poitras
Hanyu "Alvin" Qian
Mathieu Rémillard
Henry Riddell
Anthony Rombotis
Joseph Ruf

Shawn Rugwiza
Liam Ryan
Max Sheppard
Walker Smits
Matylda Stepien
Marek Thibodeau
Antonia Thume

Rosalie Tremblay
Madik Trottier
Keita Tsutsumi
Ziyu Wang
Lucy Weiss
Enrui "Arrie" Zhang
Hanxi "Cici" Zhou

Wenxi "Cindy" Zhao

Miranda Angel Garcia
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Caitlyn Bell
Jadin Bingham
Alexa Cardenas
Yuxuan "Emma" Chen
Natalia Chenier

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Blake Dandenault
Vincent de la Riera
Abygail Dewey
Yi-Ting "Bella" Fang
Pablo Fernandez Giombini
Felix Fortmann

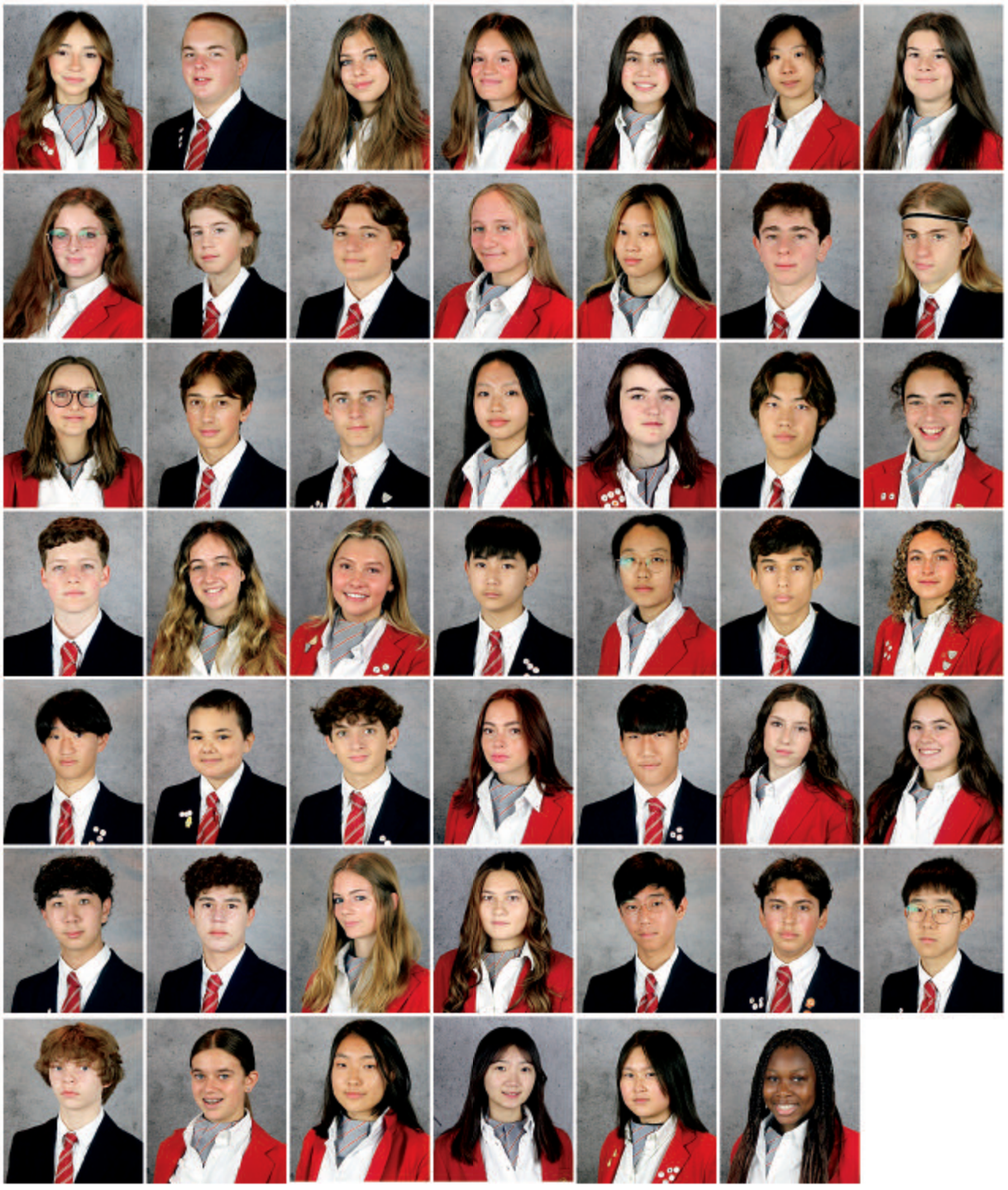
Maria Jose Garza Paredes
Charles Généreux
Noah Grenier
Zhilan "Carrie" Huang
Zoey Keefe
Taro Kosuga
Emilie Labonté

Braeden Labor
Addison Lancaster
Sarah Leasure
Stanley Lin
Xi "Lucie" Lyu
Roger Roger Marcoux
Sara Martinez Ajzenman

Josuke Masuda
William Neeposh
Juan Patricio Oropeza Gonzalez
Mariana Ortiz Doval
Jihoo Park
Camila Pescador Casas
Jane Rodi

Noah Roy
Alejandro Ruelas Perez
Kate Scholl
Isabelle Smyth
Louis Sullivan
Liam Sumun
Xucheng "Mike" Sun

Vaughn Sutherland
Jade Wilson
Yihang "Kimmy" Xu
Lumina Yoshikawa
Shanmei "Katie" Zhang
Keshia Zonnon



Evanny Archer Buzzell
Juliette Bernardi
Mederick Bizier
Clara Buck-Thompson
Bryson Dodge
Benjamin Firszt
Julia Galicia Rodriguez

Begona Gonzalez Haces
Hina Hayakawa
Aidan Hynes
Jacob Leduc
Junyoung "Julia" Lee
Ethan Liverpool
Santiago Mercado Guerra

Seia Oikawa
Jose Palacios Roji Diaz
Yi Ren
Cecilia Riddell
Benjamin Rioux
Carlos Rogel Tovar
Macarena Sedeno Vergara

Holden Smits
Jade Thibault
Daniela Tornberg
Kaitlyn Wanka

GRADE 8

Maxime Cloutier
Xavier Corriveau
Garrett Dodge
Noah Haddad
Yinuo "Arnold" Jiang
Yifei "Raymond" Ju
Gawon Lee

Aidan Lynch-Staunton
Benjamin Magnan
Felix Pollender
Jonathan Rombotis
Sena Shirakabe
Emma Wahhab

GRADE 7

WOLFE

House Director: Katie Lowry
Ass't House Directors: Kyra Borsoi, Marisol Calva, Sarah Archer
Matron: Kayo Soeda

House Director: Magali Gagnon
Ass't House Director: Allie Fraser, Erica Masotto, Shawn Belknap-Keet

BUGBEE

WEBSTER

House Director: Monica Schafer
Ass't House Director: Kylee Weir, Laura Kirby, Karina Guerrera

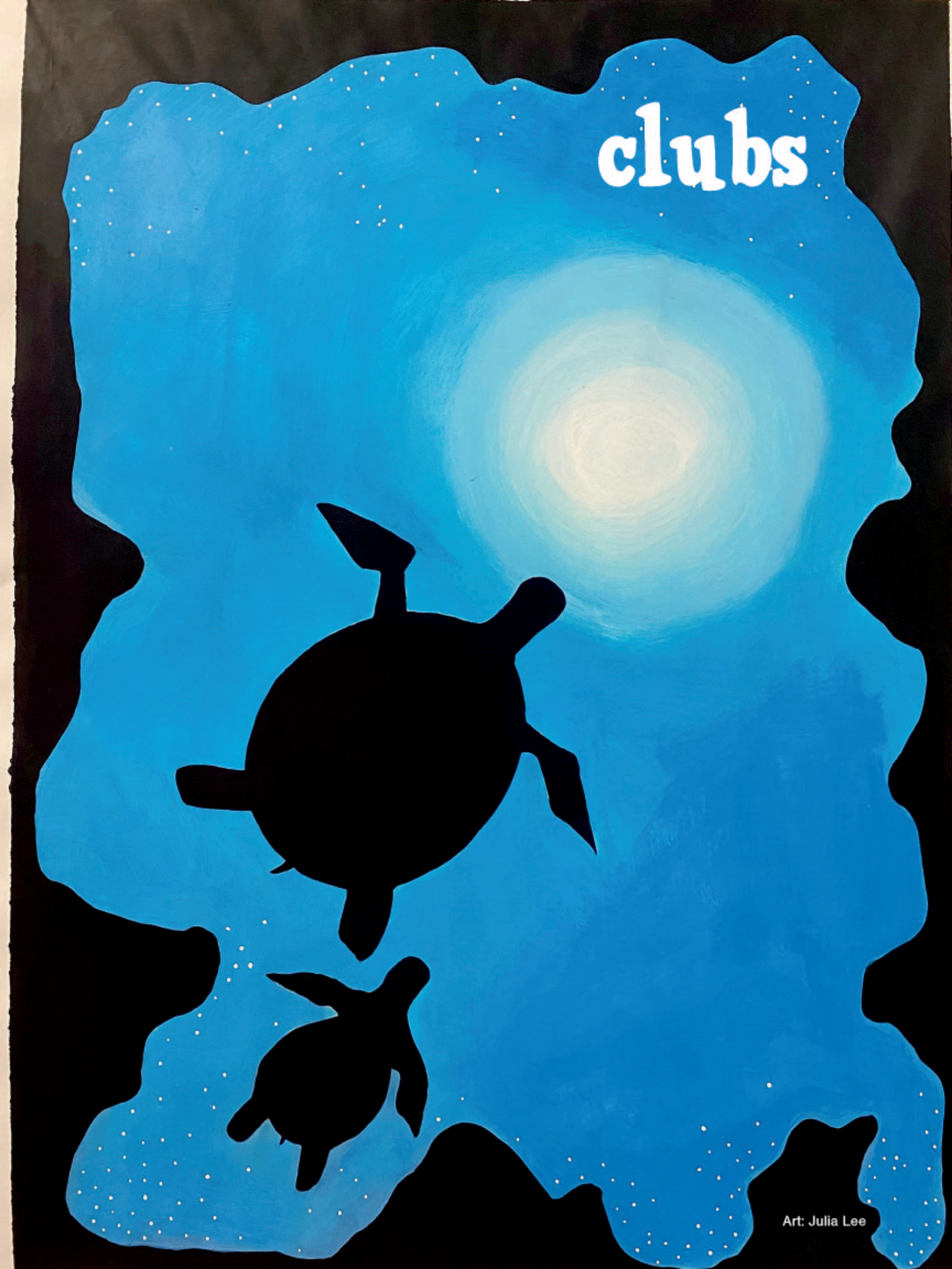
House Directors: Matt Thompson
Ass't House Director: Simon Winquist,
Josh Delorme, Joe Wong

DAVIS

COWEN

House Director - boys: Thomas Peasley
House Director - girls: Shannon Pimm
Ass't HD - boys: Courtney Tougas
Ass't HD - girls: Ladonna LaMonth

clubs



Art: Julia Lee

ART CLUB

Hana Abe, Alexia Aubin, Maxime Cloutier, Christophe Collins, Alex Comtois, Liam Decoursay, Victor Giroux, Noah Haddad, Hina Hayawaka, Ellie Jang, Tony Ju, Kayla Lee, Gawon Lee, Melanie Li, Allen Liu, Katie Liu, Daniel Liu, Mavis Liu, Joe Liu, Lucie Lyu, Matthew Ma, Alice Machida, Pik Phochatkaew, Vivianne Suverza de Diego, Maxim Tremblay, Barron Trottier, Madik Trottier, Lam Wang, Jacky Xu, Katie Zhang, Cindy Zhao, Cici Zhou

BAKING

Evanny Archer Buzzell, Patricio Arizaga Delgado, Laurie Aubin, Carolyn Berkling Drouin, Juliette Bernardi, Lucia Bruemmerhoff Ruiz, Caitlyn Bell, Jadin Bingham, Emma Catallozzi, Zoe Charland, Emma Chen, Maxime Cloutier, Kyle Cregan, Abygail Dewey, Garrett Dodge, Raiah Filleul, Julia Galicia Rodriguez, Anaïs Grappe, Grady Hanna, Shun Hatano, Carrie Huang, Ellie Jang, Owen Kwok, Penelope Lavoie, Lauren Loon, Jana Loparic, Alice Machida, Berta Mozolai, Mariana Ortiz Doval, Tammy Osibanjo, Lana-Michelle Peasley, Addison Pierce, Gabriel Poitras, Gloria Riddell, Jane Rodi, Macarena Sedeno Vergara, Walker Smits, Matylda Stepien, Sarah-Jade St-Onge, Vaughn Sutherland, Jade Thibault, Marek Thibodeau, Antonia Thume, Rosalie Tremblay, Madik Trottier, Anne Vilanculos, Frederic Vincent, Lucy Weiss, Deanna Wright, Kimmy Xu, Keshia Zonnon

Xavier Corriveau, Kyle Cregan, Blake Dandenault, Charles Genereux, Noah Haddad, Felix Pollender, Noah Sumun

CLASSIC FILM

Lucia Bruemmerhoff Ruiz, Paulina Camarillo Chouza, Marcia Correia, Gabriel De Santis, Bella Fang, Milla Fang, Ellie French, Maxime Lapointe, Kayla Lee, Joshua Lippmann, Pik Phochatkaew, Maelie Pion, Bridget Pringle, Mathieu Remillard, Henry Riddell, Joseph Ruf, Maxim Tremblay, Raphael Tellier, Lucy Weiss

KNITTING

BOARD GAMES

Tyler Battah, Evanny Archer Buzzell, Elijah Arrigo, Alexia Aubin, Laurie Aubin, Bo Bailey, Axelle Beaudoin, Caitlyn Bell, Jackson Bell, Jadin Bingham, Mederick Bizier, Clara Buck-Thompson, Ryder Busto, Emma Carriere, Zoe Charland, Braden Chastanet, Kamyl Chemrouk, Natalia Chenier, Noemie Cloutier, Nathan Crane, Keira Curtis, Vincent de la Riera, Gabriel De Santis, Justin Dupuis, Ryan Dwyer, Marc El-Hawat, Erik Fabian, Benjamin Firszt, Emanuel Ganz, Anaïs Grappe, Hina Hayakawa, Zofia Kaczynska, Jordan Ilunga Katalayi, Zoey Keefe, Karson Kerbes, Benjamen Knapp, Max Kogler, Beckett Kristensen, Emilie Labonte, Braeden Labor, Charlotte Labreche, Addison Lancaster, Maxime Lapointe, Jacob Leblanc, Chris Leclerc, Vincent Leclerc, Jacob Leduc, Lucas Line, Joshua Lippmann, Allen Liu, Daniel Liu, Cory Logan, Aiden Lynch-Staunton, Matthew Ma, Skylar MacLean, Benjamin Magnan, Keita Masuda, Hubert Melancon, Zackarie Michaud, Abel Mier Sanchez, Brody Molloy, Camryn Moore, Patricio Morelos Zaragoza Serra, Tomas Nyberg, Jeremiah O'Regan, Charlie Pampalon, Noah Papillon, Lana Peasley, Dylan Pelletier, Mathieu Perron, Jaxon Pierce, Maelie Pion, Oliver Plante, Felix Pollender, Mathieu Remillard, Len Richardi, Cecilia Riddell, Henry Riddell, Nicolas Robillard, Anthony Rombotis, Jonathan Rombotis, Joseph Ruf, Shawn Rugwiza, Kate Scholl, Max Sheppard, Benjamin Smith, Holden Smits, Walker Smits, Isabelle Smyth, Matylda Stepien, Liam Sumun, Noah Sumun, Vaughn Sutherland, Antonia Thume, Daniela Tornberg, William Towner, Charles-Eric Tremblay, Jasmin Tremblay, Joliane Tremblay, Maxim Tremblay, Rosalie Tremblay, Keita Tsutsumi, Liam Wallace, Ziyu Wang, Hayley Wolfe, Summer Wong, Joshua Wong Duarte, Eric Zhang

ANIMATION

Jackson Bell, Victoria Borg, Ryder Busto, Emma Carriere, Jack Carter, Kate Collins, Annabelle Cormier, David Deschatelets, Justin Dupuis, Ryan Dwyer, Erik Fabian, Trofim Godochkin, Jordan Ilunga Katalayi, Melissa Kakayuk, Maddyn Labor, William-Antoine Laplante, Christopher Leclerc, Gabriella Leroux, Skylar MacLean, Isa MacPhee, Ella Malloy, Hubert Melancon, Zackarie Michaud, Malcolm Nicholson, Tomas Nyberg, Alison Om, Tammy Osibanjo, Camila Pescador Casas, Addison Pierce, Mariam Rueda Flores de Diego, Eva Savoie, Julia Galicia Rodriguez, Macarena Sedeno Vergara, Charles-Eric Tremblay, Deanna Wright., Addison Pierce, Nyakah Pierre, Eva Savoie, Alina Szemioth, Juho Virtanen

Caitlyn Bell, Carolyn Berkling Drouin, Juliette Bernardi, Andrea Camarillo Chouza, Alexa Cardenas, Emma Carriere, Emma Catallozzi, Pablo Fernandez Giombini, Ellie French, Begona Gonzalez Haces, Shun Hatano, Maria Jose Garza Paredes, Halle Khanna, Madeline Lippmann, Jana Loparic, Lea Matoush-St-Cyr, William Neeposh, Camila Pescador Casas, Santiago Prieto Coppel, Bridget Pringle, Carlos Rogel Tovar, Avah St-Pierre, Matylda Stepien, Noah Sumun, Antonia Thume, Juho Virtanen

POTTERY

COOKING

Patricio Arizaga Delgado, Alex Comtois, Gabriel De Santis, Kamyl-Monsef Chemrouk, Andrew Dahms, Liam Decoursay, Felix Fortmann, Tony Ju, Taro Kosuga, Beckett Kristensen, Owen Kwok, Gabriella Leroux, Joshua Lippmann, Sofia Martinez Ajzenman, Berta Mozolai, Agustin Palacios Roji, Mathieu Perron, Jaxon Pierce, Oliver Plante, Darien Reynolds, Mathieu Remillard, Joseph Ruf, Walker Smits, Sarah-Jade St-Onge, Marek Thibodeau

DIY

Jacob Beasse, Mederick Bizier, Christophe Collins, Blake Dandenault, Pablo Fernandez Giombini, Emanuel Ganz, Charles Genereux, Victor Giroux, Noah Grenier, Raymond Ju, Taro Kosuga, Benjamin Magnan, Josuke Masuda, Jose Palacios Roji Diaz, Jihoo Park, Gabriel Poitras, Benjamin Rioux, Noah Roy, Shawn Rugwiza, Walker Smits, Louis Sullivan, Liam Sumun, Mike Sun, Tyler Battah, Barron Trottier

LEARN TO SKATE

Patricio Arizaga Delgado, Bo Bailey, Juliette Bernardi, Lucia Bruemmerhoff Ruiz, Clara Buck-Thompson, Alexa Cardenas, Marcia Correia, Keira Curtis, Liam Decoursay, Bryson Dodge, Garrett Dodge, Julia Galicia Rodriguez, Begona Gonzalez Haces, Anais Grappe, Grady Hanna, Hina Hayakawa, Carrie Huang, Ellie Jang, Arnold Jiang, Maxton Lam, Raymond Ju, Kayla Lee, Gawon Lee, Julia Lee, Stanley Lin, Valerie Lin, Ethan Liverpool, Aidan Lynch-Staunton, Alice Machida, Emiliano Maciel, Roger Roger Marcoux, Josuke Masuda, Santiago Mercado Guerra, Patricio Morelos Zaragoza Serra, William Neeposh, Seia Oikawa, Jose Palacios Roji Diaz, Agustin Palacios Roji, Jihoo Park, Camila Pescador Casas, Pik Phochatkaew, Alvin Qian, Yi Ren, Carlos Rogel Tovar, Alejandro Ruelas Perez, Shawn Rugwiza, Macarena Sedeno Vergara, Jade Thibault, Ziyu Wang, Kaitlyn Wanka, Yuhe Wang, Johnny Zhang

SPECTRUM

Miranda Angel Garcia, Kyle Cregan, Pablo Fernandez Giombini, Maria Jose Garza Paredes, Siena Hayman, Charlotte Hughes, Maelie Leduc, Mauricio Lopez Sanchez, Sara Martinez Ajzenman, Juan Patricio Oropeza Gonzalez, Alejandro Ruelas Perez, Quinn Smits, Jade Thibault, Juliette Bernardi, Camila Pescador Cases, Hayley Wolfe

CANDLE-MAKING

Jadin Bingham, Victoria Borg, Charlotte Labreche, Skylar MacLean, Maelie Laforge, Charlie Pampalon, Vaughn Dunford Sutherland, Kate Scholl, Joliane Tremblay

SOUNDTRAX

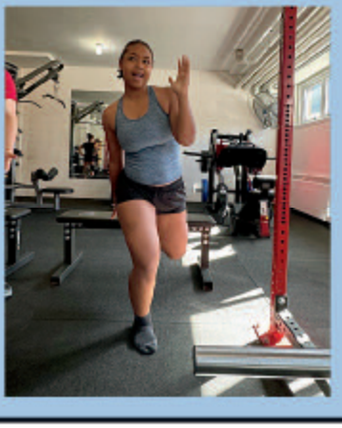
Clara Buck-Thompson, Emma Chen, Keira Curtis, Milla Fang, Chaz Grenier, Luke DeLaBruere, Zoey Keefe, Jacob Leduc, Melanie Li, Valerie Lin, Madeline Lippmann, Mavis Liu, Jana Loparic, Emma MacIntyre, Edythe McKenzie, Ren Nakamura, Jeremy Robert, Parker Saunders, Avah St-Pierre, Emma Wahab, Kaitlyn Wanka, Victor Wu, Kimmy Xu, Eric Zhang, Katie Zhang, Cindy Zhao

SPIN CLUB

Jadin Bingham, Florence Blanchette, Raiah Filleul, Alexa Gagne, Majo Garza Paredes, Maelie Laforge, Annie LaMantia, Maxime Lapointe, Sara Martinez Ajzenman, Hanna Obermayr, Bridget Pringle, Gloria Riddell, Sara Sevcikova, Jasmin Tremblay, Jade Wilson, Keshia Zonnon

TRAINING

Jacob Beasse, Mason Beasse, Clara Buck-Thompson, Braden Chastanet, Garrett Dodge, Trofim Godochkin, Aidan Hynes, Melissa Kakayuk, Halle Khanna, Ethan Liverpool, Camryn Moore, Gloria Riddell, Jose Palacios Roji Diaz, Jane Rodi, Carlos Rogel Tovar, Jonathan Rombotis, Sena Shirakabe, Kaitlyn Wanka



Tyler Battah, Bryson Dodge, Jacob Leduc, Tomas Nyberg, Victor Wu

SOUND LAB

Abygail Dewey, Bella Fang, Carrie Huang, Annie LaMantia, Sarah Leasure, Melanie Li, Valerie Lin, Edythe McKenzie, Sara Martinez Ajzenman Alison Om, Lumina Yoshikawa, Cindy Zhao

DEBATING

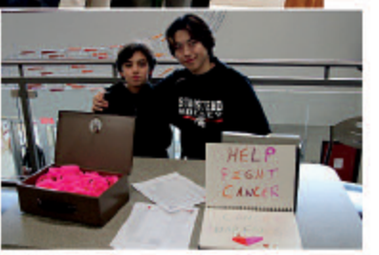
COMMUNITY SERVICE

Hana Abe, Jamie Arsenault, Loretta Arteaga, Tyler Battah, Mason Beasse, Axelle Beaudoin, Joelle Benoit, Carolyn Berkling Drouin, Juliette Bernardi, Mederick Bizier, Florence Blanchette, Rosalie Bouchard, Ryder Busto, Jack Carter, Emma Catallozzi, Natalia Chenier, Andrea Camarillo Chouza, Paulina Camarillo Chouza, Noemie Cloutier, Marcia Correia, Annabelle Cormier, Xavier Corriveau, Keira Curtis, Andrew Dahms, Liam Decoursay, Vincent de la Riera, Adriana Desbiens-Senneville, David Deschatelets, Abygail Dewey, Vaughn Dunford Sutherland, Justin Dupuis, Erik Fabian, Bella Fang, Milla Fang, Raiah Filleul, Benjamin Firszt, Felix Fortmann, Alexa Gagne, Victor Giroux, Noah Grenier, Noah Haddad, Shun Hatano, Siena Hayman, Charlotte Hughes, Aidan Hynes, Jordan Ilunga Katalayi, Tony Ju, Zofia Kaczynska, Zoey Keefe, Karson Kerbes, Emilie Labonte, Braeden Labor, Charlotte Labreche, Maelie Laforge, Addison Lancaster, William-Antoine Laplante, Penelope Lavoie, Jacob Leblanc, Christopher Leclerc, Vincent Leclerc, Sarah Leasure, Maelie Leduc, Gabriella Leroux, Stanley Lin, Valerie Lin, Joshua Lippmann, Allen Liu, Ethan Liverpool, Skylar MacLean, Benjamin Magnan, Isa MacPhee, Roger Roger Marcoux, Sara Martinez Ajzenman, Sofia Martinez Ajzenman, Josuke Masuda, Keita Masuda, Edythe McKenzie, Hubert Melancon, Brody Molloy, Fatima Moreno Anitua, William Neeposh, Karyme Olan Gallardo, Mariana Ortiz Doval, Tyler Palin, Charlie Pampalon, Noah Papillon, Matteo Paradis, Lana Peasley, Pik Phochatkaew, Nyakah Pierre, Maelie Pion, Gabriel Poitras, Bridget Pringle, Ben Rioux, Nicolas Robillard, Jane Rodi, Anthony Rombotis, Charlie Roy, Noah Roy, Mariam Rueda Flores de Diego, Joseph Ruf, Eva Savoie, Kate Scholl, Isabelle Smyth, Sarah-Jade St-Onge, Mike Sun, Louis Sullivan, Liam Sumun, Raphael Tellier, Marek Thibodeau, Daniela Tornberg, Charles-Eric Tremblay, Keita Tsutsumi, Anne Vilanculos, Frederic Vincent, Jade Wilson, Summer Wong, Jacky Xu, Keshia Zonnon

DOG WALKING

CANCER AWARENESS

PHELPS HELPS



ENVIRO/GARDEN

COMMUNITY FRIDGE

FISHING

Blake Dandenault, Charles Genereux, Taro Kosuga, Stanley Lin, Aidan Lynch-Staunton, Benjamin Magnan, Karyme Olan Gallardo, Roger Roger Marcoux, Agustin Palacios Roji, Benjamin Rioux, Sena Shirakabe, Holden Smits

FLAG FOOTBALL

Elijah Arrigo, Jackson Bell, Kamyl Chemrouk, Gabriel De Santis, David Deschatelets, Ryan Dwyer, Cory Logan, Zackarie Michaud, Brody Molloy, Malcolm Nicholson, Jeremiah O'Regan, Dylan Pelletier, Mathieu Perron, Jaxon Pierce, Oliver Plante, Mathieu Remillard, Len Richardi, Henry Riddell, Anthony Rombotis, Shawn Rugwiza, Liam Ryan, Max Sheppard

Braden Chastanet, Pablo Fernandez Giombini, Anais Grappe, Max Kogler, Braeden Labor, Maxton Lam, Aidan Lynch-Staunton, Abel Mier Sanchez, Brody Molloy, Jonathan Rombotis, Liam Ryan, Max Sheppard, Keita Tsutumi, William Towner, Lumina Yoshikawa

CHESS

ARTS AND CRAFTS

Loretta Arteaga, Xavier Corriveau, Julia Galicia Rodriguez, Begona Gonzalez Haces, Matthew Ma, Kate Scholl, Macarena Sedeno Vergara

BAGPIPE

Victor Wu

SEWING

Emma Carriere
Emanuel Ganz
Jeremiah O'Regan
Len Richardi
Henry Riddell

YOGA

Joelle Benoit, Adriana Desbiens-Senneville, Trofim Godochkin, Maelie Leduc, Lauren Loon, Malcolm Nicholson, Juho Virtanen, Arrie Zhang

MEDITATION

Kamyl Chemrouk, Kyle Cregan, David Deschatelets,

PODCAST

Evanny Archer Buzzell , CeciliaRiddell

activities

Art: Ben Rioux

OPENING WEEK

Challenging weather and a record number of students

Opening Day: 284 Students>>

There are 134 girls and 150 boys. Of those, 206 students are boarders, with 78 day students. There are 169 Canadian students, 35 from the USA, 26 from Mexico, 37 from Asian countries and 17 from other countries. There are 14 students in Grade 7; 25 in Grade 8; 48 in Grade 9; 58 in Grade 10; 70 in Grade 11; and 69 in Grade 12.

Hot, Hot, Hot! >>

New students arrived on a hot September 6 and, after checking in, participated in orientation games, alternating between the air-conditioned gym and Philip Field. Returning students arrived on September 7, with classes beginning on Friday.

The weekend included a casino/carnival on Thursday evening, house cheers Friday, our first Prefect Cup competition Saturday, a welcome dance at the Pat Burns Arena in the evening, and fireworks to cap off the night.

Activities Through the Weekend>>
Due to rain, our planned day at Park Ranch was postponed until the spring (but ultimately didn't occur). Instead, students watched the prefects defeat faculty in volleyball and then enjoyed skating at the arena, games and movies on campus.

TERRY FOX RUN

This year's Terry Fox Run raised approximately $3600 for cancer research

ACADEMIC TRIPS

Grade 7-8 Camping trip
Grade 9 Duke of Edinburgh - Mont-Megantic
Grade 10 Quebec City
Grade 11 Ottawa
Grade 12 University visits

ORANGE SHIRT DAY

Orange Shirt Day in recognition of the National Day for Truth and Reconciliation

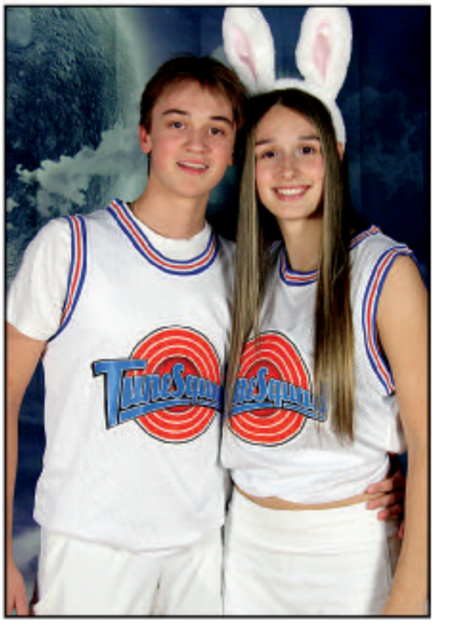
guest speaker
Dominque Hudon,
Class of 2020

HALLOWEEN

HALLOWEEN DANCE

PUMPKIN CARVING COMPETITION

PRIZES



BEST GROUP:
Mario Kart Crew
SCARIEST:
Ellie Jang
BEST DUO:
Jack & Annabelle
BEST DIY:
Maddie, Lana & Avah
FUNNIEST:
Quinn & Gloria

SCHOOL PLAY

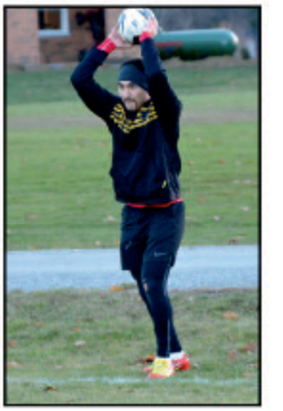
ACTING CAN BE MURDER BY EDDIE MacPHERSON

Dolores Gordon: Ellie French
Howard Weaver: Chaz Grenier
Beverly Gladstone: Alina Szemioth
Janet Duncan: Alison Om
Georgia Styles: Avah St-Pierre
Lloyd Fisher: Jack Carter
Guinevere Black: Maddie Labor
Isabella Watts: Tammy Osibanjo
Olivia Anderson: Sarah Leasure
Alice Oldacre: Sarah-Jade St-Onge
Odette Fairfax: Maddie Lippmann
Evan Biddle: Braden Chastanet
Geoffrey Chance: Will Laplante
Alberta Fisk: Annie LaMantia
Butler: Lumina Yoshikawa

Stage Managers: Lauren Loon, Madik Trottier
Lights, sound: Luke DeLaBruere, Jeremy Robert
Director: Nicki Campbell

FAC-PREF SOCCER

TEACHERS WIN!



CHRISTMAS EVENTS

Christmas events>>

Carol Service
Dinner and Semi-Formal
Free Skate
Gingerbread House Contest
Pyjama Day
Ugly Sweater Day

ACADEMIC ASSEMBLY

TERM 1

In January, the Academic Assembly recognized students who achieved the top averages by grade in their first term (November for Grades 7-11; December for Grade 12). Students in the senior grades received the coveted Red Sweater. They were (front) Luke DeLaBruere, Grade 11; Sum Long "Summer" Wong, Grade 12; Laurie Aubin, Grade 10; (back) Yihang "Kimmy" Xu, Grade 9; Clara Buck-Thompson, Grade 8; and Benjamin Magnan, Grade 7. Also pictured are Director of Academics Andrew Blair, Head of School Joanne Carruthers and Peter Boyd, former faculty and guest speaker. In September, the senior boys hockey locker room was named in Mr. Boyd's honour.

BLACK SWEATER

Madeline Lippmann became a two-time recipient of a Black Sweater for being the Major S winner (soccer) in the first term with an average of at least 80%. The recipient is chosen by program directors with consideration for the candidate's course level, course load and other school commitments.

150 STANSTEAD 1872 Est. COLLEGE

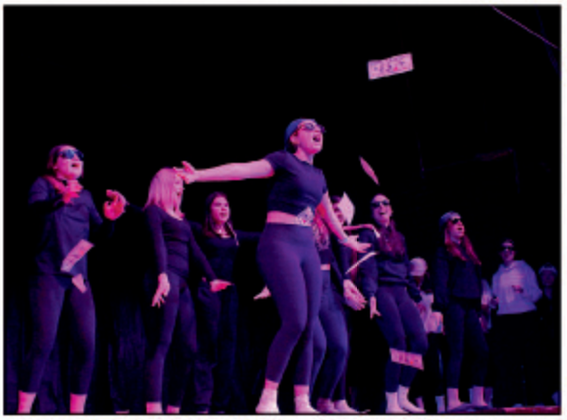
On Wednesday, January 7, 1874, after a year of construction, classes began for the very first time at Stanstead Wesleyan College. There were 139 students in that first year — 71 ladies and 68 gentlemen. Happy 150th anniversary to the very first Day 1!

WINTER

Pre-Carnival events>>
Monday: Tourist Day
Tuesday: Jersey Day
Wednesday: Eras Day
Thursday: Scrabble Day
Friday: PJ Day

Friday>>
STAFF VS PREFECT BROOMBALL
ASIA VS MEXICO HOCKEY GAME
FIGURE SKATING COMPETITION
FREE SKATE

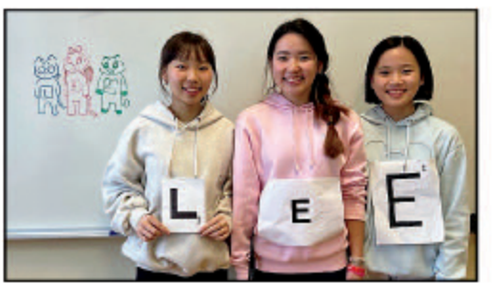
Saturday>>
OUTDOOR ACTIVITIES
ALL-CAMPUS BROOMBALL
LIP-SYNC
BONFIRE



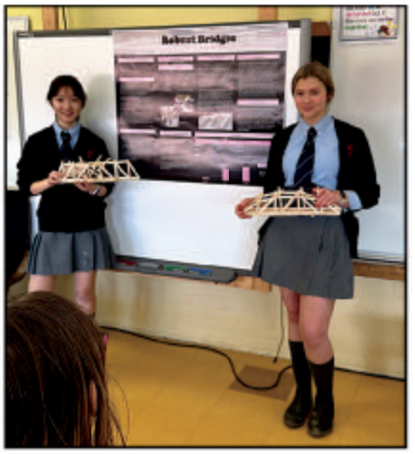
CARNIVAL

Sunday>>
SUGAR SHACK BRUNCH
SPARTAN'S SPIRIT HOCKEY GAMES
SLIDING/TUBING

Monday>>
TUBING @ VAL CARTIER
SKIING @ OWL'S HEAD



JR SCIENCE FAIR



Students in Grades 7, 8 and 9 presented their Science Fair projects at the annual Junior Science Fair. There were 48 projects in all. The following are the winners.

Grade 7

2nd place - Felix Pollender and Sena Shirakabe - Which water is best for pasta; testing the boiling point

1st place - Arnold Jiang and Raymond Ju - How much weight does a black hole need to trap a ball?

Grade 8

Honourable Mention - Juliette Bernardi - What type of liquid is best for algae growth?

3rd place - Macarena Sedeno Vergara and Jade Thibault - Does music affect blood pressure?

2nd place - Aidan Hynes - Which toothpaste is best at removing stains?

1st place - Clara Buck-Thompson and Kaitlyn Wanka - Which paper towel brand can absorb the most

Grade 9

Honourable Mention - Natalia Chenier and Isabelle Smyth - Which anti-acne cream is the best?

3rd place - Jane Rodi - Which pain reliever dissolves the fastest in acid?

2nd place - Sara Martinez and Keshia Zonnon- Sugar Fermentation- Which sugar alternative produces the most carbon dioxide?

1st place - Lumina Yoshikawa and Sarah Leasure - What is the best bridge design?

WINNERS

Grade 7

Grade 8

Grade 9

FLOWER FORMAL

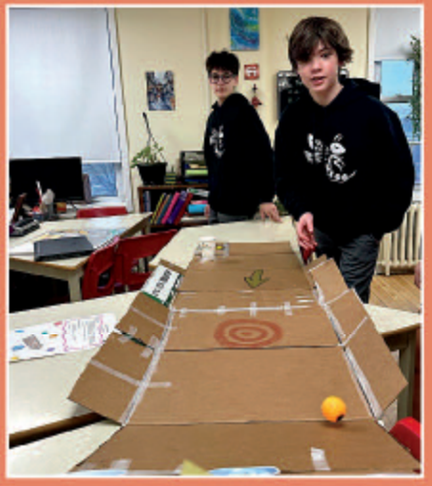
100 DAYS

The Grade 12 Class of 2024 came together to celebrate the 100-day countdown to graduation.

MULTICULTURAL WEEK

PINK SHIRT DAY

GRADE 7 PROBABILITY GAMES



CAFE CAPPUCCINO

Chaz, Johnny G, Avah, Emma W, Maddie, G, Dyke, Max - Down On The Corner - CCR

Quinn and Holden, aka The Smits, Max, Dyke - Need You Now - Lady A

Avah, Keira, Kaitlyn, G, Dyke - Used To Be Young - Miley Cyrus

Katie Zhang - "Chinese/English song" - G.E.M.

Gloria, Jana, Spirk, Chaz, Dyke - Tennessee Orange - Megan Moroney

Milla, Ren, Jeremy, Luke, Eric Z, Kimmy - Teenage Dream - Katy Perry

Kimmy Xu - I Don't Wanna Be You Anymore - Billie Eilish

Ms Smith, Zoey, Maddie, Emma W, Max, Dyke - Symptom of Being Human - Shinedown

Avah, Dyke - The Talylor Swift Eras Medley

Ben F, Jose, Eric Z - Life Is A Highway - Rascal Flatts

Emma Mac, Zoey, Keira - Riptide - Vance Joy

Parker, Kimmy, Eric Z, Johnny G, G, Dyke, Max - Heartbreak Hotel - Elvis Presley

Parker, Victor, Arnold, Bella, Eric Z, Mike Sun, Kimmy, Anais, Milla - Shed A Light - Robin Schulz

Axelle, G, Milla, Luke, Summer - All I Want - Olivia Rodrigo

Xavier, Luke, Eric, Victor, Ren - We Are The Champions

Avah, G, Keira, Kaitlyn, Maddie - What Was I Made For - Billie Eilish

Jasmin, Tyler, Juho, Nylie, Chaz, Trofim, Max - "A" Team - Ed Sheeran

Emma W, Eric Z, Luke, G, Max, Avah/Ms Kirby/Maddie - Rolling In The Deep - Adele

Kimmy, Jeremy, Eric Z, Max - If I Ain't Got You - Alicia Keys

Nylie, Juho, Karson - original rap

Kyle, Spirk, Dyke - The River - Bruce Springsteen

Avah, Ren, Summer, Luke, G - Vampire - Olivia Rodrigo

Jana, Jeremy, Luke, Eric Z, G, Dyke, Max - Careless Whisper - George Michael

FAC-PREF B'BALL

The wining continues for the teachers...

TOTAL ECLIPSE

On Monday, April 8, Stanstead along with large portions of North America were in the path of totality for a rare total eclipse of the sun. Students spent the final class of the day outside with protective glasses watching the moon slowly pass over the sun and then – spectacular totality for 3.5 minutes! (Eclipse photo: Mrs. Smith)

ACADEMIC ASSEMBLY

TERM 2

In April, the school presented certificates and pins honouring those who had achieved academic success in the second term. The evening included presentations to individuals who earned top averages in all grades. Students in Grades 10, 11 and 12 received red sweaters in recognition of their success. They were: Grade 7: Benjamin Magnan; Grade 8: Clara Buck-Thompson; Grade 9: Lumina Yoshikawa; Grade 10: Laurie Aubin; Grade 11: Luke DeLaBruere; Grade 12: Jiaxuan "Jacky" Xu. The guest speaker for the evening was Siân Morgan.

Madeline Lippmann won her third Black Sweater for being the top Major S winner (basketball) in the second term with an average of at least 80%.

SPRING ALL-CAMPUS

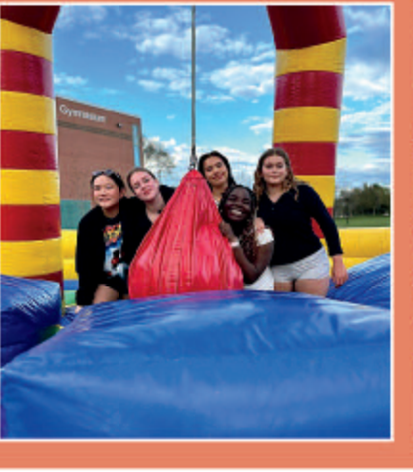
Results after spring events: South: 44; North 48; East 55; West 62

GRANDPARENTS' DAY

On Thursday, May 9, we offered grandparents the opportunity to get a little peek at what their grandchildren experience every day at Stanstead College. Activities included a campus tour given by their grandchildren, attending classes, meeting with the head of school and lunch in the dining hall.

WORLD BOOK DAY

SPRING FLING



HOMECOMING

Alumni (and former head) return >>
Nearly 200 alumni and friends of Stanstead College turned up on campus Saturday for Homecoming 2024.

Alumni registered, mingled and gathered for a barbecue lunch. This was followed by the official opening of Wolfe House, with former head of school Michael Wolfe on hand.

In his remarks, Mr. Wolfe said he was completely overwhelmed, extremely proud and very humbled by the honour. He paid special tribute to wife Amy, "the best wife, mother, heads's spouse, and friend anyone could ever have."

The afternoon was then filled with sports, starting with senior boys and girls rugby versus Chateauguay Valley Regional, both teams piped onto the field by our own Andrew Blair.

Meanwhile, the Amaron gym saw a game of alumni basketball, while over at the Pat Burns Arena, former members of the girls hockey team gathered for the first-ever alumnae game.

OPENING OF PHILIP'S WAY

Following All-Campus Day, students and staff gathered to officially open "Philip's Way," a path from Cowen House to a small green space by the Student Centre that has been reconfigured to include benches, shrubs and the bell from the College's original building.

A granite medallion at the heart of the walkway reads, "Philip L. Webster: Longtime Dedicated Steward of Stanstead College."

Philip Webster was a member of the Stanstead College board of directors from 1973 to 1995, serving as chair from 1989 to 1995. He has been on the council of trustees ever since. From 1985 to 2021 he was a member and then president of the school's Red & White Educational Foundation.

Mr. Webster was joined by his family for the opening.

ALL-CAMPUS DAY

Final results: 4th North; 3rd South: 44; 2nd East; 1st West

CLOSING ACTIVITIES

Water Fight>>

Spartan Race>>
Raising funds for local families displaced by fire

Closing Dance>>
Beach Party

Variety Show>>
And fireworks

athletics

Art: Kaitlyn Wanka

SENIOR BOYS SOCCER

STANSTEAD INVITATIONAL CHAMPS

Front: Luke DeLaBruere, William Towner, Mr. Andre Simard (coach), Chaz Grenier, Mr. Graham Chandler (coach), Mauricio Lopez Sanchez, Dr. Jeffrey Standage (coach), Matteo Paradis, Nicolas Robillard
Middle: Christopher Leclerc (manager), Santiago Prieto Coppel, Mason Béasse, Jordan Ilunga Katalayi, Shun Hatano, Liam Wallace, Emanuel Ganz, Bo Bailey, Frédéric Vincent, Erik Fabian, Emiliano Maciel, Ryder Busto
Back: Beckett Kristensen, Joshua Lippmann, Henry Riddell, Jeremiah O'Regan, Gabriel De Santis

The 2023 version of the Senior Boys Soccer Spartans were a joy to coach. They were an enthusiastic, energetic and competitive group of young men who made our journey a really fun one. Going into our season, we established four team objectives. One, win our own 2nd Annual Stanstead Invitational Tournament, and we did! Two, a big challenge, but play in either the gold division (top 8) or silver (top 16 teams) at the CAIS tournament at Ridley College. We did, we played in the silver division and finished 15th out of 20 teams. Thirdly, we aimed to claim the ETIAC regular season banner. We came close, so very close. It came down to needing to score one goal at home against MVR. Unfortunately, we had a scoreless tie and finished second. Finally, we wanted to win the ETIAC playoffs and earn the trophy. We won our semi-final against Galt, 1-0, but lost in the final, 1-0 to Richmond. That was a cruel loss! Overall, we played 19 games, winning 9, tying 5 and losing 5. We scored 30 goals and allowed 19.

Our season highlights included our two best games of the season, both at CAIS, against traditional powerhouses LCC from Montreal and St. Andrew's College, gold division finalists, from Toronto. While we lost both games by narrow 2-1 margins, we played out of our skin in these exciting and intense matches, and proved we were a pretty decent team. The most rewarding highlight was to see the collective improvement of team members, and the wonderful team spirit and tight bond created over a short season.

I congratulate all team members for a fun season and hope they remember their soccer experience with Spartan pride. Finally, I thank our allenatore (Italian for coaching staff) Mr. Andre Simard and "Doccie" Jeff Standage for their time, interest, dedication, and sense of humour. Well done, and I can hardly wait for next year!!

- Graham Chandler

ETIAC REGULAR SEASON CHAMPIONS

SENIOR GIRLS SOCCER

Instead of a normal yearbook article, I am going to use my last writeup of the year, written one day after the 2023 ETIAC final. It sums up my feelings perfectly about this exceptional season of Spartans Soccer.

After a hard-fought, high-quality ETIAC final on Wednesday where we outplayed a tough opponent but came up short in an overtime shootout (which happens all the time in soccer), and after the last practice of the season where we got our arts and crafts and milkshakes on, I just want to say thank you.

Thank you for that amazing second half and overtime. Against a team with strong midfielders, exceptional defenders and an all-world goaltender, and with time winding down and the pressure mounting, that is usually when a team will abandon passing and possession and just start panic-kicking the ball forward. But not you guys. The poise you played with, the commitment to winning the ball and doing something purposeful with it was unbelievable. That was real soccer. When you take the level of competition – MVR is big, strong, fast and disciplined – and the moment (OMG The Finals!) into account, maybe the best we've played all year. You won and kept and passed the ball and kept the pressure on so well that you reduced a very good team to kicking/punting the ball out of their end and just hoping for a mistake that would give them a break-away. That's all they had left. They could not construct anything after halftime, because you guys locked in and were JUST THAT GOOD.

Thank you for that final "Whose house? Our house!" after the game, preceded by Camryn's, Sofia's and Maddie's heartfelt (for some, tearful) season-ending words to the team. One of my favourite moments of the year.

Thank you to all of you who played through injuries, the ones I knew about AND the ones you lied to me about. You're one of the toughest teams I've coached. No complaining. No excuses. Just quietly finding a way to give your all, despite sprained ankles, groin pulls, shin splints, torn ACLs(!) and whatever else you guys had but wouldn't tell me about.

Thank you for no drama. Whatever issues you had amongst yourselves, you kept it off the field and always put the team first.

Related to the "no drama," thank you for making the season work with 22 players (the most we've ever kept) but only 18 starting spots per game. You have no idea how much I appreciated the maturity with which you accepted not being on that day's game roster. And when you would still want to come to the game, even if you weren't playing, to support your teammates? Made me proud to be a coach at this school.

Thank you to Nya and Natalia who, without any prompting from the coaches, had cards made up and signed for their teammates. So thoughtful!

Thank you to everyone for making the effort to write meaningful messages for Avah, Camryn, Carolyn, Gloria, Jana, Lana, Maddie, and Vivianne. It took some time, but trust me, when the seniors happen upon those hearts a couple years from now, your words will mean so much to them and bring back sweet memories.

And a final thank you to each and every one of you. You all got together for the first time at tryouts, back on September 8, that Friday, the first real day of school. You didn't know anybody's names, just your friends. Who knew where this would lead? Then for the next seven weeks, you fully committed to a whirlwind, punishing, rainy(!) season where you played 18 games vs only 12(!) practices. You became a team, and most importantly you became teammates. You accomplished things on the soccer field you could never accomplish alone, you were part of something bigger than yourself, and you shared experiences that will always keep you connected.

- Coach Van Dyke

Front: Carolyn Berkling Drouin, Jana Loparic, Vivianne Suverza de Diego, Avah St-Pierre, Annie LaMantia, Madeline Lippmann, Lana Peasley, Gloria Riddell, Camryn Moore, Sofia Martinez Ajzenman
Back: Mr. Erik Van Dyke (coach), Keshia Zonnon, Jade Wilson, Fatima Moreno Anitua, Alexa Gagné, Gabriella Leroux, Edythe McKenzie, Emilie Labonté, Jadin Bingham, Nyakah Pierre, Natalia Chenier, Valerie Lin, Addison Pierce, Ms. Laura Kirby (coach)

JUNIOR BOYS SOCCER

ETIAC
REGULAR SEASON
& PLAYOFF
CHAMPIONS

Front: Blake Dandenault, Josuke Masuda, Patricio Morelos Zaragoza Serra, Mike Sun, Pablo Fernandez Giombini, Gabriel Poitras, Max Sheppard, Benjamin Firszt, Walker Smits, Abel Mier Sanchez
Back: Mr. Duane Liverpool (coach), Mathieu Remillard, Noah Grenier, Joshua Wong Duarte, Felix Fortmann, Juan Patricio Oropeza Gonzalez, Dylan Pelletier, Mathieu Perron, Liam Ryon, Alejandro Ruelas Perez, Shawn Rugwiza, Charles Genereux, Vincent de la Riera, Louis Sullivan, Anthony Rombotis

From the first day we stepped onto the pitch, I had suspicions that this season would be special. We knew that it would take hard work, commitment, and resilience to reach the pinnacle of success.

This championship isn't just about the shiny trophy or the accolades that accompany it. It's about the countless hours of practice, the tedious two-man passing drills and the numerous pushups for shots rocketed over the net. Its about the unbreakable bond that we forged as a team. It's about the lessons we learned on and off the field, the growth we experienced as individuals, and the incredible journey we embarked on together.

We faced formidable opponents, but we never wavered. We believed in ourselves, in our abilities, and in each other. We knew that success would only come through teamwork, resilience, and a relentless spirit. And that's exactly what we displayed on every matchday. We celebrated together, and we faced challenges together. We showed sportsmanship and respect to our opponents, and we embodied the true spirit of the beautiful game. The way we conducted ourselves throughout the season speaks volumes about the character of this team.

But most importantly, I want to commend each and every player on this team. You all contributed in your unique ways, and together, we created a legacy that will be remembered at Stanstead College for years to come. Remember, a team is not just about the players on the field; it's about every single person who wears the school colors and represents our values. Let's continue to be champions not only on the soccer field but also in our lives. Let's carry the lessons we learned, the friendships we forged, and the values we upheld into our futures.

Congratulations, Stanstead College Junior Boys' Soccer Team on an outstanding championship-winning season! Thank you for being the embodiment of teamwork, excellence, and perseverance. I can't wait to see what the future holds for all of you. Go Spartans!

- Coach Liverpool

JUNIOR GIRLS SOCCER

At the start of this season, we really had no idea what to expect from this team. Everyone who had been on my team last year was either gone, done with soccer, or moving up to the senior team. We had a great turnout for tryouts, with a lot of new faces.

We had to start by making a few cuts, still taking a very full team of 22 players, which meant four girls would not play each game. Coach Guerrera and I talked about it and decided to share the missed games between all the girls and get everyone as much playing time as we could to keep the focus on player development. And this is largely because during the tryouts, we could see there was a definite need for a lot of development!

We ended up with half the team being junior age and half being bantam age. But what we liked about the team was that even though they needed some skills work, they made a solid effort in practice, paid attention (for the most part) during drills, and began showing improvement.

Where in our first couple of games we would see girls put their head down and try to run through three defenders instead of passing the ball to an open winger, they started moving the ball, communicating, and using the full field. We saw passing get crisper, and running with the ball get smoother. This led to us getting our first win of the year against BCS. Throughout the season, we kept handling the ball better, maintaining possession, and really working as a team. It got us into the playoffs against Galt, where our season unfortunately ended.

It was a fun and enjoyable season for us as your coaches, and we look forward to more memories (and more laps of the field) with those of you returning next year!

- Coach Peasley

Front: Zoey Keefe, Julia Galicia Rodriguez, Miranda Angel Garcia, Sara Martinez Ajzenman, Maria Jose Garza Paredes, Alexa Cardenas, Camila Pescador Casas, Macarena Sedeno Vergara, Juliette Bernardi, Jane Rodi
Back: Mr. Thomas Peasley (coach), Keira Curtis, Kaitlyn Wanka, Jade Thibault, Mariam Rueda Flores de Diego, Caitlyn Bell, Daniela Tornberg, Clara Buck-Thompson, Antonia Thume, Katie Liu, Evanny Archer Buzzell, Cecilia Riddell, Begona Gonzalez Haces, Ms. Karina Guerrera (coach)

BANTAM BOYS SOCCER

Front: Sena Shirakabe, Carlos Rogel Tovar, Mederick Bizier, Aidan Hynes, Ethan Liverpool, Bryson Dodge, Jose Palacios Roji Diaz, Holden Smits, Santiago Mercado Guerra, Jonathan Rombotis, Garrett Dodge
Back: Félix Pollender, Braeden Labor, Arnold Jiang, Benjamin Magnan, Yi Ren, Xavier Corriveau, Ms. Kyra Borsoi (coach). Missing: Benjamin Rioux, Raymond Ju, Jacob Leduc

This season, the bantam boys team had a 19 man roster. That's nineteen Bugbee boys running around causing a ruckus wherever they went, especially on the field. I might remember the season a little differently from the players, but there are a few moments I will not forget.

The first goal of the season that came from a corner kick that Carlos headed right in the net.

Jose scoring the tying goal against MVR with only minutes left in the game.

Sena pulling out defensive moves that I definitely did not teach him.

Bryson gearing up for the final minutes of the season and making his first save.

And certainly the bus rides in 21 passenger were always a little too chaotic.

Although we had our success, Galt was a challenge that we struggled with. However, the second time we faced them a lesson was learned. We were down, with little hope in sight. As team, they regrouped during the second half, they all dug deep and played with them for the remaining 35 minutes. That's what it's all about. The score didn't matter at that point because the boys never gave up. It might not seem like it but that's what improving and getting better looks like.

There are only three things that I want you all to take away from this season: to always have fun, to never give up, and most importantly, yes, we are ALWAYS going to McDonald's.

- Coach K

CROSS-COUNTRY RUNNING

One thing that people often misunderstand about cross-country running is that it is an individual sport while also being a team sport. Every runner on our team works hard to get their best personal time all while getting the best possible result for the team. Runners are leveled by age and gender. The top seven runners for each level earn points for the team with a total of 28 points up for grabs at each race. The higher you place in a race, the more points you earn for your team. The object of the season is simple: at the end of the fourth and final race, you want to be the team with the most points.

Our team was composed of 18 runners with 14 of them running at the senior level. Remember, each level has 28 available points, so we knew we were going to have to clean up at the senior level to have a chance to bring home the banner this year. Although the seniors did in fact clean up, it still was not enough to be back-to-back champions!

If I had to describe this season in just one sentence, I wouldn't be able to. What I will say is that this team came together. They constantly supported each other and cheered each other on. This season was Charlie always running with a smile on her face. This season was Joelle and Adriana running side by side for the entire race only to have Adriana turn on the jets in the final meters to finish ahead of Joelle. This season was Hayley and Kate insisting on ending every race in a tie. This season was Sarah discovering her love of torture when she was helping me start the sprints. This season was Arrie's intense running face. This season was Ziyu always walking unless he knew we could see him. This season was Justin's "stretching" or lack thereof. This season was Keita secretly hiding his speed for the last race. This season was Noah body checking Liam during the final practice to give him a chance to finally beat his brother. Congratulations on another stellar season!

- Coach Delorme

Front: Mr. Josh Delorme (coach), Charlie Roy, Halle Khanna, Quinn Smits, Adriana Desbiens-Senneville, Joelle Benoit, Liam Sumun, Sarah Leasure, Kimmy Xu
Back: Ms. Keri Reynolds (coach), Ziyu Wang, Arrie Zhang, Hubert Melancon, Keita Tsutsumi, Justin Dupuis, Noah Sumun, Liam Decoursay, Hayley Wolfe, Kate Collins. Missing: Andrew Dahms

ULTIMATE FRISBEE

RSEQ
JUVENILE D4
CHAMPIONS

Front: Parker Saunders, Zoe Charland, Isabelle Smyth, Laurie Aubin, Noémie Cloutier, Elijah Arrigo, Maélie Laforge, Raiah Filleul, Lumina Yoshikawa, Carrie Huang, Noah Haddad
Back: Mr. Tyler Carruthers (coach), Cory Logan, Jackson Bell, Brody Molloy, Jack Carter, Vincent Leclerc, Noah Roy, Braden Chastanet, Nathan Crane, Agustin Palacios Roji, Tyler Battah, Taro Kosuga, Joseph Ruf, Jacob Beasse

There is no doubt in my mind that this season will be forever as the time and year that Stanstead College ultimate Frisbee officially took its first step and showed the rest of the RSEQ what it means to be a Spartan. From showing up to first practice and having 58 try out with only three Frisbees, to spending an entire week prepping for our first weekend tournament jamboree and showing up to find out it's a five-on-five, not seven-versus-seven, the season had a bumpy start. But as we started to develop our handling skills and becoming comfortable throwing at further distances, we became a fierce opponent. Watching every single one of you throughout this season learn to work together and become more than just a team reminded me of my time here. The weird, wacky things that happen while we're traveling, playing and just practicing is what made our team our team.

- Coach Carruthers

BADMINTON

Front: Melanie Li, Katie Zhang, Hana Abe, Cici Zhou, Hina Hayakawa, Julia Lee, Keita Masuda, Anaïs Grappe, Gawon Lee, Kayla Lee, Emma Wahhab, Raymond Ju, Zofia Kaczynska, William Neeposh, Emma Chen
Middle: Ren Nakamura, Tony Ju, Cindy Zhao, Eva Savoie, Mariana Ortiz Doval, Alison Om, Ellie Jang, Alice Machida, Grady Hanna, Summer Wong, Alex Comtois, Allen Liu, Daniel Liu, Jacky Xu, Roger Roger Marcoux, Stanley Lin, Ms. Allie Fraser (coach)
Back: Mavis Liu, Benjamen Knapp, Chris Collins, Patricio Arizaga Delgado, Marek Thibodeau, Aidan Lynch-Staunton, Matthew Ma, Owen Kwak, Jeremy Robert, Lam Wang, Barron Trottier, Eric Zhang, Alvin Qian, Yuhe Wang, Johnny Zhang, Maxton Lam, Jihoo Park. Missing: Léa Matoush-St-Cyr, Len Richardi, Maxime Cloutier

VOLLEYBALL

Front: Ms. Magali Gagnon (coach), Lauren-Loon, Milla Fang, Deanna Wright, Alina Szemioth, Bella Fang, Abygail Dewey, Ms. Sabrina Scrabbi (coach)
Middle: Paulina Camarillo Chouza, Loretta Arteaga, Tammy Osibanjo, Melissa Kakayuk, Siena Hayman, Anne Vilanculous, Madik Trottier, Noah Papillon
Back: Marcia Soares Correia, Andrea Camarillo Chouza, Lucie Lyu, Matylda Stepien, Sarah-Jade St-Onge, Emma Carrière, Emma Catallozzi, Maddyn Labor, Karyme Olan Gallardo, Victor Giroux, William-Antoine Laplante. Missing: Maélie Leduc

OUTDOOR PURSUITS

Kate Scholl, Vaughn Sutherland, Joe Liu, Lucia Bruemmerhoff Ruiz, Benjamin Smith, Ms. Nicki Campbell (coach), Pik Phochatkaew, Victor Wu

ATHLETES OF THE WEEK

WEEK 1

Mauricio Lopez
Senior Boys
Soccer

WEEK 2

Oliver Plante
Varsity Boys
Hockey

WEEK 3

Kaitlyn Wanka
Junior Girls
Soccer

WEEK 4

Holden Smits
Bantam Boys
Soccer

WEEK 5

Liam Sumun
Cross Country
Running

WEEK 6

Juan Patricio Oropeza
Junior Boys
Soccer

FALL ATHLETIC ASSEMBLY

MVPs - Merle Griffin Trophy (SG Soccer), Camryn Moore and Natalia Chenier; William Greenshield Trophy (Running), Liam Sumun; Bobby Moore Trophy (SB Soccer), Chaz Grenier

Bantam Boys Soccer: Bantam S: Benjamin Magnan, Benjamin Rioux, Holden Smits; Sportsmanship:Ben Rioux

Junior Girls Soccer: Junior S: Daniela Tornberg, Begona Gonzalez Haces, Clara Buck-Thompson (missing), Kaitlyn Wanka; Sportsmanship, Jane Rodi

Junior Boys Soccer: Junior S: Gabriel Poitras, Juan Patricio Oropeza Liam Ryan, Alejandro Ruelas Perez, Max Sheppard, Pablo Fernandez Giombini; Sportsmanship: Shawn Rugwiza

MAJOR S

Senior Boys Soccer Major S: Mauricio Lopez Sanchez, Gabriel De Santis, Chaz Grenier

Senior Girls Soccer: Senior S: Valerie Lin, Avah St-Pierre, Gloria Riddell Sportsmanship: Sofia Martinez Ajzenman

Senior Boys Soccer: Senior S: Jordan Ilunga, Henry Riddell, Matteo Paradis and Luke DeLaBruere; Sportsmanship, Emiliano Maciel

Senior Girls Soccer Major S: Camryn Moore, Natalia Chenier, Maddie Lippmann

Cross Country Running: Senior S, Halle Khanna (missing), Noah Sumun, Adriana Desbiens-Senneville and Joelle Benoit; Sportsmanship, Hayley Wolfe

Cross-Country Running Major S: Liam Sumun

Ultimate Frisbee: Senior S: Parker Saunders, Brody Molloy, Zoe Charland; Sportsmanship: Tyler Battah

VARSITY BOYS HOCKEY

CPSHA CHAMPIONS

Front: Max Kogler, M. Chan (asst. coach), M. Thompson (head coach), Raphaël Tellier "C", Tomas Nyberg, Jaxon Pierce "C", L. Vanasse (asst. coach), Trofim Godochkin, Jacob Leblanc
Middle: Tyler Palin, Kyle Cregan, Charles-Eric Tremblay, Karson Kerbes, Maxime Lapointe, David Deschatelets, Malcolm Nicholson, Ryan Dwyer, Juho Virtanen
Back: Marc El-Hawat, Kamyl Chemrouk, Zackarie Michaud, Oliver Plante
Missing: Jasmin Tremblay

A lot of times we don't want to call things a comeback, but we are very happy to call this season "a comeback for the ages."

The varsity boys hockey team had a solid and consistent season. The 2024 portion of the season saw us pick up steam and really roll off a streak of wins, including some very big NEPSAC wins, particularly a win over NEPSAC Elite 8 Champions KUA. With fun road trips, solid results and lots of learning, our season highlight no doubt came at the CPSHA National Tournament. We started the event with a loss and then rattled off a string of amazing performances. In the end we stood on the blue line as champions after a big comeback win over UCC. What a year. Champions walk together, forever!

- Coach Thompson

VARSITY GIRLS HOCKEY

2023-2024 was a year of learning, growth and development. We played the toughest schedule in our history and the toughest schedule of any prep school team in Canada. We earned a record of 40 wins, 18 losses and 7 ties, losing by one goal, 3-2 in our league's championship final for the second time in three years.

By focusing on the process of getting better every day, we accomplished 2 out of our 3 goals.

1st We wanted to secure college advancement opportunities for our graduating players. This is an individual goal that requires the support of the entire team. We achieved this as every graduating player has options to play college hockey next year. Way to go, girls!

2nd We wanted to beat the #1 prep school team in North America, Shattucks St. Mary's. We did this in Minnesota, with a wicked performance, in particular our goalie, Joliane Tremblay, who made 27 saves in a 1-0 shut out. Rosalie Tremblay ripped a good one, early in the first to give us the lead, we hung on the rest of the way, simply amazing. We also beat the #1-ranked New England prep school champion, Nobles & Greenough 3-2 in OT on their turf. Again, Rosalie Tremblay's OT winner proved to be the difference there; Joliane was outstanding too.

3rd We wanted to win the JWHL Play-Offs. Ever since we've been in the league, we have been dominant in regular season play, only to lose in the play-offs. This year, we took a different approach. We did not worry about our regular season record. Instead, we focused on getting better every day while learning more and more about our opposition. This strategy almost worked, as we came up big in the semi-final, defeating a strong Balmoral team, before losing a tight 3-2 game in the championship.

With 14 new players in the line-up this year, we needed the entire 6.5 months to come together as a team. While we didn't win the championship, we grew more than any team I can remember.
You supported each other win or lose. We had several tough one-goal losses, not once did you every blame each other.

You gave us energy. There were days, after coming home from the road, teaching a full day of classes, having the late night practice slot, where I came to rink, a little low on energy. Within minutes of being on the ice with all of you, I could feel my own energy levels increase. You always gave your all, came to the rink with a smile, and truly enjoyed each other, right up to the final game.

You learned how to win. Some years, we have had to learn how lose, in a healthy way. This year, with so many new faces on the team, we had to learn how to win. After losing many tough games by 1 goal in the first half of the season, the second half was more successful. We made it to the final of Ottawa, went undefeated in Washington, and took 3 of 4 in Minnesota.
Given our strong second half, I am looking forward to the future of Stanstead College Girls Hockey. With so many of you coming back next year, I anticipate another great season next year.

- Coach Pimm

Front: Axelle Beaudoin, Sara Sevcikova, Emma MacIntyre "A", Maxim Tremblay "A", B. Pimm (coach), Alexia Aubin "C", M. Labonté (asst. coach), Maélie Pion "A", Rosalie Bouchard, S. Pimm (manager), Joliane Tremblay
Middle: Jamie Arsenault, Ellie French, Rosalie Tremblay, Annabelle Cormier, Florence Blanchette, Hanna Obermayr, Charlotte Hughes, Bridget Pringle, Pénélope Lavoie
Back: Charlotte Labrèche, Victoria Borg, Skylar MacLean, Berta Mozolai, Charlie Pampalon, Ella Malloy, Isa MacPhee

PREP BOYS HOCKEY

Front: Gabriel Poitras, Brody Molloy, Dylan Pelletier, Justin Dupuis, O. Magnan (coach), Jack Carter "A", G. Ouellet (asst. coach), Matteo Paradis, Frédéric Vincent "C", Jackson Bell, Liam Ryan
Middle: Hubert Melancon, Max Sheppard, Mathieu Perron, Nathan Crane, Liam Wallace, Vincent Leclerc, Beckett Kristensen, Emanuel Ganz, Owen Kwok
Back: Jordan Ilunga, Mathieu Rémillard, Gabriel De Santis, Ryder Busto, Elijah Arrigo, Cory Logan

This year was a valuable learning hockey experience. I remember the very first team practice we had, I went to Guy and said, "Wow, look at these guys, we are already ahead of last year!" We had a young and talented group.

We soon realized that the downside of being young is a lack of consistency. For example, on our home tournament, we beat Collège de Levis, who is the best team In Quebec! Our "A" team showed up that day! But when the "B" team was playing, we could lose to any team. We had the same problem in our practices. Good practice, bad practice, bad start, great finish, great start, bad finish... Here is some advice for everyone: preparation is the key to success. It's not a switch you can turn on and off whenever you like.

Overall, we are very happy with everyone's progress this year. Despite losing our last three games of the year we played our best hockey over the three days we spent at the Provincials.

Here are some highlights of the season: we finished second place in our division; we lost in the final to Cardinal-Roy in the Neil Tournament in February.

- Coach Magnon

JWHL CHAMPIONS

PREP GIRLS HOCKEY

Bringing together a young group of girls made up of different personalities, from different countries, with different backgrounds, is never easy. But the hardest part of a season is that growth isn't linear. You don't start the season and just keep getting better and better. It doesn't work that way. You go up, you plateau, then you get worse. Then you get better. The thing that kills people and teams the most is the plateau stage. That's when people stop working because they think, "It's not working anymore," or "I'm not getting better." Or they blame others. They start to feel stuck.

This is normal, and it's okay. If you stop and give in to it, you won't go up anymore. But if you stay with it, those plateaus will become a springboard to growth. It's all about your approach and your ability to then come together to grow and chase a common goal. The common goal of winning.

But here's what you should know about winning before you chase it. Winning's not loyal to you. It doesn't care about you. Winning doesn't care how sore you are. Winning doesn't care about how much sleep you get. Winning doesn't care how hard you work at times. It's sometimes an opponent who doesn't work has hard as you and yet still wins. Winning isn't fair. Winning requires all from you but promises you nothing. It's a mastermind of creating fear and doubt in your mind.

So the question is, are you willing to sprint when the distance is unknown? And why chase this thing called winning?

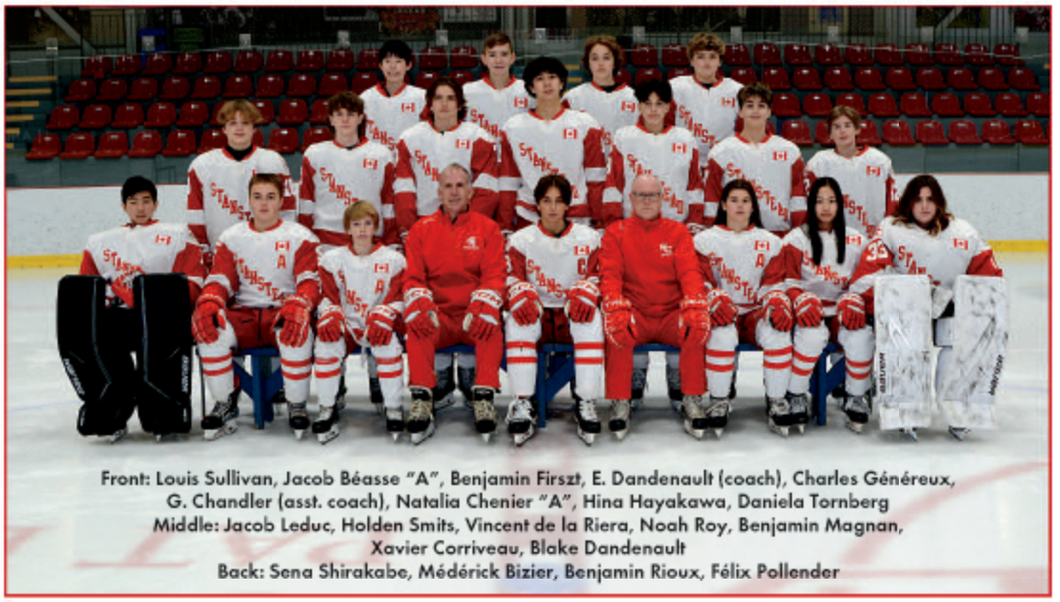
In the JWHL championship game on March 3, in the third period, we scored 3 goals to win 3-2 with 3.7 seconds left.

That is why you chase winning, the feeling that it gives you that everything you sacrificed, all of the setbacks, and all of the hard work was worth it. They say the windshield is a lot bigger than the rear view mirror because what's in front of you is so much more important than what's behind you. If that's so, look back and remind yourself of that feeling of winning and use that to continue to chase it.

- Coach Tougas

Front: Jade Wilson, Laurie Aubin "A", Zoé Charland "A", C. Tougas (coach), Noémie Cloutier "A", M. Chan (asst. coach), Alexa Gagné "A", Lana Peasley, Annie LaMantia
Middle: Matylda Stepien, Raiah Filleul, Emilie Labonté, Siena Hayman, Kate Scholl, Isabelle Smyth, Katie Liu
Back : Caitlyn Bell, Maélie Laforge, Jadin Bingham, Keshia Zonnon, Addison Lancaster
Missing: Antonia Thume

U15 HOCKEY



Front: Louis Sullivan, Jacob Béasse "A", Benjamin Firszt, E. Dandenault (coach), Charles Généreux, G. Chandler (asst. coach), Natalia Chenier "A", Hina Hayakawa, Daniela Tornberg
Middle: Jacob Leduc, Holden Smits, Vincent de la Riera, Noah Roy, Benjamin Magnan, Xavier Corriveau, Blake Dandenault
Back: Sena Shirakabe, Médérick Bizier, Benjamin Rioux, Félix Pollender

The Stanstead College Spartans U15 hockey team completed the regular season with an overall record of 24 wins and 7 losses. This record had the team ranked in third place in the Metropolitan Division of the RSEQ, and seventh overall out of 50 teams from across the Quebec. Most noteworthy, the young Spartans defeated first-place College Sainte-Anne in overtime during the playoff semi-finals to qualify for the championship final at Concordia University. Although the team lost by a heartbreaking 1-0 score to Heritage, they attended the Provincial Championships from April 25-28 in Quebec City as the Metropolitan League finalists. The team faired well, despite losing 3-1, 3-2 and 5-1 in the quarter-final game.

Other memorable experiences included playing two games at Eaglebrook School in Massachusetts, three games at Cardigan Mountain School in New Hampshire and hosting a touring team from Hong Kong. Overall, this was an incredibly positive second season for the program and a progressive step forward. This year the team played contact hockey (checking was allowed) at the division 2 level rather than non-contact at the division 3 level last year. Team captain Charles Genereux will move up to the prep team next season, while five players will move to the U18 division 2 team. Natalia Chenier will move on to the prep girls team. We look forward to next season as we will return eight key players. In addition, a number of new, highly skilled players have been recruited to help form what we hope to be another very talented and successful team. Junior "S" awards were handed out at the winter athletic Assembly, to captain Charles Genereux and assistant captain, Natalia Chenier. Jacob Beasse, assistant captain, won our sportsmanship award. Way to go, Spartans!

- Graham Chandler (assistant coach)

U18 HOCKEY

We knew we were in for some interesting moments with this team. We just didn't know how interesting until the first game of the season when Henry walked out of the locker room with his red bubble and Jeremiah with a tape job that only he can come up with ("Coach this is sty," he said.) I looked at Mr. Delorme and said, "Oh boy we are in for a looooong one."

Starting from day one, what was unique about this team was not just the highs but how we leaned on each other during the lows and how patient you all were with us rookie coaches. I know you will never let us forget the first time we had to pull our goalie and we forgot to put the extra attacker. While we lost that game, it was at that moment that we knew you guys could accomplish a lot because of your heart and your desire to win.

We are proud of your championship banner at the Galt Tournament. However, winning isn't the only way to measure success. Looking at that tournament, we didn't know what to expect, as we had some away and some sick. We definitely weren't the most talented team, but the thing that made us successful was how badly you all wanted it. When that buzzer rang in the championship game and you guys celebrated that 1-0 win vs Galt, it showed us how hard you worked. From having the best goaltender in the league to our defence to our forwards, there was trust, there was belief and there was growth. I remember there was not much more to say to you all in the locker room besides, "You did it and that anything from here on is possible."

The team ended the season with 10 wins, 8 losses and 6 ties in league games. But beyond the wins and losses, beyond the stats and standings, what truly defines our team is the bond and memories that we shared. The laughs at McDonald's questioning how this team won games, the TikToks and singing on the bus, somebody forgetting equipment, wondering where all our practice jerseys went, early morning practices and never–and I repeat NEVER–enough water bottles on the bench. This sense of brotherhood is what set us apart.

Unfortunately, we didn't participate in playoffs due to the timing of our March break but I am convinced this team would have been dangerous.
We said we were in for a long one but in the end, this season was a delightful surprise filled with cherished moments and a sense of fulfillment that will last a lifetime. Here is to a season you all shall remember, thank you.

- Coach Guerrera

Front: Nicolas Robillard, K. Guerrera (coach), Quinn Smits, William Towner "C", Gabriel Poitras, Christopher Leclerc "A", Mason Béasse "A", J. Delorme (asst. coach), Keita Tsutsumi
Middle: Taro Kosuga, Liam Decoursay, Felix Fortmann, Noah Papillon, Baron Trottier, Henry Riddell, Christophe Collins, Parker Saunders, Erik Fabian
Back: Tony Ju, Maxton Lam, Anthony Rombotis, Jeremiah O'Regan, Noah Sumun, Walker Smits
Missing: Hubert Melancon, Juan Patricio Oropeza Gonzales, Leonardo Richardi, Owen Kwok, Mathieu Rémillard

SENIOR BOYS BASKETBALL

Front: Chaz Grenier
Back: S. Winquist (coach), Keita Masuda, Summer Wong, Shun Hatano, Victor Giroux, Bo Bailey, William-Antoine Laplante, Jeremy Robert, Lam Wong, Luke DeLaBruere, Allen Liu, Daniel Liu, A. Simard (coach). Missing: Andrew Dahms

Our roster included nine returning players, three up from junior and one new to the school. We were very impressed with the enthusiasm and excitement the players showed for playing together and learning from each other. The core group of veterans helped put in place a couple of offences and set plays that they had become comfortable with last year.

We embarked on our schedule with two exhibition wins over St. Laurent Academy (Ottawa) and our first league game against BCS, where we lost by one point. Our final RSEQ season record was 5-4, with three of our losses being by 3 points or less. One memorable stretch was "hell week" in January where we played games on Monday, Tuesday, Wednesday, Thursday, Friday (2) and Saturday (2) – almost half our season.

CAIS was held in Montreal – memories include downtown hotel, and lots of Uber travel and Uber eats. Our round-robin pool included some tough teams who ended up at the top of the tournament – GA, TCS, and ASH – and we also played SJR & HSC to round out our participation. We also watched the terrific and memorable ASH-SGV final game. At the BCS Tournament, we beat both BCS and RRHS, two teams that were placed higher than us in RSEQ standings. We made the final but ended up losing against Westwood. The Anderson Provincial Tournament was hosted by St. Johns School in St-Jean-Sur-Richelieu – another great experience with hotel, games, restaurants, all-team-social and the skills competition - with the senior girls (who won the Bailly!).

We played 27 games, won 12 and lost 15. These included some very close games and a few blow-outs by some very good teams. Our average points for/against difference was a respectable 3.5 points. We appreciated the close bonds among this small, dynamic group of athletes and coaches. They supported each other with enthusiasm and care. They never complained and were always positive and smiling, saying thank-you after every practice and game. They enjoyed the experience, and so did we. Thanks to the Skittles Crew and our CRRRoy-AdD-Jo Stats Crew.

- Coach Simard and Winquist

BAILLY TOURNAMENT CHAMPS

SENIOR GIRLS BASKETBALL

Front: Camryn Moore, Madeline Lippmann, Hayley Wolfe, Halle Khanna
Back: E. Van Dyke (coach), Addison Pierce (manager), Julia Lee, Nyakah Pierre, Sarah Leasure, Edythe McKenzie, Clara Buck-Thompson, Melissa Kakayuk, Zoey Keefe, Maria Jose Garza Paredes, Valerie Lin, A. Wolfe (coach)

I am a big believer in adversity. Facing adversity is not only important in the moment, but it improves your chances of overcoming adversity the next time. Dealing with adversity prepares you for life. Adversity makes you stronger.

And we faced down a lot of adversity this year. Friction between players. A lack of fitness. Strained player-coach relations. The largest age-gap I've ever seen on a senior team, with 4 players in Cowen House, 4 in Webster, and 5 in Wolfe. Off-court drama. Too many players (13, which makes playing time an issue). Nothing came "easy" in 2023-24. It was a perfect storm of challenges, all of which needed to be overcome for us to reach our potential. Which we did, I am thrilled to report! As evidenced by the following four moments this season that show how far we came from where we started:

4) the second half of the MacLeod final, where, after getting shellacked 33-11 in the first half, we out-scored eventual champions Centennial 27-18 in the second half, flatly refusing to give up

3) the Bailly final, where we pushed ourselves up off the mat of our own self-doubt, where we overcame our insecurities (and a lot of bad luck) to play a perfect fourth quarter and bring the championship plaque back to Stanstead

2) the Winter Carnival Lip Sync Contest!

...and finally 1) the 6 games we played in 28 hours(!), featuring an entire BCS Invitational Tournament PLUS an RSEQ league game on the Friday night. Despite serious fatigue, we never stopped fighting, winning every game except the tournament final, where we ended up losing by only 4 to the same juggernaut team that won CAIS six weeks earlier. Seriously, what a stretch of basketball!

Without the adversity we dealt with in November, there is no way we make these memories in January and February. Sports are about so much more than X's and O's, or wins and losses. That's what makes them important.

So no, the 2023-24 basketball season wasn't "easy". But worthwhile things rarely are. THANK YOU!

- Coach Van Dyke

SENIOR BOYS D4-1 BASKETBALL

C. Wolfe (coach), Patricio Morelos Zaragoza Serra, Grady Hanna, Walker Smits, Marek Thibodeau, Arrie Zhang, Agustin Palacios Roji, Shawn Rugwiza, Johnny Zhang, Joshua Lippmann, Mauricio Lopez Sanchez, L. Lamonth (coach)

A heartfelt thank you to Mr. Campbell Wolfe, who volunteered his time to support our team this season. His dedication and motivation played a crucial role in guiding and inspiring these boys.

Our team consisted of a mix of junior and senior boys with varying levels of knowledge and skills. Despite this, every player showed up to practice and worked diligently each day. They were super keen, albeit with a gentle reminder from me when necessary. While they may not have always enjoyed the sprints or being held accountable, they consistently put in the effort and deserved every bit of success they achieved.

We had a strong regular season finish, securing second place and qualifying for the playoffs. In the semi-final, we overcame a tough Triolet team before falling to a formidable Claratine team.

To celebrate the season's achievements, we had a fun laser tag and sushi night. Despite the results on the laser tag battlefield, it was a memorable time for everyone.

Each player contributed something special and showed significant improvement throughout the season. If I could recognize each one individually, it would look like this:

- Grady Hanna: The Most Improved Award
- Patricio Morelos: The Fierce Award
- Shawn Rugwiza: The Flare Award
- Agustin Roji: The Impact Award
- Marek Thibodeau: The Hustle Award
- Johnny Zhang: The StayReady Award
- Walker Smits: The Best Attitude Award
- Joshua Lippmann: The Fearless Award
- Arrie Zhang: The Ice Man Award
- Mauricio Lopez Sanchez: The Leadership Award

Each of you brought something unique and valuable to our team. Thank you for a fantastic season.

- Coach Lamonth

JUNIOR BOYS BASKETBALL

C. Kousaie (coach), Carlos Rogel Tovar, Josuke Masuda, Garrett Dodge, Arnold Jiang, Alejandro Ruelas Perez, Noah Grenier, Bryson Dodge, Aidan Lynch-Staunton, Liam Sumun, Jose Placios Roji Diaz, Santiago Mercado, Aidan Hynes, Ethan Liverpool, Jonathan Rombotis, D. Liverpool (coach)

To quickly summarize the season: We won more than we lost, we had a great deal of fun, and we learned a lot about the game of basketball and, in turn, ourselves. For example:

1. Aidan Hynes likens a basketball to a hand grenade, refusing to hold it for longer than 0.73 seconds, producing some unique shot angles.
2. Garret is REALLY young but growing every day!
3. Santiago, who had rarely if ever picked up a basketball, has the most fundamentally sound layup on the team.
4. Ethan was less than excited to guard "The BIG Man" from Richmond.
5. Jose is a SHOT BLOCKER! Who would have known such a kind, mild-mannered young man held such little regard for his victims?
6. Noah is the Terminator and can only be stopped by influenza.
7. Aidan Lynch is, in fact, left-handed, yet really struggles to make left-handed layups.
8. The Rombotis family travels well! The loudest cheer of the year came from the 6 or 7-member Rombotis contingency after a sweet little jump shot by Jonathan.
9. Carlos is Jose and Jose is Carlos.
10. Josuke made the hard layups look easy and the easy layups look extremely difficult.
11. Liam can do more than run long distances! He looks pretty good with an orange bouncy ball in his hands as well.
12. Bryson is now adept at "KEEPING THE BALL HIGH."
13. I really liked singing "Ale Ale Jandro, Ale Ale Jandero" every time this young man walked into the gym.
14. Arnold AKA "The Flash" needs to slow down, just a little bit.
15. Finally, we tried to emphasize the concept of FOE: Fun Over Everything, and I believe we were extremely successful in this regard. Thank you, gentlemen. As cliché as this is going to sound, I hold a special place in my heart for each and every one of you!

- Coach Liverpool

JUNIOR GIRLS BASKETBALL

Front: Macarena Sedeno Vergara, Jane Rodi, Evanny Archer Buzzell, Sara Martinez Ajzenman, Miranda Angel Garcia, Gawon Lee, Begonia Gonzalez Haces
Back: P. Thompson (coach), Bella Fang, Emma Wahlab, Melanie Li, Kimmy Xu, Andrea Camarillo Chouza, Pik Phochatkaew, Eva Savoie, Gabriella Leroux, Cindy Zhao, Maxime Cloutier, Mariam Rueda Flores de Diego, E. Hessian (coach)

This year's team played in a senior D4 league. We went into the season fully aware that we would be outmatched but accepted the challenge. The season started quickly, and we made the most of it despite having many players just learning basketball for the first time. We were many, and we were fierce.

Despite these challenges, we played hard. One thing for sure, we had the loudest and most aggressive opening cheer of all the teams in the league, so we were always off to a great start. We were there on the floor, celebrating every basket regardless of the point deficit and we competed no matter the size or skill of our opponent.

Although we had quite a few lopsided games (for the other team), the players managed to learn and grow, with more than a few on- and off-court laughs along the way. Basketball, like any sport you will every play, is much more about the relationships you build than the baskets you score. How you faced your opposition, how you respected your coaches and, most importantly, how you treated each other are all what matters in the long run. Your ability to stay positive and go forward made it a fun season for us, and we hope that you will take away some important lessons on basketball as a metaphor for life – keep your hands open, go for the ball and always be ready for the fight. We hope this will be something you will remember, maybe a year from now, who knows maybe even 30 years from now.

· Coach Hessian

SQUASH

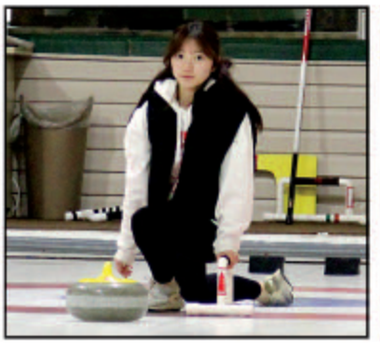
This year we had 14 members on the squash team ranging from Grade 7-12. Many of them competed for the first time and it was nice to see the progress by some since they have joined the team last year. Although our only competition was BCS, we managed to have almost everyone compete and we had excellent matches at all levels. We also had Braden and Tyler participate on a couple tournaments in Montreal in adult divisions and both fared well and improved their rankings. I want to take this opportunity to thank our graduating students, Jacky Xu, Tyler Battah and Braden Chastanet for their commitment to the program. Although they will be dearly missed we have a great future ahead.

- Coach Marino

Front: William Neeposh, Kaitlyn Wanka, Keira Curtis, Cecilia Riddell, Katie Zhang, Noah Haddad, Ren Nakamura
Back: R. Marino (coach), Stanley Lin, Braedon Labor, Roger Roger Marcoux, Tyler Battah, Braden Chastanet, Matthew Ma, Patricio Arizaga Delgado, Jihoo Park, Jacky Xu, V. Boivin (coach)
Missing: Abel Mier Sanchez

CURLING

Front: Alice Machida, Raymond Ju, Emma Chen, Anaïs Grappe, Kayla Lee, Hana Abe, Lumina Yoshikawa
Back: Mr. C. Planetta (coach), Lucie Lyu, Mavis Liu, Eric Zhang, Alvin Qian, Mike Sun, Carrie Huang
Missing: Ellie Jang



I am filled with immense pride and gratitude for each and every one of these players. This group was nothing short of exceptional all season, showcasing the most depth and talent we have ever seen in our curling program.

The level of skill and dedication displayed by each one has been truly remarkable. The challenge for me, at times, was to decide who to play. Everyone could have played any position at any time!

We had so much depth. At one point, we had a regularly scheduled game against Galt and a make-up game against our rivals BCS. We split the team into two groups to play SIMULTANEOUS games against these talented schools. Half played Galt on one sheet and the other half played BCS on the other sheet at the same time. Despite the obstacles, we won both games!

For those moving on, continue to get out there and throw stones and think fondly of your time here at Stanstead and with this team. For those staying on, I can't imagine what next season has in store for us!

I'm very proud of all of you and proud to say, I'm your coach! Thank you all for an incredible season! Good luck, and many hamburgers to each and every one of you!

- Coach Planetta

WELLNESS

Front: S. Scrabbi (coach), Cici Zhou, Kate Collins, Zofia Kaczynska, Sofia Martinez Ajzenman, Fatima Moreno Anitua, Loretta Loretta del Carmen Arteaga
Back: Paulina Camarillo Chouza, Anne Vilanculos, Ben Smith, Alex Comtois, Deanna Wright, Pablo Fernandez Giombini
Missing: E. Smith (coach), Vaughn Sutherland

CROSS COUNTRY SKIING

Front: B. Wilkinson (coach), Yi Ren, Yuhe Wang, Joe Liu, A. Blair (coach)
Back: Avah St-Pierre, Victor Wu, Ziyu Wang, Lucy Weiss, Joseph Ruf

SENIOR GIRLS VOLLEYBALL

ETIAC CHAMPIONS

ST-LAURENT ACADEMY TOURNAMENT CHAMPIONS

Front: Karyme Olan Gallardo, Jana Loparic, Joelle Benoit, Adriana Desbiens-Senneville, Lauren Loon
Back: Charlie Roy, Sarah-Jade St-Onge, Emma Catallozzi, Carolyn Berkling Drouin, Marcia Correia, Emma Carrière, Madik Trottier, Alina Szemioth, Gloria Riddell, J. Robitaille (coach)

Wow, what a season we had! I'm so proud of each and every one of you for all the hard work and incredible progress we shared together. Even though we sometimes had moments when the ball didn't want to cooperate, you kept your spirits up and your smiles bright. You proved that as a team, we can accomplish anything! The remarkable transformation through the season is largely thanks to the trust you placed in your coach and the leadership of certain players. Your ability to work as a team inspired me to work every day towards a common goal: to show everyone that volleyball can and should be considered a high-level sport at this school. We have shown that we can play as a team and succeed with our two tournament wins and our league championship.

As Michael Jordan once said, "Talent wins games, but teamwork and intelligence win championships."

Thank you for believing in me when I wasn't always sure what I was doing. Thank you for being a model of passion for the sport I'm now passionate about. Thank you for brightening up my day, because even if I didn't always feel like going to practice, I was sure to find you, smiling and ready to have fun and give your best. I had my moments of doubt, my moments of frustration, but above all I had a lot of laughs with you. Let me tell you something: if volleyball was easy, it would be called hockey, no?

Thank you for bringing your energy, your passion and your funny jokes, because let's be honest, volleyball wouldn't be as fun without our singing and dancing moments or without all those moments we looked at each other wondering what just happened. In short, you're the reason this season has been so memorable, and I honestly I don't know how I'll ever find a better team than the one in front of me. Sorry in advance for my future teams. So, always remember that you've been an extraordinary team. Keep serving, keep diving and above all, keep smiling, because that's what makes our team so special.

- Coach Robitaille

JUNIOR GIRLS VOLLEYBALL

Front: Milla Fang, Juliette Bernardi, Alexa Cardenas, Jade Thibault
Back: Abygail Dewey, Julia Galicia Rodriguez, Tammy Osobanjo, Maélie Leduc, Maddyn Labor, Alison Om, Mariana Ortiz Doval, Lucia Bruemmerhoff Ruiz, Camilla Pescador Casas, A. Fraser (coach)

To quickly sum up our season, we never won a game that actually counted. The girls are convinced we are cursed since the only games we won in a set are the ones that we play for fun after the official game is done. But that's not what I want to talk about.

Whenever we try a new skill, we call ourselves amateurs. So every girl that joined my team joined is an amateur. Some had played a little before, but most had never touched a volleyball in their lives. We all learned so many lessons from one another as the season went by, some that stuck more than others. We learned how to cheer one another on even when we were frustrated, we learned who the setters were and which ball they were responsible for, and most of us learned how to karaoke.

We learned that Julia has the hitting strength of a girl twice her height and Camila knows how to surprise us with the most unlikely passes and strangest eyebrow looks. We learned that Tammy can hit one hell of a backside of attack and Alexa can kill the other team with 8 serves in a row. We learned about Milla's excellent crosscourt hits, Jade's sneaky tips, Juliette's ability to beat the block and how Mariana never gives up on a play. We also learned about Lucia's unerring ability to always place passes right where we need it, Maelie's excellent middle hitting and Alison's ability to smash the heck out of a ball whether serving or hitting. We also learned of both Maddie and Abby's ability to play pretty much any position I could figure out I needed them to be on the court that day.

But getting back to my initial point, my team all started as amateurs. And they finished as amateurs. Because the word "amateur" comes from the latin word "amare", which means to love. And every single game and practice they showed me they loved volleyball and for that I thank you. As your coach, it was the best first season I could have asked for.

- Coach Allie

ATHLETES OF THE WEEK

WEEK 7

Louis Sullivan
U15 Hockey

WEEK 8

Camryn Moore
Varsity Girls Basketball

WEEK 9

Gabriel Poitras
U18 Hockey

WEEK 10

Charles Genereux
U15 Hockey

WEEK 11

Jaxon Pierce
Varsity Boys Hockey

WEEK 12

William Towner
U18 Hockey

WEEK 13

Zoe Charland
Prep Girls Hockey

WEEK 13

Laurie Aubin
Prep Girls Hockey

WEEK 14

Kayla Lee
Curling

WEEK 15

Noemie Cloutier
Prep Girls Hockey

WEEK 16

Louis Sullivan
U15 Hockey

WEEK 16

Charles Genereux
U15 Hockey

WINTER ATHLETIC ASSEMBLY

MVPs: EC Amaron Trophy (SB Basketball), Bo Bailey; Bess Fergson Trophy (SG Basketball), Madeline Lippmann; Dugie Ross Cup (VG Hockey), Alexia Aubin; SG Volleyball MVP: Joelle Benoit; Dawes Trophy (VB Hockey), Jaxon Pierce, Raphael Tellier; Prep Girls Hockey MVP, Laurie Aubin, Zoe Charland; Missing: Prep Boys Hockey MVP: Dylan Pelletier

Varsity Girls Hockey
Major S: Maelie Pion, Alexia Aubin, Maxime Tremblay

Curling Major S:
Anais Grappe

Varsity Girls Basketball
Major S: Melissa Kakayuk, Madeline Lippmann

Varsity Boys Basketball
Major S: Bo Bailey

MAJOR S

Varsity Boys Hockey
Major S: Charles-Eric Tremblay, Jaxon Pierce, Raphael Tellier, Zackarie Michaud

Varsity Volleyball
Major S: Joelle Benoit, Madik Trottier

Squash
Major S: Braden Chastanet

Prep Girls Hockey
Major S: Zoe Charland, Laurie Aubin; Sportmanship Noemie Cloutier

Junior Boys Basketball: Sportmanship: Jose Palacios; Junior S: Noah Grenier, Josuke Masuda, Noah Sumun

U15 Hockey: Sportmanship: Jacob Beasse
Junior S: Natalia Chenier, Charles Genereux

Junior Girls Volleyball: Sportmanship: Abygail Dewey
Junior S: Abygail Dewey, Alison Om, Madyn Labor

Prep Boys Hockey: Senor S: Liam Ryan
Sportsmanship: Matteo Paradis

Senior Boys D4-1 Basketball: Senior S: Arrie Zhang (missing), Agustin Roji, Josh Lippmann
Sportsmanship: Mauricio Lopez

Senior Girls Volleyball: Senior S & Sportsmanship: Adriana Desbiens and Charlie Roy

Senior Boys Basketball: Senior S: Chaz Grenier, Shun Hatano, Victor Giroux, Daniel Liu
Sportsmanship: Luke DeLaBruere

Varsity Boys Hockey: Sportsmanship: Maxime Lapointe

Varsity Girls Hockey: Senior S: Rosalie Tremblay, Joliane Tremblay
Sportmanship: Jamie Arsenault

Senior Girls Basketball: Sportsmanship: Edythe McKenzie
Senior S: Camryn Moore

Junior Girls Basketball: Sportmanship: Macarena Sedeno (missing)
Junior S: Miranda Garcia, Evanny Archer

U18: Senior S: William Towner, Gabriel Poitras,
Sportsmanship: Henry Riddell

Curling: Senior S: Alice Machida, Ellie Jang, Kayla Lee (missing); Sportsmanship: Mike Sun

Squash: Senior S: Matthew Ma, Jacky Xu, Roger Roger Marcoux; Junior S: Katie Zhang, Keira Curtis; Kaitlyn Wanka; Sportsmanship: Roger Roger Marcoux

SENIOR BOYS RUGBY

ETIAC 7s LEAGUE & PLAYOFF CHAMPS
MAINE COLLEGE 7s CHAMPS
RUGBYFEST B CHAMPS
GMAA 7s CHAMPS

Front: Bo Bailey, Noah Papillon, Liam Wallace, Keita Masuda, Chaz Grenier, Shun Hatano, Mauricio Lopez Sanchez, Tyler Battah, Christophe Collins, Henry Riddell
Back: Mr. A. Spirk (coach), Mr. R. Marino (coach), Anthony Rombotis, Elijah Arrigo, Noah Grenier, Gabriel De Santis, Jeremiah O'Regan, Gabriel Poitras, Barron Trottier, Mason Béasse, Victor Giroux, Taro Kosuga, Liam Decoursay, Shawn Rugwiza, Mathieu Rémillard, Mr. A. Myers

This year's team was anything but ordinary. With incredible leadership and a deep roster, the bar was set very high. More than focusing on wins and losses, early on the goal was inclusion and supporting each other. The boys used the opening tournament at Rothesay Netherwood School (Saint John, NB) to really gel as a group. They left there tournament champions and undefeated. This set the stage for an incredible 6 weeks that included winning the GMAA 7s, the Maine College 7s, the ETIAC 7s regular season and the ETIAC 7s playoffs. As well, the team travelled to Jay Peak to defeat the Amoskeag U19 boys from New Hampshire and then won a few weeks later on their home field in Dover, NH. The most impressive showing was their defeat on Homecoming against a very impressive Chateauguay Valley Regional side from Ormstown, QC.

It was the perfect season with a record of 21 wins and no losses. More than the perfect on field record, this is the most tight-knit group we as coaches have ever had the pleasure of working with. This season will always be remembered for how inclusive the environment was created by the boys how hard they played for their teammates, coaches and their school. Congratulations on this very memorable undefeated season!
- Coach Spirk

SENIOR GIRLS RUGBY

ETIAC 7s LEAGUE & PLAYOFF CHAMPS

MAINE COLLEGE 7s CHAMPS

8 Pieces of Advice for Rugby (as a metaphor for life)

1. When you want something – be TENACIOUS! Go after it with courage.

2. No matter how difficult the road, the rain/snow/wind/sun/injuries – stay OPTIMISTIC, there is always a way.

3. Be GENEROUS with your energy – it brings everyone closer to you and helps everyone GROW together.

4. Keep your eyes open for the everyday EXCITEMENT – the best moments are not usually in the performance, but in the preparation.

5. If you only remember one of these – remember how TOUGH you are. (have the courage to take those three big steps!)

6. You're never too good, or too bad to stop and make the time to HELP those around you, it makes everyone better – especially you.

7. Bring the ENTHUSIASM! It gets you through the rough and makes the good better.

8. Lead with RESPECT keeping in mind that a RELIABLE teammate or dependable friend can always be counted on to have your back.

Put your heart in your hands and in your feet and go to work. Thank you for everything you did for us, and for each other this season. Your kept us TOGETHER, we will never forget it. See you next year. Can't wait.

- Coach Hessian

Front: Ms. E. Hessian (coach), Melissa Kakayuk, Quinn Smits, Jana Loparic, Camryn Moore, Gloria Riddell, Alina Szemioth, Deanna Wright, Karyme Olan Gallardo, Ms. K. Ouellet (coach). Middle: Milla Fang, Emilie Labonté, Lauren Loon, Pik Phochatkaew, Madik Trottier, Raiah Filleul, Maélie Laforge. Back: Joelle Benoit, Maria Jose Garza Paredes, Mariana Ortiz Doval, Tammy Osibanjo, Sara Martinez Ajzenman, Sarah-Jade St-Onge, Sarah Leasure, Mariam Rueda Flores De Diego. Missing: Halle Khanna

JUNIOR BOYS RUGBY

ETIAC 7's LEAGUE & PLAYOFF CHAMPS

Front: Carlos Rogel Tovar, Stanley Lin, Maxton Lam, Jihoo Park, Jacob Béasse, Juan Patricio Oropeza Gonzalez , Josuke Masuda, Patricio Morelos Zaragoza Serra, Jacob Leduc, Médérick Bizier, Jonathan Rombotis
Back: Mr. E. Grenier (coach), Santiago Mercado Guerra, Pablo Fernandez Giombini, Xavier Corriveau, Ziyu Wang, Aidan Lynch-Staunton, Bryson Dodge, Felix Fortmann, Charles Généreux, Arrie Zhang, Alejandro Ruelas Perez, Jose Palacios Roji, Noah Haddad, Mr. J. Standage (coach). Missing: Aidan Hynes, Ethan Liverpool

Spartal Warriors! Yessss. We did it! What a fantastic season this year. We won the league banner and we won the championship! Those two things are amazing because they basically confirm that we had consistency and didn't just get lucky. Best team in the league. Here's how it happened.

25 boys showed up to play at the start of the season. We could not play everyone. We divided the team into two teams: a competitive team and a development team. Everyone stayed even though some would not play much at all this year. I guess that already says something about this team and their commitment.

We hit the road running. We stunned the other teams in the league in our first tournament. We then stunned them again in the second tournament except we somehow tied BCS which was disappointing. But, by now, word was spreading that we were the team to beat.

We went into our third league tourney knowing other teams would be trying to beat us. We sent a powerful message that day. We crushed the other teams by a total score of 82 points and they combined to score only 17. That's crazy.

Then we went on May break. Apparently, half our team suffered from Disney World hangovers when we got back, because we lost two out of four games that day. Too bad. They were close losses, too. But those were the only two league losses all season.

We had a week off to prepare for the playoffs. We were seeded #1 and awaited our semi-final rival. That turned out to be Richmond. We completely destroyed them in what turned out to be our best game of the season. Untouchable. Then the final. Mistakes were made. Big mistakes. I am not even sure we should have won that game. But we had enough team chemistry to overcome our mistakes and come from behind to win that game, including a huge final 3 minutes on defense making hit after hit after hit. Remember the goal-line stand? Man, that day felt good, didn't it?

Remember my "fairy dust" speech? The magic stuff that makes a team greater than it should be? Yeah, we had a lot of that, this year. I still don't know what it is exactly, but you know it when you've got it, and we had it!

We will remember this team for a long time and I hope the younger guys who are returning have something to build on for the future. It's not every year that a team clicks like this one did. This team had something special for sure. You should all be very proud.

Now go put on some face paint and ask Pablo to give us one last crazy dance.

10 wins. 2 losses. 1 tie. Finalist (2nd place) at GMAA 7s. Points for = 333.

Points against = 120. 1 beautiful league banner. 1 shiny trophy.

- Coach G and Coach Doccy

ETIAC 7's
LEAGUE &
PLAYOFF
CHAMPS

JUNIOR GIRLS RUGBY

Front: Miranda Angel Garcia, Bella Fang, Hina Hayakawa, Julia Lee, Isabelle Smyth, Jadin Bingham, Julia Galicia Rodriguez, Begona Gonzalez Haces, Evanny Archer-Buzzell, Cecilia Riddell, Zoey Keefe
Middle: Ms. M. Faucher (coach), Lumina Yoshikawa, Jade Thibault, Kimmy Xu, Clara Buck-Thompson, Kaitlyn Wanka, Keira Curtis, Macarena Sedeno Vergara, Ms. M. Schafer (coach)
Back: Abygail Dewey, Maxime Cloutier, Emma Wahhab, Alexa Cardenas, Natalia Chenier, Camila Pescador Casas, Jane Rodi, Juliette Bernardi

This season we were fortunate to have 26 junior rugby players – two full rosters, affectionately known as Stanstead Red and Stanstead White. Our learning curve was steep, and our newer players quickly gained experience and learned the rules of the game. We practiced with intensity every day. Every player had someone who pushed them, someone to compete with and someone to look up to.

We competed in 6 jamborees and played 30 GAMES between our two teams! We finished the ETIAC season as league champions and headed to playoffs sitting in first and third place. Both teams proceeded to win their semi-finals in matches that brought tears, goosebumps, smiles and a major sense of accomplishment. Playoff day was our day!

This season my players often asked, "Miss, what will happen if both teams win our games and we face each other in the final? My answer: "If you win your semi-finals, our work is done. Just have FUN!" In the end, it is the program that wins, and that includes all 26 of you. You were all part of the win, and we needed every one of you to make it happen. The GOLD was in the experience, not in the medal.

Thank you to my rugby people, our co-coach Maya who helped teach the technical side of the game to the players in the early weeks of the season (she is your BIGGEST fan). Thank you the senior and junior rugby coaches for their support and friendship, and for sharing the passion with me.

Junior girls, our daily practice was the highlight of my every day, so thank you for making this year end in such a positive way, with the best vibes and extraordinary results.

- Coach Schafer

BOYS LACROSSE

RSEQ PLAYOFF CHAMPS

Front: Cory Logan, Justin Dupuis, Maxime Lapointe, Christopher Leclerc, Raphaël Tellier, Jaxon Pierce, Jeremy Robert, Juho Virtanen, Parker Saunders, Nicolas Robillard
Back: Mr. Z. Sloane (coach), Mr. J. Wong (coach), Malcolm Nicholson, Andrew Dahms, Max Kogler, Charles-Eric Tremblay, Vincent Leclerc, Jasmin Tremblay, Oliver Plante, Ryder Busto, Benjamin Firszt
Missing: Kamyl Chamrouk

I remember at the beginning of the season, I did not know what to expect—whether we would be good, average, or great. However, that uncertainty lasted about 10 seconds. During a game against the Cougars, a CEGEP team, on a Thursday night at 7 pm under the lights at Bishop's, which is a special place for me because it's where I went to university, I saw the character, heart, drive, skill, and toughness of these guys. After we won that game 8-5, we all knew heading back to the locker room that we could do something special this season.

Our next mission was conquering the United States not once, twice, but three times. Those games were all on the road, involving long bus drives, being away from home, and facing some really good and well-coached teams. We beat Hebron Academy 12-4, Kent's Hill 7-3, and Vermont Academy 8-4. This was a massive step for our program, and I do think we surprised a lot of people south of the border.

Then, in our own RSEQ league, we played important teams such as our cross-town rival BCS and Quebec lacrosse powerhouse Brebeuf, setting us up for the playoffs with rematches against BCS in the quarter-finals and Brebeuf in the semi-finals. The final was held at the same place as last year in Kahnawake. After a fiery speech by the coach, the guys came out ready for the finals, on a mission. They came out gunning, and it was men amongst boys. We scored on the first possession, built a significant lead, and never looked back. On May 30, we became champions, and nine players won back-to-back championships. We finished the season unbeaten with a 12-0 record, scoring 122 goals and conceding only 45. Incredible stuff.

I am so proud of each and every guy who came out of their comfort zone—Kamyl, Charles-Eric, Max K, Oliver, Jasmin, Andrew, Vincent. Without you, the program cannot continue or function. Thank you to our rookies with lacrosse experience who joined the team and gave us a hand—Cory, Ryder, Mack, the young fan favorite Ben—and finally to the vets who led the way and have built a culture of success and teamwork—Juho, Raph, Max L, Justin, Nico, Jaxon, PK, and our goalies Jeremy and Chris.

We threw our sticks in the middle at the beginning of the year with one goal in mind: to win the championship. We succeeded. We have medals across our necks, we signed the banner, and whatever happens with the program with many of our core players leaving, the 2024 lacrosse team will go down in history.

- Coach Winquist

GIRLS LACROSSE

23 lacrosse girls, two coaches,
two babies and a cheerleader
"Never an easy day" "be "all in",
and don't be a quitter

Shannon is a mom, wife, daughter,
a coach and a friend
After gall bladder surgery
she was resilient and on the mend

Batman is a husband, father,
batdad, coach and devoted
He is passionate about lacrosse
in case you haven't noted

Barb is a teacher who cared
for River and Quinn
Everyday she bought love and laughter
and did it with a grin

"Be the player and athlete
you would like to coach someday"
Stay humble and hungry,
work together and pray.

"Only the mailman walks" and
"Hungry dogs run faster"
Lax success equals stickskills
and dodges you must master

The meaning of life is to find
your passion and gift
Give a big hug to a teammate
when they need a lift

Everyone got a shell with their name,
lax stick and a story
Sharing family, from, fun, food and future,
laughter and glory

After only five days of practice
vs. Tilton NH we competed,
Singing "You are my sunshine" on bus,
even after defeated.

An eclipse, northern lights,
breakdowns and a little tough love,
Believing in each other and your coaches
with help from above.

Face dodge, roll dodge, split dodge,
and mastering the flip
Victory in Maine and seeing the moose
was quite a bus trip

A win over Vermont Academy,
a dual victory with the boys
the celebration is loud
but somehow River makes more noise

Stanstead is great because
Spartans lead with their heart
Play hard, play together,
respect the game and play smart

We showed up at St. Johnsbury
with 16 players and some fans
The success and improvement of this team
took a lot of hands

The girls were not happy
when asked to run the quarter mile
Ultimate frisbee and Alaskan baseball, however,
brought a smile,

Yellow vs. Orange, WW1, WW2 over and under
and crisp curls
Thank YOU Mr. Spirk, and Maintenance and
23 awesome girls

Hang on to your youth
and have a safe and fun summer
saying goodbye and good luck
to our seniors is a bummer!

- Love Shannon, Batman and Coach Barb

ront: Rosalie Tremblay, Laurie Aubin, Jamie Arsenault, Lana Peasley, Hayley Wolfe, Madeline Lippmann, Maélie Pion, Alexa Gagné, Noémie Cloutier, Siena Hayman, Skylar MacLean
Back: Mr. R. Garrett, Pénélope Lavoie, Eva Savoie, Sofia Martinez Ajzenman, Charlotte Hughes, Zoé Charland, Annabelle Cormier, Kate Scholl, Katie Liu, Charlotte Labrèche, Nyakah Pierre, Annie LaMantia, Ms. S. Garrett (coach), Quinn Spirk (manager), Ms. B. Wilkinson (coach)
Missing: Addison Pierce

TENNIS

ETIAC
LEAGUE
CHAMPS

Front: Paulina Camarillo Chouza, Andrea Camarillo Chouza, Alice Machida, Emma Carrière, Sara Sevcikova, Joliane Tremblay, Axelle Beaudoin, Gabriella Leroux, Charlie Pampalon, Keshia Zonnon
Back: Mr. S. Bellemare-Keet (coach), Arnold Jiang, Victor Wu, Patricio Arizaga Delgado, Louis Sullivan, Vincent de la Riera, David Déschatelets, Emanuel Ganz, Grady Hanna, Jacky Xu, Seia Oikawa
Missing: Ms. A. Hamilton (coach)

Let's take a moment to appreciate the journey we've all been on. We faced challenges, celebrated victories and learned that a tennis ball can indeed disappear into thin air. We went through over 200 balls this season, and somehow the basket was always empty.

Here's a quote by the great Arthur Ashe that I feel embodies this year's tennis season: "Start where you are. Use what you have. Do what you can." With only 3 out of 20 of this year's players returning from last year, the team started with many different skill levels.

Jacky, Sara and Alice, our veteran players, all did a fantastic job during the playoffs, each winning gold medals. But they were not the only players to bring home some metal. Louis and Seia were both gold medal winners for the boys' doubles, and they had an incredible season overall. Gabi, Charlie and Joliane all brought home silver medals from the playoffs. And with every player doing their best, you all contributed to us winning the banner.

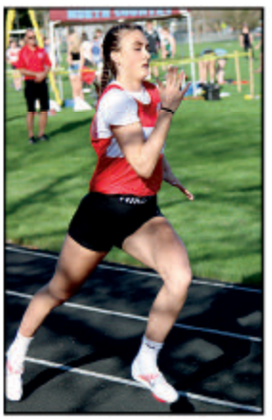
Now of course the season was about more than just the final sets. It was about teamwork, self-improvement and fun. It was about Eman's crazy "over-under serve." About how Seia could put so much spin on the ball it would stop dead on the court. It was about how Louis could make anybody play the game on his terms. It was about Axelle learning tennis etiquette and Keshia's contagious energy. It was Victor's drastic improvement and the way Eman and David spent the whole season fending off "the German guy" from BCS. It was Paulina showing up to practice on time more often than she did my Stats class... And Jacky thinking more about the McDouble than mixed doubles.

My point is, it was a collection of great moments, that made it a season to remember. I want to thank my team for your hard work, dedication, and sportsmanship. Whether you're continuing with tennis or moving on to new adventures, the lessons you've learned here will stay with you.

- Coach Keet

TRACK & FIELD

Front: Walker Smits, Fatima Moreno Anitua, Jade Wilson, Jordan Ilunga Katalayi, Holden Smits, Sena Sherakabe
Back: Mr. JJ Prévost (coach), Ryan Dwyer, Jackson Bell, Garrett Dodge, Florence Blanchette, Noah Roy, Maxim Tremblay, Luke DeLaBruere, Mr. D. Ross (coach)
Missing: Liam Sumun, Loretta Arteaga, Hanna Obermayr, Mrs. K. Smits (coach)



This year, 10 boys and 6 girls were involved on our team. Some of them came with a solid athletic background while others were training seriously for the first time of their life.

Garrett Dodge, the youngest athlete on the team and only bantam, we will remember your determination especially as you did not hesitate to compete against older people without complaint. Holden Smits and Sena Shirakabe, you both showed that you have a strong potential, being competitive in all the events we were involved in. Noah Roy is a strong young man who showed great potential in javelin and shot put this season, and we hope he will continue his progression next year. Jackson Bell and Ryan Dryer trained seriously and were both competitive in 100m and long jump. Jordan Ilunga was very appreciated on the team, not only as a good athlete but also as an amazing storyteller during practices. Jade Wilson, not only are you a fierce kart pilot on the weekends, you also demonstrated the same grit when doing sprints on the track. Fatima Moreno, Loretta Artega and Hannah Obermayr, who was a late addition on the team, you were all involved in short distance run, and I commend you for the progress you made since the beginning. Once again, Maxim Tremblay had an awesome season, finishing first in shot put in all the meet she participated to and in the top 5 in the 400m. During All-Campus, she was the fastest girl in the 400m. Florence Blanchette: A very disciplined athlete also competed hard in shot put and 400m and she was the fastest girl at All-Campus for the 100m. Luke De la Bruere is a veteran on our team, and his determination, effort and desire to be helpful in any possible ways were greatly appreciated. Liam Sumum and Walker Smits were our top long-distance runners, and they showed such impressive results that they were both selected for the provincials. Despite being a junior, Liam was also the fastest 400m runner of the school at All-Campus.

Overall, we had a fantastic group of people who showed up every day with a great deal of motivation in order to give their best and grow as athletes.

- Coach Prevost

GOLF

ETIAC CHAMPIONS

In RSEQ play this season, the team had excellent showings by golfers in almost all categories right through the finals, where we finished with 6 of 15 possible medals. In ETIAC play, we reclaimed our league title after 9 years with a fabulous showing in all 4 tournaments. A Spartan golfer was medalist at all 4 tournaments, and in team competition, we had an untouchable lead after just the first event.

The Sportsmanship trophy went to Zackarie Michaud, a positive leader who models Spartan behaviour at all times. A Bantam S for his discipline and patience went to Benjamin Rioux. Finally, a Senior S was awarded to Emma MacIntyre for her hard work, focus, determination and gift for the game. Two Spartans were recognized with Major S awards: William Towner, a passionate golfer who excelled in ETIAC play this year and Matteo Paradis, who continues to lead by example. He is one of the most gifted, and knowledgeable golfers in Stanstead history, and will make waves in the university circuit next year. Matteo was also awarded the Alex Phillip Shield.

You all pushed each other to be the best you could this year. You celebrated each other's victories and supported one another through every challenge. The bonds you formed extend far beyond the golf course, and I know these friendships will last a lifetime. You all learned tenacity, mental toughness and how to deal with a bad shot or a bad round. Congratulations to one and all; I hope you have developed a passion for the game that will stay with you for many, many years to come.

- Coach Smith

Front: Mrs. L. Smith (coach), Benjamin Rioux, Maddyn Labor, Liam Ryan, Erik Fabian, Max Sheppard, Josh Lippmann, Blake Dandenault, Mrs. A. Wolfe (coach)
Back: Hubert Melançon, Benjamin Magnan, Matteo Paradis, Kyle Cregan, Jack Carter, William-Antôine Laplante, William Towner, Nathan Crane, Zackarie Michaud. Missing: Emma MacIntyre

OUTDOOR PURSUITS

Front: Melanie Li, Cindy Zhao, Cici Zhou, Lucy Lyu
Back: Mr. C. Wells (coach), Alex Comtois, Johnny Zhang, Joe Liu, Alvin Qian, Yuhe Wang, Ms. E. Smith (coach)

BADMINTON

Front: Katie Zhang, Gawon Lee, Anaïs Grappe, Kayla Lee, William Neeposh, Ren Nakamura, Tony Ju, Félix Pollender, Raymond Ju
Middle: Mavis Liu, Carrie Huang, Bridget Pringle, Allen Liu, Mike Sun, Daniel Liu, Braeden Labor, Roger Roger Marcoux, Zofia Kaczynska, Ms. K Weir (coach)
Back: Matthew Ma, Eric Zhang, Lam Wang, Braden Chastanet, Yi Ren, Summer Wong

This season our badminton team competed in eight events across four ETIAC tournaments. Our small team of 24 players brought home an impressive 11 medals over the season. We had fun together during practices at home and while traveling to tournaments. All the best to our graduating players. Our junior players learned a lot from you!

- Coach Weir

REC BADMINTON

Front: Lucy Weiss, Hana Abe, Lucia Bruemmerhoff Ruiz, Isa MacPhee, Charlie Roy, Emma Chen
Back: Ms. V. Boivin (coach), Adriana Desbiens-Senneville, Matylda Stepien, Emma Catallozzi,
Alexia Aubin, Carolyn Berkling Drouin, Ella Malloy, Ben Knapp
Missing: Rosalie Bouchard

SOFTBALL

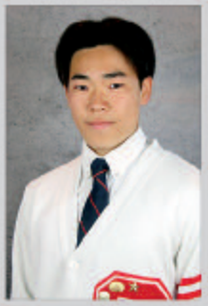
Front: Victoria Borg, Anne Vilanculous, Valerie Lin, Marc El-Hawat, Jacob Leblanc, Ellie French, Berta Mozolai
Middle: Noah Sumun, Avah St-Pierre, Marcia Correia, Ellie Jang, Brady Molloy, Trofim Godochkin, Tomas Nyberg, Edythe McKenzie, Maëlie Leduc, Alison Om
Back: Ben Smith, Owen Kwok, Marek Thibodeau, Keita Tsutsumi, Frederic Vincent, Karson Kerbes, Agustin Palacios Roji, Mathieu Perron, Joseph Ruf, Mr. M. Chan (coach)
Missing: Caitlyn Bell, Len Richardi, Vaughn Sutherland

ATHLETES OF THE WEEK

WEEK 17

Chaz Grenier
Senior Boys Rugby

WEEK 17



Shun Hatano
Senior Boys Rugby

WEEK 18

Malcolm Nicholson
Boys Lacrosse

WEEK 19

Julia Lee
Junior Girls Rugby

WEEK 20

Seia Oikawa
Tennis

WEEK 20

Louis Sullivan
Tennis

WEEK 21

William Towner
Golf

WEEK 22

Camryn Moore
Senior Girls Rugby

MAJOR S

Tennis Major S: Sara Sevcikova, Jacky Xu, Joliane Tremblay

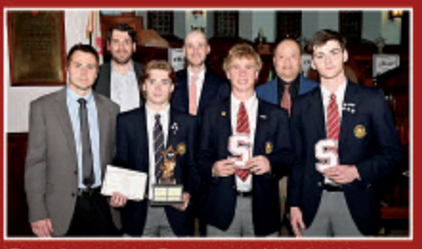
SPRING ATHLETIC ASSEMBLY

Roger Marino Trophy (SG Rugby): Camryn Moore, Gloria Riddell; **Donald Ross Trophy (SB Rugby):** Chaz Grenier, Shun Hatano; **Tennis Shield:** Jacky Xu, Sara Sevcikova; **Michael Wolfe Trophy (Badminton):** Braden Chastanet; **Boys Lacrosse:** Maxime Lapointe; **Girls Lacrosse:** Zoe Charland; **Alex Philip Golf Shield:** Matteo Paradis

Track & Field: Junior S: Liam Sumun; Senior S: Walker Smits; Major S: Maxim Tremblay; Sportsmanship: Florence Blanchette

Golf: Sportsmanship: Zackarie Michaud; Bantam S: Benjamin Rioux; Senior S: Emma MacIntyre

Girls Lacrosse: Senior S: Maddie Lippmann, Jamie Arsenault (and Sportsmanship), Laurie Aubin



Boys Lacrosse: Sportsmanship: Jasmin Tremblay; Senior S: Malcolm Nicholson, Justin Dupuis

JB Rugby: Junior S: Josuke Masuda, Juan Patricio Oropeza; Sportsmanship: Jacob Béasse

Badminton: Sportsmanship: Tony Ju; Junior S: Mike Sun, Roger Roger Marcoux; Senior S: Lam Wang, Zofia Kaczynska

Tennis: Sportsmanship: Grady Hanna; Senior S: Louis Sullivan, Alice Machida, Seia Oikawa

JG Rugby: Junior S: Miranda Garcia, Jadin Bingham, Julia Lee, Clara Buck-Thompson; Sportsmanship: Zoey Keefe

SB Rugby: Senior S: Gabriel De Santis (and Sportsmanship), Noah Grenier, Bo Bailey, Keita Masuda

SG Rugby: Sportsmanship: Maelie Laforge; Senior S: Melissa Kakayuk, Jana Loparic

Senior Girls Rugby Major S: Gloria Riddell, Camryn Moore

Girls Lacrosse Major S: Rosalie Tremblay, Maelie Pion, Penelope Lavoie, Zoe Charland

Senior Boys Rugby Major S: Noah Papillon, Chaz Grenier, Shun Hatano, Mason Beasse,

Golf Major S: Matteo Paradis, William Towner

Badminton Major S: Braden Chastanet

Track & Field Major S: Maxim Tremblay

Boys Lacrosse Major S: Juho Virtanen, Jaxon Pierce, Raphael Tellier, Maxime Lapointe

BACCALAUREATE

Reception & Dinner

The school year began as it ended: hot. Consequently, in a change of tradition, students were in spring dress instead of school uniform for the Grad Reception and Dinner. The day also changed, from Friday before Bacc to Thursday, and only the Grade 12s and departing Grade 11s the guests of honour. Finally, rain pushed the reception inside the Student Centre rather than at the head of school's house.

BLACK SWEATER

Jiaxun (Jacky) Ju won his first Black Sweater to cap off his six years at Stanstead College for being the Major S winner (tennis) in the third term with an average of at least 80%. The recipient is chosen by program directors with consideration for the candidate's course level, course load and other school commitments.

SERVICE & PRIZE-GIVING

Our Baccalaureate guest speaker was **Dr. Anchi Numfor**, Class of 2012. Dr. Numfor attended Monmouth University, where she played D1 soccer for two seasons, then graduated from Rutgers University, where she played D3 soccer, D1 rugby and graduated summa cum laude with a BA in biological science. Following this, she earned her medical degree at University of Pennsylvania and her master of science degree at King's College London. Dr. Numfor is currently an emergency resident physician at Yale New Haven Health with an interest in health literacy, strengthening healthcare for the African diaspora and mentoring underserved youth interested in medical careers.

The Baccalaureate & Prize-Giving Service was once again held at the Pat Burns Arena and livestreamed via YouTube. Speakers included Mrs. Carruthers, board chair Jonathan Cowen, guest Anchi Numfor and head prefects Maddie Lippmann and Maurico Lopez. Performances by Avah St-Pierre and the band.

SERVICE & PRIZE-GIVING

Thespian Shield for Acting to **Ellie French**, presented by Nicki Campebell. The Director's Award in Theatre Arts went to **Chaz Grenier & Avah St-Pierre**

The Sean Kevin Ingutia Music Award (for contribution to music in the school) went to **Luke DelaBruere & Enrui (Eric) Zhang**, presented by Eric Grenier

Gordon Usher-Jones Memorial Prize (to the Grade 12 student who has attended Stanstead College for one year and who has made an exceptional contribution through involvement in all aspects of school life): **Joelle Benoit**, presented by Anchi Numfor

Raymond Lester Memorial Award (to the student who has most benefited from being at the school): **Braden Chastanet & Tyler Battah**, presented by Anchi Numfor

Billy Huckins Memorial Award (for dedication, hard work, achievement and, above all, courage): **Antonia Thume**, presented by Mike Huckins

Sheila Ferguson Shield (to the all-round junior girl athlete of the year): **Natalia Chenier**, presented by Adam Spirk and James Rioux

S.F. Abbott Memorial Shield (to the all-round junior boy athlete of the year): **Liam Sumun**

Shirley Wolter Trophy (to the all-round senior girl athlete of the year): **Camryn Moore**

Thomas Johnson Memorial Trophy (to the all-round senior boy athlete of the year): **Chaz Grenier**

Graham Chandler Sportsman of the Year Award (to the athlete who best exemplifies the attributes of character, integrity and sportsmanship: **Jamie Arsenault**, presented by Graham Chandler

Allan Family Friendship Cup (to a student who has shown exceptional friendship, camaraderie, kindness, and support to all members of the school community): **Avah St-Pierre**

Head of School's Award (to an active and positive citizen in the Stanstead College community): **Gloria Riddell**, presented by Joanne Carruthers

Wilder Shield (to the junior student with the most positive influence): **Noah Grenier**, presented by Jonathan Cowen

Pitcher Memorial Prize (the school's highest award, presented to the student who has exerted the greatest influence for good): **Madeline Lippmann & Mauricio Lopez Sanchez**

SPECIAL & ACADEMIC PRIZES

Donald McG. Hackett Prize for Creativity: **Avah St-Pierre**
Thespian Shield for Acting: **Ellie French**
Director's Award in Theatre Arts: **Chaz Grenier & Avah St-Pierre**
Sean Kevin Ingutia Music Award (for contribution to music in the school): **Luke DelaBruere & Enrui (Eric) Zhang**
Technology Prize (for a significant contribution to furthering the use of technology in learning and community): **Luke DelaBruere**
E. Harper Junior Debating Trophy: **Zhilan (Carrie) Huang**
John T. Hackett Trophy for Senior Debating: **Alison Om**
Lee Audet Trophy for Senior Public Speaking: **Alison Om**
Kathleen Harper Junior Public Speaking Prize: **Jade Thibault**
Rotary Club Service Award (for service above self in the school community): **Tyler Battah**
Gordon Usher-Jones Memorial Prize (to the Grade 12 student who has attended Stanstead College for one year and who has made an exceptional contribution through involvement in all aspects of school life): **Joelle Benoit**
Everest Award (to a Grade 11 or 12 student who has overcome challenges and shown significant improvement): **Tyler Battah**
Billy Huckins Memorial Award (for dedication, hard work, achievement and, above all, courage): **Antonia Thume**
Raymond Lester Memorial Award (to the student who has most benefited from being at the school): **Tyler Battah & Braden Chastanet**
Banting Award (to a returning local student for academic achievement): **Clara Buck-Thompson**
Kenneth Reed Memorial Award (to a local junior student returning to school): **Benjamin Rioux**
Leonard McGilton Memorial Award (to a local senior student returning to school): **Luke DelaBruere**
Ralph V. Merry Award (to the top student entering a humanities program): **Sofia Martinez Ajzenman**
A.P. Gordon Prize for Science: **Luke DeLaBruere**
Spofforth Trophy for Excellence in Science and Mathematics: **Sum Long (Summer) Wong**
Arthur E. Curtis Jr. Award (to the top student entering an engineering program): **Madeline Lippmann**
House Director's Award:
- Bugbee House: **Sena Shirakabe**
- Cowen House: **Tyler Battah**
- Davis House: **Nathan Crane**
- Webster House: **Noemie Cloutier**
- Wolfe House: **Natalia Chenier**

Graham Chandler Sportsman of the Year Award (to the athlete who best exemplifies the attributes of character, integrity and sportsmanship: **Jamie Arsenault**
Sheila Ferguson Shield (to the all-round junior girl athlete of the year): **Natalia Chenier**
S.F. Abbott Memorial Shield (to the all-round junior boy athlete of the year): **Liam Sumun**
Shirley Wolter Trophy (to the all-round senior girl athlete of the year): **Camryn Moore**
Thomas Johnson Memorial Trophy (to the all-round senior boy athlete of the year): **Chaz Grenier**
Trueman-McFadyen Award (to the three-varsity graduating girl Major "S" recipient with the highest overall academic average): **Madeline Lippmann**
Bowman Hall Award (to the three-varsity graduating boy major "S" recipient with the highest overall academic average): **Jiaxuan (Jacky) Xu**
Faculty-Staff Award (to a returning student who is deemed most likely to benefit from returning to Stanstead College and who exemplifies the qualities of health, wisdom and integrity): **Emma MacIntyre**
Allan Family Friendship Cup (to a student who has attended Stanstead College for at least one year and who has shown exceptional friendship, camaraderie, kindness, and support to all members of the school community across age, gender, language, cultural, and other boundaries): **Avah St-Pierre**
Grade 7 Academic Award (highest overall average in Grade 7): **Benjamin Magnan**
Grade 8 Academic Award (highest overall average in Grade 8): **Clara Buck-Thompson**
Paul & Dorothy Duncan Award (highest overall average in Grade 9): **Yihang (Kimmy) Xu**
Birks Bronze Medal (highest overall average in Grade 10): **Laurie Aubin**
Governor General's Medal (highest overall average in Grade 11): **Luke DeLaBruere**
Birks Silver Medal (highest overall average in Grade 12): **Sum Long (Summer) Wong**
Head of School's Award (to an active and positive citizen in the Stanstead College community): **Gloria Riddell**
Wilder Shield (to the junior student with the most positive influence): **Noah Grenier**
Pitcher Memorial Prize (the school's highest award, presented to the student who has exerted the greatest influence for good): **Mauricio Lopez Sanchez & Madeline Lippmann**

Grade 7 Prizes

Amaron Prize for French: **Yinuo (Arnold) Jiang**
Art: **Gawon Lee**
English: **Sena Shirakabe**
Geography: **Emma Wahhab**
History: **Benjamin Magnan**
Mathematics: **Yinuo (Arnold) Jiang**
Music: **Yinuo (Arnold) Jiang**
Physical Education & Health: **Sena Shirakabe**
Science & Technology: **Benjamin Magnan**
Sybil Galambos Prize for Français: **Benjamin Magnan**

Grade 8 Prizes

Amaron Prize for French: **Clara Buck-Thompson**
Art: **Clara Buck-Thompson**
English: **Clara Buck-Thompson**
Geography: **Benjamin Rioux**
History: **Begona Gonzalez Haces**
Mathematics: **Jade Thibault**
Music: **Jade Thibault**
Physical Education & Health: **Clara Buck-Thompson**
Science & Technology: **Clara Buck-Thompson**
Sybil Galambos Prize for Français: **Benjamin Rioux**

Improvement in French Second Language (junior school): **Santiago Mercado**

Grade 9 Prizes

Amaron Prize for French: **Yihang (Kimmy) Xu**
Art: **Shanmei (Katie) Zhang**
Drama: **Sarah Leasure**
English: **Sarah Leasure**
Ethics & Religious Culture: **Natalia Chenier**
History: **Sarah Leasure**
Mathematics: **Yihang (Kimmy) Xu**
Music: **Yihang (Kimmy) Xu**
Physical Education & Health: **Noah Grenier**
Science: **Sarah Leasure**
Sybil Galambos Prize for Français: **Emilie Labonte**
Technology: **Sarah Leasure**

Grade 10 Prizes

A. Mackenzie Prize for English: **Laurie Aubin**
Amaron Prize for French: **Enrui (Arrie) Zhang**
Art: **Madik Trottier**
Chemistry: **Enrui (Arrie) Zhang**
Drama: **Nathan Crane**
Ethics & Religious Culture: **Antonia Thume**
Historical Society Prize: **Laurie Aubin**
Mathematics: **Enrui (Arrie) Zhang**
Music: **Wenxi (Cindy) Zhao**
Physics: **Laurie Aubin**
Science & Technology: **Hanxi (Cici) Zhou**
Sybil Galambos Prize for Français: **Laurie Aubin**

Grade 11 Prizes

A. Mackenzie Prize for English: **Luke DelaBruere**
Amaron Prize for French: **Ella Malloy**
Art: **Alex Comtois**
Biology: **Kate Collins**
Chemistry: **Luke DeLaBruere**
Contemporary World: **Luke DeLaBruere**
J. Brian Clarke Economics Prize: **Sofia Martinez Ajzenman**
JD Ferguson History Prize: **Edythe McKenzie**
Mathematics: **Luke DeLaBruere**
Music Prize: **Jeremy Robert**
Physics: **Luke DeLaBruere**
Sybil Galambos Prize for Français: **Mason Beasse**

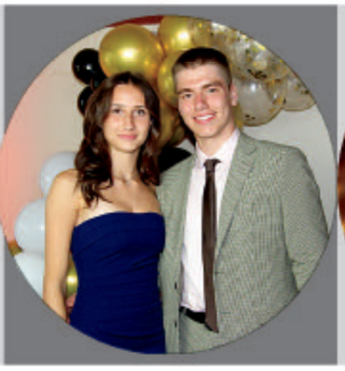
Grade 12 Prizes

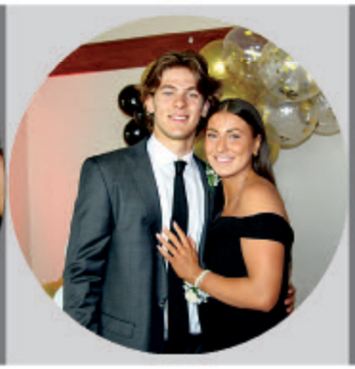
AP French: **Annie LaMantia**
Art: **Zhiyou (Joe) Liu**
Biology: **Sum Long (Summer) Wong**
Chemistry: **Sum Long (Summer) Wong**
Comparative Politics: **Yile (Tony) Ju**
Economics: **Sum Long (Summer) Wong**
English: **Avah St-Pierre**
Human Geography: **Avah St-Pierre**
Mathematics: **Dahui (Allen) Liu**
Physics: **Madeline Lippmann**
Psychology: **Adriana Desbiens-Senneville**

John Wells Improvement In French Second Language (senior school): **Yijia (Daniel) Liu**

grad dance

Dufferin Heights, June 22





Departing Faculty & Staff

English teacher **Emma Smith** leaves us after one year. In addition to her work in class, Ms. Smith contributed to the play and the musical life of the school.

After three years, athletic therapist **Christophe Robb-Lavoie** will be leaving our wellness team to work at a clinic in Montreal.

Over four years, **Kyra Borsoi** served as communications associate, an assistant house director, bantam boys soccer coach abd assistant coach of our inaugural prep girls hockey team. She moves on to take a residence supervision position at Upper Canada College.

After nearly 20 years, **Amy Wolfe** will be passing on her many duties in the library, as a basketball and golf coach, in the Athletics Department and as a surrogate mom to countless students over the years. She has also been an *actual* mom to three Stanstead graduates in that time.

Art: Zofia Kazcynska

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